


VIVITSA

2019-2020



Ahlcon Public School

Mayur Vihar Phase-1, Delhi-91, Ph. +91 11 4634 7777



If winter comes,
can spring be far behind?
—P. B. Shelley

From The Editor's Desk



Stories were an integral part of my childhood, even before I had learnt to read properly. My imaginary friends-Max and Latinia, drawn up after being heavily influenced by Enid Blyton and Roald Dahl-were high school students by day and crime solving vigilantes by night. Every story, poem, and book made me who I am, shaping me just as much as my family and friends.

An individual that knows themselves knows that they are different than they were last year or each year before that. To be human means to be going through constant transition. Knowing who one is in a world full of complications is rare. At the risk of sounding clichéd, discovering the self is much more strenuous than discovering the secrets hidden in the deep sea, or the dark sky. There is no paradox bigger than your own mind. Nothing will ever be as complicated or as simple, and as docile or as stubborn, as your own brain.

It might be frustrating too, considering that the constant change means that there is no one true self. An identity crisis is expected. Maybe all of us are just projecting what we aspire for, or who the people around us need us to be. Maybe we really are what we think we project but are just so unaware of who we are, that we feel ourselves to be in doubt. Maybe we are all just empty vessels, mirrors, waiting to project what we are yet to see in other people. Maybe everyone around us is as hollow as we sometimes feel, and we are all just echoing white noise that we interpret on our own. Maybe it is all just a grand act. A shout of "all is well" and "we are no different than you" falling onto the deaf ears that are too busy in their own world to be listening to us. We do not know ourselves, because we do not dare to know. God forbid, we discover ourselves to be different! What will happen then?

I cannot teach anyone to love books or to develop a habit of writing, and neither can I teach someone to navigate their own life.

I can say this, though, every individual is unique and rare, and different is good.

Instead of the focus being on integrating with the mindset of people around you, develop your own identity. Try to read books and write about things you feel passionately about. Books expand your mind, and writing is a way to reconnect with who you are, away from critiquing or expectant eyes. Develop and follow hobbies and passions, for they will lead you somewhere where you wish to be. Following current events and news, especially in the present atmosphere, is essential. Sometimes being aware and well educated on the happenings around you makes a big difference, not just on society as a whole, but for you to mature as an individual as well. These opinions shape you, and knowing what you are talking about means a lot in terms of discovering your personal beliefs.

In the wise words of E.E. Cummings, "To be nobody but yourself in a world doing its best to make you everybody else means to fight the hardest battle any human can ever fight and never stop fighting."

Riya Rawat, XII H

President's Message

Children, like seeds, need teachers as gardeners who nurture them not only with the conceptual knowledge but also guide them on life skills. The strong bond between the two paves the path for a better future of the young ones.

APS founded by Shanti Devi Progressive Education Society in 1988, acting as a medium to this bond, has always aimed to hold the torch of education to enlighten the lives of many.

The management providing the needed support creates a happy teaching-learning environment with a combination of technology and human touch, which encourages motivated learning and equips the young minds for better future.

Together we can make the world a better place to live in.

God bless everyone!



Bikramjit Ahluwalia



Bhumika Jain, V-B, 2020

Chairman's Message

*E*ducation of a child is incomplete if it has not made him humane, his character strong, talents honed and soft skills strengthened.

Continuing the 30 years of legacy of imparting the best education, the Ahlcon Public School aims to take it further by incorporating technology with the traditional aspect of training and culture. The school ensures that the teachers are provided not just a conducive working environment but are also given freedom in experimenting with new teaching methods. The young learners also receive an atmosphere full of equal opportunities which encourages the rise in intelligence quotient (IQ), emotional quotient (EQ), adversity

handling quotient (AQ). The environment created around the learners helps in building a strong person, who also realises his responsibility towards the society and mother Earth.

Joint efforts of the management, faculty and parents in this noble task are always recognised and appreciated. Together we can transform the learners, giving them the wings of knowledge, responsible usage of technology along with the strength of wisdom to make the world a better place.

Vikaas Ahluwalia



Shinjini Das, XI-H, 2020

Director's Message



Aristotle said, "The purpose of education is to ensure the flourishing of the individuals characterised by the 'goodness' of character and 'goodness' of intellect." In Sanskrit, we say, "Vidya Dadati Vinyam," meaning that education brings humility. Unfortunately, character building has taken a back seat. The entire focus seems to be on maximising academic performance. Ron Miller, one of today's significant thinkers on holistic education, puts it succinctly, "Education today is not a collaborative art of mentoring and nurturing the young, but a frenzied scramble to succeed according to some external measure of success."

Transforming education for sustainability requires the system's shift approach. The teachers must eschew to be a broadcaster and acknowledge that there are several alternative sources to knowledge. The classrooms need a redesign to elicit students' love for learning and self - development. The pedagogy must shun predictability and encourage curiosity, innovation, and participation. Schools are a place where students learn to become responsible citizens and engage in community development. We at Ahlcon, are intentional about achieving these objectives.

A set of 17 goals adopted by the United Nations under the Sustainable Development Goals offers a roadmap for the future of education. Young children must recognise that poverty, hunger, inequality, lack of opportunities, and climate change are a curse to society. Each child must know that the increasing environmental risk is costing heavily, peace is imperative, and building partnership is a necessary condition for the prosperity of all. Education for the future built on strong character education and social-emotional learning should address these global concerns. The vision of Ahlcon Public School is aligned to these universal values.

My compliments to the members of the Editorial Board for capturing beautifully and articulating our ethos, efforts and accomplishments through the pages of this magazine.

With best wishes,

Dr. Ashok K. Pandey

Director, Ahlcon Group of Schools

Principal's Message

*E*ducation is a shared commitment between dedicated teachers, motivated students, enthusiastic parents and visionary management; we at Ahlcon Public School (APS) are fortunate to have this combination right.

APS was established three decades back with a vision to provide quality education. Under the aegis of “Shanti Devi Progressive Education Society” the school has earned its own niche not only in Delhi but in the country as well.

We strongly believe if the fertile soil of the mind is enriched with the values of love, kindness and patience the saplings of good education and character will grow into strong trees and bear good fruits. Therefore, our aim at APS is to teach our students to think creatively, giving them the freedom to imagine and the ability to convert their dreams into reality, providing a harmonious learning environment, developing tolerance and acceptance of differences, teaching them the value of collaborative work and nurturing creativity.

We continue our journey to become a premier co-ed school of education recognised for its diversity, infrastructure, transparent policies, co-curricular & extra co-curricular activities and excellence in teaching and learning.

This shall be our endeavour and blue print for the future.

My best wishes to class X & XII for their Board Exams, and Good Bye to the graduating class of 2020, who will now be stepping out into the real world as young adults.

With Best Wishes!



Dr. Deepak Raj Singh Bisht

Head Boy's Message

At Ahlcon, we're lucky. Recently, I've realized more and more what it means to be an educator. Our teachers' dedication to our learning is truly unmatched, and unfortunately it does often go unacknowledged. To be able to motivate us to achieve our very best is no easy task, and without fail, our academic teachers have encouraged us, whether we liked it or not. Whether they were trying to motivate us with creative lesson plans, marking our work after hours, or sometimes just trying to keep us awake in class, I sincerely thank all the staff for their hard work.

Ahlcon's broad focus in terms of mind, body, and spirit is achieved through the co-curricular and sporting activities that immerse us. An Ahlcon education is more than just textbooks and paper, it's a formative experience, developing us into young men and women.

Our Principal's drive, energy and ability to listen to ideas deserves a special mention. I do look forward to hear about the School's future progress as an Old Boy.

To the students with years at Ahlcon to come, I would urge you to find your purpose and embrace it through your academic, sporting and co-curricular endeavours. Whether it is found in the classroom, lab or in the field, it doesn't matter. It is the fact that we are part of an institution that allows us to pursue our purpose, especially when so many in this world unfortunately don't have this opportunity.

Hardik Bora



Head Girl's Message



When a child is learning how to walk and falls down a hundred times, they never think to themselves maybe this isn't for me. My nine-year journey in Ahlcon is all about me falling down hundred times but always getting up stronger, more refined and determined for the 101st time.

I would like to extend a heartfelt thanks to all my teachers who have been my biggest support throughout. They have taught me how to always find light at the end of the tunnel, encouraged me to move ahead with a goal. Where the appreciation from my mentor has encouraged me to be better, the criticism has encouraged me to be the best version of myself.

This note surely stands incomplete without a very special mention and thanks to our Principal, Dr. Deepak Raj Singh Bisht for his words, guidance and approach in every situation. Writing this, I realise my school life ends here; these friends, this building, the teachers and the favourite spot. I did not realise I was making memories that will always be etched in my heart. I was just learning and having fun. I will always prize my badge of Head Girl and my duty as one. My service stays forever to my school.

Tanya Grover

Plumes and Plaudits



CLASS XII CBSE RESULTS, 2019



PRATYAY HALDER
96%
(Science Stream)



AASHI VASHISTA
SCHOOL TOPPER 96.2%
(Commerce Stream)



DIVYA KHANNA
95.8%
(Humanities Stream)



TANMAY SHUBHAM PANT
100%
(Economics)



ANMOL AGRAWAL
100%
(Chemistry)



KSHITIJ VERMA
100%
(Chemistry)



ANIRUDDH BALI
95.8%
(Humanities Stream)



YOGYATA SINGH
95.8%
(Humanities Stream)

90% AND ABOVE SUBJECT WISE

Chemistry - 115, Physics - 103, Mathematics - 85, English Core - 67, Physical Education - 67, Economics - 49, Computer Science - 31, Business Studies - 25, Biology - 19, Accountancy - 11, Sociology - 11, Political Science - 10, Engineering Graphics - 7, History - 6

90% AND ABOVE AGGREGATE

S.No.	Name	%	S.No.	Name	%	S.No.	Name	%	S.No.	Name	%
1.	AASHI VASHISTA	96.2	25.	ANUBHAV BINDAL	93.6	49.	NAMAN SHARMA	92.2	73.	SANCHIT BHATIA	91.2
2.	PRATYAY HALDER	96	26.	DELISHA DHINGRA	93.6	50.	SHRUTIKALGAONKAR	92.2	74.	DEVANSH GUPTA	91
3.	DIVYA KHANNA	95.8	27.	SHUBH AGARWAL	93.6	51.	RITWICK PAL	92.2	75.	HIMANSHU RAJ	91
4.	KSHITIJ VERMA	95.4	28.	ABHEEK MATHUR VIDUSHI	93.6	52.	ROHIT MALIK	92.2	76.	ANMOL AGRAWAL	90.8
5.	ANSHIKA GINODIA	95.4	29.	SRIVASTAVA	93.6	53.	MANSI AGGARWAL	92	77.	GUNJAN GUPTA	90.8
6.	KHUSHI JAIN	95.2	30.	PAWAN SETHI	93.4	54.	SARTHAK ANTAL	92	78.	MANAV DHAWAN	90.8
7.	YOGYATA SINGH	95.2	31.	RIYA AGARWAL	93.4	55.	AAYUSH	92	79.	KARTIK JAIN PRAKRITI	90.8
8.	HARSHIKA AHUJA	95	32.	SOHAM BHARDWAJ	93.4	56.	ADITYA SHARMA	92	80.	BHANDARI	90.6
9.	ARJUN AILAWADI	95	33.	AYUSHI SAMAL	93.4	57.	MANSI MISHRA	91.8	81.	PARNEET KAUR	90.6
10.	GAUTAM KAPOOR	94.8	34.	BISMA KHAN	93.4	58.	SHANTANU GOYAL	91.8	82.	MEHAKSACHDEVA	90.4
11.	KARTIK SHARMA	94.8	35.	TANYA SINHA	93.4	59.	ANAV CHAUDHARY	91.8	83.	PRATHAM GARG	90.4
12.	DRISHTI BAHL	94.8	36.	VINAYAK SAXENA	93.2	60.	SHEFALI SINGH ADARSH	91.8	84.	AMAN JAIN	90.4
13.	SNEHA SAMAR	94.8	37.	UNNATI JAIN	93	61.	SUBRAMANIAN	91.6	85.	HARSH GARG	90.4
14.	ISHITA SAHU	94.8	38.	SIFTEE RATRA	93	62.	ANISHA DOGRA	91.6	86.	SHIVANSH GUPTA	90.4
15.	ARYAN ISHAN	94.8	39.	SUJAI GARG	93	63.	PARNA CHOWDHURY	91.6	87.	SUSHANT PATIAL	90.2
16.	SATVIK BATRA	94.6	40.	ARYAN KAINTH	93	64.	SARANSH GAUTAM	91.6	88.	VARUN S KUMAR	90.2
17.	APOORVA PANT ARUNIKA	94.6	41.	SMARTH MEHTA	92.6	65.	HEEMANGI	91.6	89.	AASHAY DWIVEDI	90.2
18.	GOSWAMI	94.6	42.	ANIKA AGARWAL	92.6	66.	AASHI SINGH	91.4	90.	BHUMIKA GUPTA	90.2
19.	KHUSHIGARG	94.4	43.	SARTHAK CHANDRA RISHIMA	92.6	67.	VISHESH BISHT	91.4	91.	KARTIKEY GUPTA	90.2
20.	TANMAY RAJORE	94.2	44.	MEHROTRA	92.6	68.	TANISHK SHARMA	91.4	92.	ARYAN KALWANI	90.2
21.	RHYTHM NARULA	94	45.	DANISH RANJAN	92.6	69.	VERNIKA SAMADHIYA	91.4	93.	MUDIT WADHWA ANUSHKA	90.2
22.	JESSICA SINGH	94	46.	SANCHIT MEHRA	92.6	70.	SANJIVANI RANJAN	91.4	94.	SUMRANI	90
23.	SANYAM JAIN	94	47.	ANJALI JHA	92.4	71.	SMAHI KHARE	91.4	95.	DAKSH GUPTA	90
24.	SHRISTI RAJ	93.6	48.	ANIRUDDH BALI	92.2	72.	YANSHI TYAGI	91.2	96.	ADITYA GUPTA	90

The following students were awarded the 0.1% Certificate for the 2019 examination-

KSHITIJ VERMA	SARTHAK CHANDRA	ANMOL AGRAWAL
ARJUN AILAWADI	PRATHAM GARG	TANMAY SHUBHAM PANT
SHUBH AGARWAL	ANIRUDDH BALI	YOGYATA SINGH

CLASS X CBSE RESULTS, 2019



DURGA MADHAB MISHRA
RANK – I (98%)



ABHYUDITA JHA
RANK – II (97.8%)
100 % in FRENCH



SHREYA RAWAT
RANK – III (97%)
100 % in MATHEMATICS

100% in MATHEMATICS



ARUSHI



GEORJEENA MADAN



ROCHAK RANJAN



SHUBH GUPTA



ANANYA GUPTA

90% AND ABOVE SUBJECT WISE

Mathematics - 104, Social Science - 93, English Comm. - 77, Science - 76, Hindi Course-b - 51, French - 17,
Comm. Sanskrit - 10, Foundation Of I T – 2

S.No.	Name	%	S.No.	Name	%	S.No.	Name	%	S.No.	Name	%
1	DURGAMADHAB MISHRA	98	18	SAVNI SAMBHAV	94.8	35	ASMI BHARGAV	93.6	52	MANAN JAIN	91.8
2	ABHYUDITA JHA	97.8	19	YANA GUPTA	94.8	36	GAURI GUPTA	93.6	53	UNNATI BHATIA	91.8
3	SHREYA RAWAT	97	20	SUHAANI KHETRAPAL	94.8	37	DIVYANSH MITTAL	93.6	54	GEORJEENAMADAN	91.6
4	SAUMYA JAIN	96.8	21	UDISHA SINGH	94.6	38	PRIYANSHI GUPTA	93.4	55	MOHD SHAJID	91.4
5	GAURI NARULA	96.2	22	PRASHA MOHAN	94.4	39	AADITYA RAJEEV	93.4	56	N DIVIJ	91.2
6	ANSHIKA VASHISHT	96.2	23	KEISHA SARDANA	94.4	40	THEODORE REGIMON	93.2	57	DRISHTI SINGH	91.2
7	ARUSHI	96	24	LAKSHAY SHARMA	94.4	41	ISHITA NIRWAN	93.2	58	KRITI SHARMA	91
8	ROHAN KAKRIA	95.8	25	SAUMYA SETYA	94.4	42	HARSHA THAKUR	93	59	RIA SINGH	91
9	MANNYA DUA	95.8	26	AADI SHARMA	94.4	43	ANANYA GUPTA	93	60	VIDHI NATH	91
10	VRINDA GUPTA	95.8	27	MRINAL BHARDWAJ	94.2	44	ANANNYA SRIVASTAV	93	61	NANDINI SHARMA	91
11	ASMITA SHARMA	95.6	28	RIBHU	94.2	45	KRRITIKA KAUSHAL	92.6	62	PRATYUSH SNEHI	90.8
12	DEVIKA MISHRA	95.4	29	AARYAN DHASMANA	94.2	46	PRATHANA	92.6	63	ACHINTYA PRIYAM	90.8
13	PRATYUSH KUMAR	95.2	30	ADITYA BAJPAI	94	47	KHUSHI KHEMKA	92.4	64	AADYA MISHRA	90.6
14	PRIYANJALI CHOWDHURY	95.2	31	RIKSHITA HOTA	94	48	DHWANI DOBHAL	92.2	65	JAYA CHAUHAN	90.4
15	LAVANYA SAINI	95.2	32	SHINJINI DAS	94	49	SHUBH GUPTA	92	66	SAKSHAM SAHA	90.2
16	ANANYA SHARMA	95.2	33	GARIMA TANWER	93.8	50	NISHANT MALHOTRA	92	67	HARSH GARG	90
17	BHAVYA DUBEY	95	34	RIBHAV KAUSHIK	93.8	51	MANYA KANSAL	91.8	68	ROCHAK RANJAN	90

SELECTION/PLACEMENTS 2018-19:

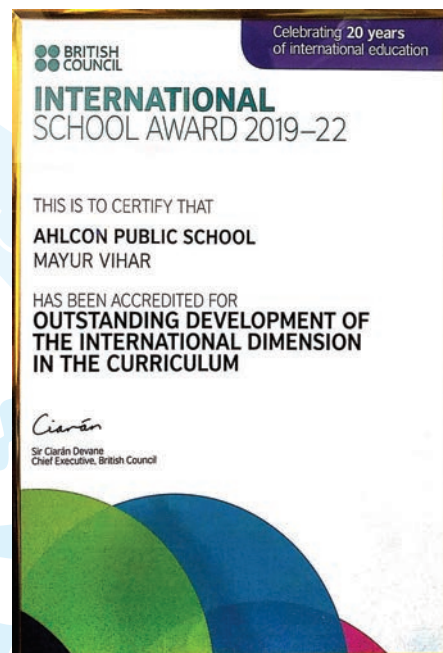
MEDICAL	08
ENGINEERING	113
IIT/BITS	08
LAW	14
ARCHITECTURE	05

CA FOUNDATION	08
CS FOUNDATION	05
INTERNTATIONAL PLACEMENTS	07
JOURNALISM	08
BBA	27

International School Award 2019-2022

On December 6, 2019 our school received the International School Award in a ceremony hosted by British Council, Delhi to felicitate around 170 schools from North India. Along with the certificate and the trophy, the school received accreditation for three years (2019-2022) for encouraging global citizenship among the young learners, learning to appreciate different cultures, understanding their problems and encouraging creative- critical thinking to solve them.

Since the registration for the award in August 2018, our school has given the required international dimension to the school curriculum and involved more than 80% of the school in literary, art, cultural and sports activities. The school collaborated and shared the activities and works with schools in USA, France, Korea and Afghanistan.



School Excellence Award 2020

Ahlcon Public School has been conferred the Brainfeed School Excellence Award 2020 and has also been ranked in the top 500 schools of India in the categories of Best CBSE Schools, Happiness Quotient Index Schools, STEM Education, Techno Smart Schools and Parental Engagement at the Brainfeed 7th National Conference 2.0 held on 6 February 2020 in New Delhi.



Best educational institutions across India, with Ahlcon Public School being one among them, were felicitated with the prestigious School Excellence Awards at the conference in the presence of many eminent personalities, edu-leaders, professors and academicians.

Atal Tinkering Lab

The Atal Innovation Mission (AIM) is a flagship initiative set up by the NITI Aayog to promote innovation and entrepreneurship across the length and breadth of the country.

The objective of establishing Atal Tinkering Labs across India is to foster curiosity, creativity, and imagination in young minds; and inculcate skills such as design mind-set, computational thinking, adaptive learning, physical computing etc. With this view in mind, State of the Art ATL was inaugurated on 15 October 2019 by Sh. R. Ramanan, Mission Director, Atal Innovation Mission, NITI Aayog. On this occasion, Ahlcon School hosted the inter-school ATL Fest Technovision.

At ATL, students not only learn to apply knowledge, but they also learn about a wide range of STEAM careers, develop professional communication skills, and develop their ability to apply technology to real world situations.



SIP

SIP Academy India Private Limited is an organisation conducting international skill based training programmes in various countries. They have been successfully operating in India for over 15 years now. They conducted a national level contest under the name 'Arithmetic Genius' and Ahlcon Public School was announced the State Topper.



Budding Entrepreneurs of Ahlcon

Ahlcon, under the School Enterprise Challenge (2019-20) won the Silver level. To revive the lost legacies of Indian culture under the brand name 'Desi Revival', many ideas were put into practice.

This year, to create wealth through waste, 300 kilograms of waste paper was handed over to

Green-O-Tech, an organization that recycles waste into eco-friendly products. These products were sold on a PTM day and the proceeds went to an NGO, Little Seeds in Patparganj. It helped the students to imbibe the qualities of hard work, team spirit, business acumen and above all, to contribute to the society.



Aryabhata Ganit Challenge

To promote the mathematization of thought process of students through joyful assessment, Aryabhata Ganit Challenge was conducted by the CBSE for the students of classes VIII-X. Three students of class X—Aarjav Jain, Anindya Chatterjee and Armaan Khetarpaul were identified among the top 100 students from Delhi region.



Aarjav Jain



Anindya Chatterjee



Armaan Khetarpaul

Fit India School Week



Prefectorial Board (2019-20)

S. No.	Appointments	Name	Class/Sec
1	Head Boy	Hardik Bora	XII - A
2	Head Girl	Tanya Grover	XII - G
3	Discipline Captain (Boy)	Aditya Chauhan	XII - C
4	Discipline Captain (Girl)	Aditi Jain	XII - D
5	Sports Captain (Boy)	Ansh Choudhary	XII - E
6	Sports Captain (Girl)	Prerna Vats	XII - F
7	Cultural Captain (Boy)	Anurag Kohli	XII - F
8	Cultural Captain (Girl)	Sakshi Choudhary	XII - F

House Appointments (VI-XII)

S. No.	Appointments		Dhruv house	Eklavya House	Prahlad House	Shravan House
1 (A)	Prefect	XII	Aadya Khullar (XII - A)	Vrinda Sharma (XII - A)	Sanskriti Gupta (XII - E)	Somya Tyagi (XII - F)
(B)	Joint Prefect	XII	Mitali (XII - G)	R. Poosa (XII - F)	Anwesha Chattopadhyay (XII - H)	Somya Rout (XII - C)
2 (A)	Captain	XII	Nishtha Arora (XII - F)	Lakshay Garg (XII - A)	Mehul Agarwal (XII - H)	Mayank Gupta (XII - C)
(B)	Joint Captain	XII	Vaibhavi Sharma (XII - F)	Ishit Joshi (XII - A)	Tushar Dhawan (XII - F)	Vishwesh Gaur (XII - E)
3 (A)	Prefect Coordinator	XI	Saumya Jain (XI - F)	Saransh Saxena (XI - A)	Bhavya Dubey (XI - A)	Vrinda Sharma (XI - A)
(B)	Prefect Coordinator	XI	Lashika Arora (XI - G)	Prasha Mohan (XI - A)	Shinjini Das (XI - H)	Ananya Sharma (XI - B)
(C)	Prefect Coordinator	X	Shashwat Kumar (X - D)	Rishabh Jain (X - A)	Piyush Mahajan (X - B)	Deepanshu (X - A)
(D)	Prefect Coordinator	X	Shivangi Dua (X - B)	Muskaan Jain (X - A)	Shambhavi Thakur (X - B)	Avanji Jain (X - A)
4 (A)	Captain Coordinator	XI	Aditi Verma (XI - A)	Dhwani Dobhal (XI - F)	Aditya Bajpai (XI - D)	Lakshit Singh Bhandari (XI -D)
(B)	Captain Coordinator	XI	Abhilasha Tariyal (XI - F)	Rishita Hota (X - B)	Kartik Sharma (XI - C)	Basu (XI - C)
(C)	Captain Coordinator	X	Esha Jamwal (X - A)	Jigyaa Naagar (X - B)	Palak Khatri (X - A)	Naman Upadhyay (X - C)
(D)	Captain Coordinator	X	Prakriti Gupta (X - B)	Anoushka Bansal (X - A)	Madhav Dhingra (X - A)	Kumar Kartikeyan (X - E)

Annual Prize Winners 2018-19 (VI-XII)

S.No.	NAME OF THE AWARD /PRIZE	NAME OF THE STUDENT	CLASS/ SEC.
1	PRESIDENT'S CUP (BEST ALL ROUNDER)	GAUTAM KAPOOR	XII F
2	CHAIRMAN'S CUP (YOUNG INNOVATOR)	ASHISH SHARMA	XII C
3	PRINCIPAL 'S CUP (SCIENCE STREAM)	PRATYAY HALDER	XII D
*	PRINCIPAL 'S CUP (COMMERCE STREAM)	AASHI VASHISTA	XII F
*	PRINCIPAL 'S CUP (HUMANITIES STREAM)	YOGYATA SINGH	XII H
		DIVYA KHANNA	XII H
4	CENT PERCENT SCORER IN CHEMISTRY AT AISSCE	ANMOL AGRAWAL	XII C
		KSHITIJ VERMA	XII A
	CENT PERCENT SCORER IN POLITICAL SCIENCE AT AISSCE	ANIRUDDH BALI	XII H
		YOGYATA SINGH	XII H
	CENT PERCENT SCORER IN ECONOMICS AT AISSCE	TANMAY SHUBHAM PANT	XII F
5	MANAGER 'S CUP (BEST CONDUCT)	HARSHITA OJHA	XII D
6	CO- CURRICULAR ACTIVITIES		
*	BEST AT ENGLISH LIT. ACTIVITIES	PRATYAY HALDER	XII D
*	BEST AT SANSKRIT LIT. ACTIVITIES	AKANSHA JHA	XII B
*	QUIZ WHIZ	HARDIK SHARMA	XII B

S.No.	NAME OF THE AWARD /PRIZE	NAME OF THE STUDENT	CLASS/ SEC.
*	COMPUTER WIZARD	ISHAAN KAMBLE	XII C
*	JUNIOR CHEF	PRATHA JULKA	XII C
7	BEST CORRESPONDENT	PRATYAY HALDER	XII D
8	BEST CULTURAL ACTIVITIES		
*	DANCE	VIJAYSREE	XII E
*	DRAMATICS	VISHESH BISHT	XII C
*	VOCAL MUSIC	AKANSHA JHA	XII B
*	INST.MUSIC	ANIRUDH BALI	XII H
*	FINE ARTS	ARPITA DUA	XII B
9	BEST HOUSE STUDENTS		
*	DHRUV SHRI	SHRISTI RAJ	XII B
*	EKLAVYA SHRI	VIJAYSREE VENKTESH	XII E
*	PRAHLAD SHRI	TANMAY SHUBHAM PANT	XII F
*	SHRAVAN SHRI	PALAK MANGTANI	XII G
1	BEST HOUSE IN LITERARY ACTIVITIES	PRAHLAD HOUSE	
2	BEST HOUSE IN CULTURAL ACTIVITIES	SHRAVAN HOUSE	
3	BEST HOUSE IN GAMES	DHRUV HOUSE, EKLAVYA HOUSE	
4	CHAMPION HOUSE	EKLAVYA HOUSE	

Scholar Blazer Awardees



IX-A Ayushman Saini, Manan Jain, Presha Singla, Ridhi Kulshreshtha, Aaditya Agarwal
IX-B Anika Gupta, Pratha Pujara **IX-C** Akash Sasmal **IX-F** Arpan Jain, Vidhi Gupta

Annual Prize Winners 2018-19 (I-V)

S.NO.	ACTIVITY / AWARD	NAME	CLASS/ SEC.
1	Shanti Devi Cup (Jr.) Best All-rounder	Raghav Garg	V-C
2	Best Student of the House		
	(a) Dhruvshree	Daksh Jain	V-C
	(b) Eklavyashree	Mehul Dhama	V-B
	(c) Prahladshree	Tejus Aneja	V-E
	(d) Shravanshree	Kritika Verma	V-A
3.	Best in Music		
	(a) Instrumental	Raghav Garg	V-C
	(b) Vocal	Shivam Kumar	V-E
4.	Best in Dance	Parija N. Tajne	V-D
5.	Best in Art	Mayukhi Gupta	V-D
6.	Best in Craft	Yashvi Goyal	V-B
7.	Best in Literary Activities		
	(a) English	Mansi Mukund Deshmukh	V-C
	(b) Hindi	Samridhi Gautam Malvika Mishra	V-B V-C
8.	Best in Computers –Whizkid	Madhav Sharma	V-C

BEST HOUSE		CHAMPION HOUSE
LITERARY ACTIVITIES	CULTURAL ACTIVITIES	
Shravan House	Dhruv House	Shravan House

House Appointments (I-V)

APPOINTMENT / HOUSE	DHRUV	EKLAVYA	PRAHLAD	SHRAVAN
PREFECT	Anushka Singh V-D	Sadia Akhtar V-D	Aadya Singh V-A	Shivang Sheoran V-C
CAPTAIN	Shourya Soni V-E	Manya Jain V-B	Dakshya Mishra V-D	Siddhi Sehgal V-A
VICE PREFECT	Prakshal Jain V-B	Kanak Kapoor V-D	Divit Jain V-D	Astitva Singh V-B
VICE CAPTAIN	Aaradhya V-A	Advait Nair V-B	Manya Khandelwal V-C	Aditya Thogaru V-C
PREFECT CO-ORDINATORS	1. Shaurya Jain V-A 2. Aadityaa Gupta V-A	Shambhavi Nautiyal V-A Kashvi Singh V-D	Anvi Budholia V-D Bhavya Mahajan V-E	Sharanya Mishra V-E Hridaya Arora V-C
CAPTAIN CO-ORDINATOR	1. Ishaan Jain V-D 2. Omisha Gupta V-E	Vritika Gupta V-C Shubh Udhvanti Dubey V-E	Saloni Tyagi V-E Arnav Thogaru V-E	Kanishka Bedi V-A Bhoomika Jain V-B

Special Achievers

Abhyudita Jha

of XI-B cleared the National Talent Search Examination conducted by NCERT, which is one of the most prestigious schemes for identifying and nurturing talented students in India.



Saksham Gupta

of class IX A was selected for Inspire award- Manak scheme by Department of Science and Technology, Government of India. He received the award of ₹10000 for his creative and technological idea focusing on common problems of visually impaired people. He prepared the model "Glasses for Blind (G4B)" to help the visually challenged people to move safely.

Anwasha Chattopadhyay

of XII-H bagged the fourth position in the final round of the 5th National Young Chef Olympiad organized by IIHM, a mega event where around 9000 students from different states participated. She earned a place for herself among the top 10.



Shivangi Dua

of X-B, started writing blogs at the age of eleven. She has been the co-author of two poetry anthologies and now successfully published her first book, Untangle the Entangled. The book talks about self-love, sensitive masculinity and feminine strength. The book was launched in the World Book Fair 2020 and was presented by the Director of Ahlcon Public Schools on 5 February 2020.

Prakshal Jain

of V-B participated in the Young Writers Award organised by White Falcon Publishing. His story 'The Betrayal' was chosen and consequently published in an anthology by the publishing house. This year, Prakshal became a 1st Dan Black-Belt holder at the belt test conducted by International Taekwondo Federation at Jim Corbett, Uttarakhand.



Sporting Glories

Football Girls National Achievements

Girls under-17 team:

- Second runner-up at the CBSE National Girls Football Tournament held at JBM Global School, Noida (UP) in November, 2019.
- First runner-up at the CBSE Cluster Girls Football Tournament held at Somerville School, Vasundhara in 2019.

Girls under-19 team:

- Second runner-up at the CBSE National Girls Football Tournament held in Gujarat 2018-19.



Individual Achievements – Girls National Football



Aarushi Jain

- All India Under-16 Girls National Football Championship held in Odisha 2018-2019.
- Represented Delhi State in the 65th SGFI - National School Games, Under-17 Football held in Rajasthan in January, 2020.



Sambhavi Thakur

- Awarded the Best Goalkeeper of the CBSE National tournament, 2019.

Abhilasha Tariyal

- Represented Delhi State in the 65th SGFI - National School Games, Under-19 Football held in Andhra Pradesh, January 2020.

Kanika Palni

- Represented Delhi State in the 65th SGFI - National School Games, Under-19 Football held in Andhra Pradesh, January 2020.



Football Girls - Zonal Achievements

- Sub –Junior Girls attained 1st position in Zonal Football Tournament, 2019.
- Junior Girls attained 1st position in Zonal Football Tournament, 2019.
- Bani Walia and Nandini Singh of class 11th got selected for SGFI-National School Games, Football camp, 2019.



Netball National Achievement

Khushi Tiwari of class VIII represented Delhi state in the 65th SGFI under-14 Netball, National School Games held in Andhra Pradesh in January, 2020.

Football - Boys

1. Uday Sharma - IX-C (Under-17)
2. Tanmay Sachdeva - XII (Under-19)
3. Shashank Rawat - XII (Under-19)
4. Adarsh Gupta - XII (Under-19)
5. Anuj Jain - XII (Under-19)

Represented Delhi State at National level held in Gujarat through SGFI (Student Games Federation of India) in 2018.



National Achievement – Basketball

Nishant Thakur

Participated in National School Games Basketball Championship (School Games Federation of India). Under-19 Boys, held at Panchkula (Haryana) 2018-19.

Basketball Zonal Achievements - 2019

- Sub-Junior Girls : Winner, Zonal Basketball Tournament, 2019.
- Junior Girls : Winner, Zonal Basketball Tournament, 2019.
- Junior Boys : 2nd Runners-up, Zonal Basketball Tournament, 2019.
- Senior Boys : Runners-up, Zonal Basketball Tournament, 2019.
- Kritika Verma (VI) got selected for SGFI-National School Games, Basketball camp, 2019.

Badminton - National

- Ria Singh (XI-A) and Priya Singh (X-E) were the 2nd Runners-up in the Girls' doubles under 19 category in 2019.
- Priya Singh got selected for 65th SGFI Badminton Nationals held at Chhindwara (2019) and Ahmednagar (2020).



Yoga

Charvi Gupta, Nnavya, Ashwika Amit, Anvesha Bansal, Shallu & Akash participated in Rhythmic and Artistic Delhi State Yoga Competition and qualified for the National Yoga Competition, 2019.



Cultural Acclaim



Ikshita Salhotra of VIII-B secured 1st Position, Deepanshu of X-A secured 2nd Position and Krishna Singh of XII-F secured 1st Position in the Delhi Auditions of Classical Voice of India in Kathak Category.

They all were invited to participate in the Grand Finale of the Competition held in Lucknow. They secured 3rd Position in different categories and a cash prize at National Level. The event was graced by Mr. Akhilesh Yadav, former C.M. of UP.



Ms. Aarathi Kumar received the **Global Teacher Award 2019** by **AKS Education**



Ms. Saraswati Kulkarni was felicitated with the **Teacher's Day Award** by the **International Institute of Hotel Management**



Innovention

hosted by

Scientia Club

The **Scientia Club** of the school provides the much-needed platform to the learners to question the science theories and to think out of the box. The club organised INNOVENTION-2019 on 26 July, 2019 in which 21 teams from schools across Delhi-NCR participated. The club members' significant contribution made the event a grand success. Scientia club set apart a day to commemorate the 88th birth anniversary of the 'Missile Man' of India, Dr. APJ Abdul Kalam and organised science activities for the students.



E-Combat

hosted by

Commix Club

The club organised E-COMBAT on 23rd August, 2019. The fest consisted of various events like: Biz News, Biz Quiz, Share Bazaar, Comic Strip, Street Play and Surprise Event. 17 schools from Delhi-NCR participated with great vigour and zeal.



Silico Battles v. 15.1

hosted by

Souvenir Club

The club aims at encouraging the students to learn the application of knowledge gained within the four walls of the classroom along with the on-hand experience to plan, visualise, prepare, organise and execute different activities. The Souvenir club organized the most awaited technological extravaganza of Delhi-NCR—Silico Battles v.15.1, on the 31st of October and 1st of November, 2019. The fest had 15 wonderful events that gave the students the platform to showcase their creative ideas. Over 1,200 students from 50 schools participated in the events and the fest proved to be a stupendous success.



Electoral Club

Insights from around the world have shown that democracies are sustained through informed and responsible citizens.

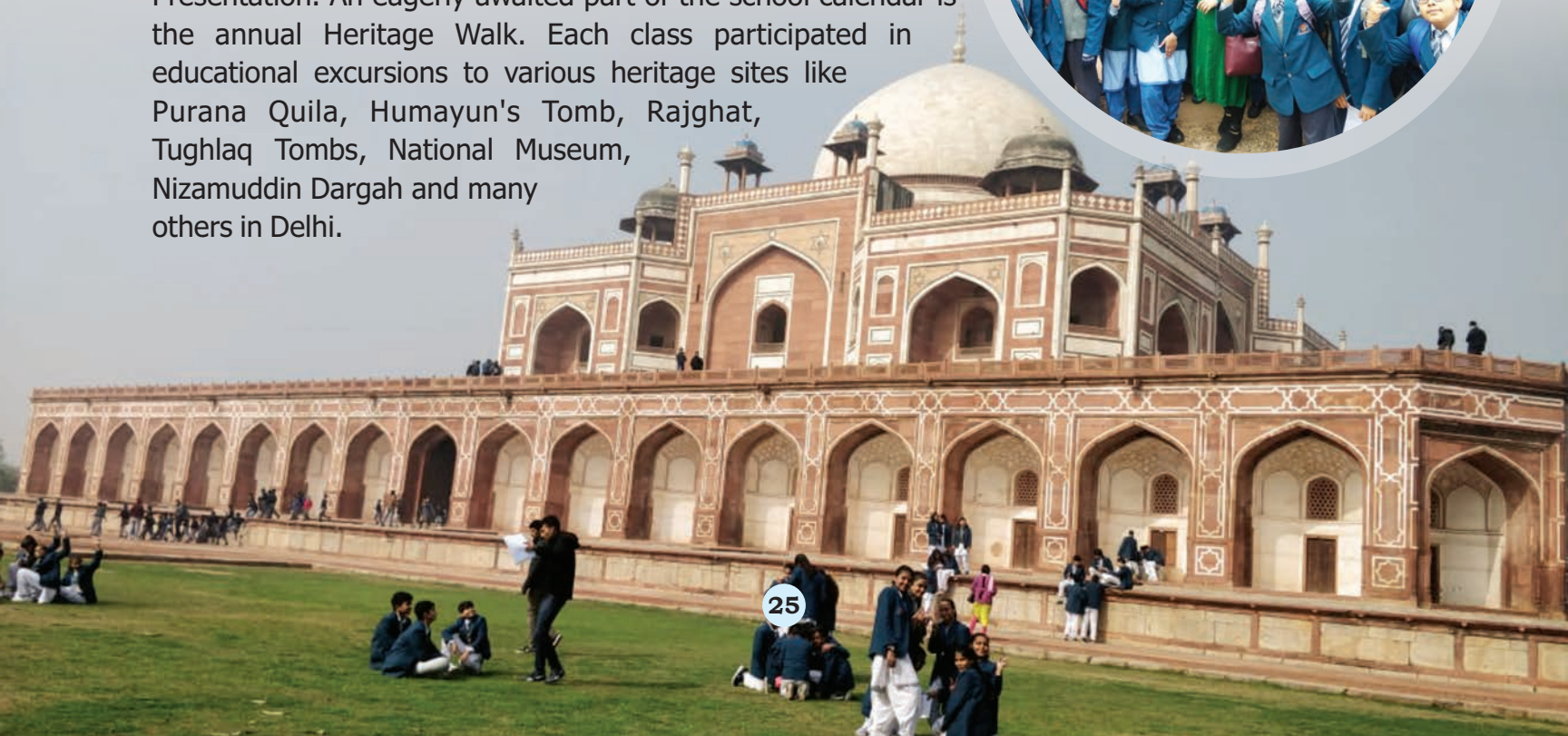
The school Electoral Club aims to sensitize students on the electoral rights and familiarizes them with the electoral process of registration and voting. It engages students of classes 8 to 12 through various activities and provides hands-on experience in the electoral process so as to make them politically aware and empowered citizens in the future.



Heritage Club

In order to promote awareness and concern for our natural and cultural environment, the school organizes various activities throughout the academic session. Along with lessons in the academic curriculum, this helps in sensitizing the students to the importance of preserving and appreciating our historical past.

The club organized Heritage Quiz and Heritage Presentation. An eagerly awaited part of the school calendar is the annual Heritage Walk. Each class participated in educational excursions to various heritage sites like Purana Quila, Humayun's Tomb, Rajghat, Tughlaq Tombs, National Museum, Nizamuddin Dargah and many others in Delhi.



Eco Club

The motto of Eco club is to make the young minds aware about the environmental hazards and learn to mitigate them for a better tomorrow. The members are taught to incorporate the sustainable developmental goals and sensitize the people about the same.

The club activities included cleanliness drives, collection of plastic waste, tree plantations, "say no to single use plastic" campaign, anti-cracker oath, making of bird nest, poster making etc. As a part of the Plantation drive, our school has also adopted a nearby park for 5 years and the members of the club have diligently worked hard in maintaining the greenery.



Health and Social Welfare Club

The Health and Social Welfare Club is dedicated to generating awareness about various societal vices, environmental problems and health hazards. Through these members, the school seeks to channel goodwill into the young minds by participating in various donation drives and collection campaigns.

The club also participated in various government schemes for student health such as the Deworming Initiative and Tobacco Free Activities.

The club has conducted different workshops on topics like Reproductive Health, First-aid, Adolescence, Personal Hygiene, Cleanliness, Tobacco etc., in which many renowned doctors and NGO representatives have interacted with the students.



Art Club

In this age of technology and concrete jungle, Art is of paramount importance. A student who grows up with an artistic sensibility sees the world from a positive perspective. The purpose of forming the Art Club is to enhance the Art offerings in the school and to give further opportunity to the learners to develop their aesthetic skills to the fullest.

The club members have been actively engaged in designing, decorating, and maintaining the Bulletin Boards. Their aesthetic ideas are best seen in all Inter school competitions like Silico, Innovention, E-Combat and ATL Fiesta and the Annual Day.



Disaster Management Club

Disasters cause widespread loss. They cannot be totally prevented but their impact can be reduced. Providing knowledge about different types of disasters and how their effect can be minimised is the prime concern of the Disaster Management Club.

The club invites NDMA members to guide the staff and the students for imparting the required knowledge through drills, posters and discussions. The club ensures that every floor has the floor-maps highlighting the Exits, important phone numbers and preventive measures for different disasters.

An evacuation drill from Pre -Primary to Senior Secondary was held on 18th December 2019 at 10:40 a.m. The evacuation for the entire school was completed in 4 mins.



Meditation session for students

Road Safety Club

Road safety awareness in school is an essential aspect of education as a child who learns about road discipline and traffic rules will grow up into a law-abiding citizen. It also instils a sense of responsibility and empathy in the students

The road safety education requires participation from students on a regular basis so as to in-corporate civic discipline in their daily lives. Several activities and campaigns are organized by the Club to create awareness on Road Safety.



Home Science Club

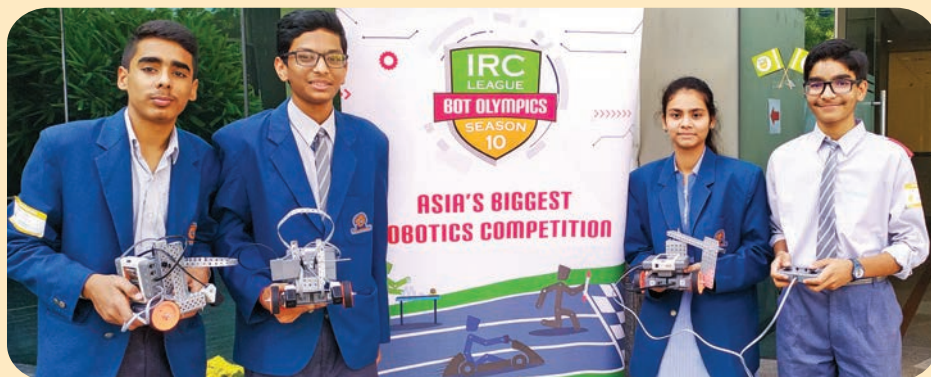
Home Science is an important part of school curriculum as it educates the learners for 'better living' by imparting education pertaining to person, home, family and resources.

The aim of the Home Science Club is to help students to learn scientific knowledge in managing home life in the areas of health, nutrition and home management skills. The club deals with promotion and preservation of general health matters, understanding the dietary needs of individuals, importance of balanced diet, enhance their culinary skills along with basics of hospitality. General hygiene, sewing, embroidery, presentation of food prepared, table layout, etc. are few other areas that are focused upon.



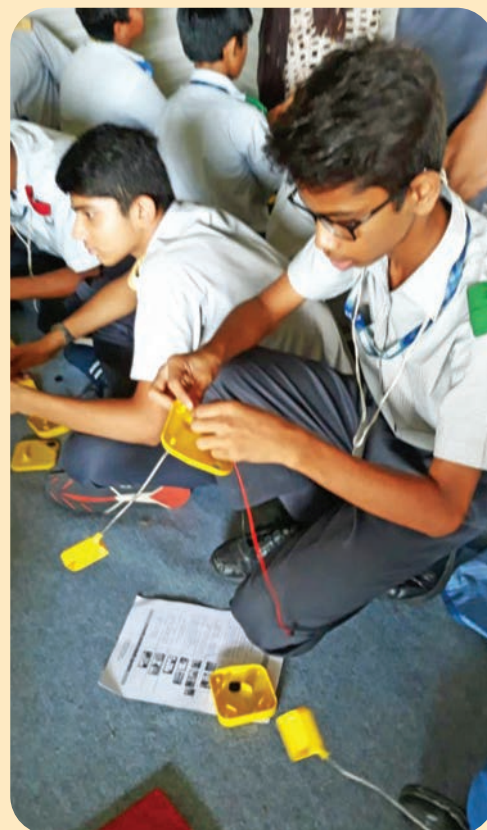
Apart from being regularly involved in hospitality during different school events, cookery competitions, learning new recipes from different states of India and abroad are some of the activities taken up by the club.

Robotics Club



In the field of science and technology, Robotics is gaining momentum worldwide with continuous research to design and build robots that serve various domestic and commercial practical purposes. Robotics is venturing into every field of life, from performing simple tasks to curing deadly diseases.

One of the biggest events of the club for this year has been the representation in the Avishkar IRC International. Our school also participated in the Global Student Solar Ambassador setting a Guinness Book of World Record by assembling and lighting solar lamps on 2nd October 2019 at IGI Stadium, New Delhi. The school teams have earned accolades in various Interschool competitions like CODE 2019, Robotics Fest, Wartex (Robo-war/Soccer) by virtue of their technical prowess and creativity.



Astronomy Club

Astronomy club offers an exclusive platform to participate in various scientific, research and development projects and activities at national and international level. It gives children an opportunity to do space related activities and enhances the concepts of science learnt in the classroom set up. Experts on astronomy and space field conduct the club activities for the students.

This session the students explored the realm of science through various experiments and activities like Fingerprints of the universe, Hydrobot—the science of Hydraulics, Astrophotography for Beginners, Surface Cartography, Celestial Co-ordinate Systems and observation of celestial objects. Also, an evening session of sky observation was conducted on 6th February, 2020.



Cultural Club

Besides academics a child needs to learn other skills for holistic development. The Cultural Club aims to imbibe the rich cultural values, customs and traditions of our country by organising a plethora of cultural interhouse and interschool activities.

Along with giving a platform to creativity, the club aims at developing the intellectual, organizational and social skills of the students.



31st Annual Prize Distribution Day

On 24th November 2019, senior students celebrated Annual Prize Distribution Day with great enthusiasm and zeal. The esteemed Chief Guest for the event was Shri Ranjeet Singh, Deputy Commissioner, Excise and Registrar of Cooperative Societies. Our school principal Dr. Deepak Raj Singh Bisht read out the Annual Report.

The cultural show began with a 'Surya Stuti'. The Choir presented 'Jal de' the theme song and after that orchestra based on 'Raag Malhar'. There were lovely dance performances based on the theme, which held the audience spellbound. A play based on conserving water was presented by the senior students.

The chief guest was visibly impressed by the impeccable performance showcased by the students across different grades. In his speech to the audience he appreciated the choice of theme WATER and its immense impact on the minds of youth.





Dhruv House

HOUSE COLOUR : RED
HOUSE MOTTO : DEVOTED ENDEAVOUR
HOUSE MASTERS : Ms. Sonali Das
Ms. Neeraj Anand
Ms. Rekha Jarrel
HOUSE PREFECT : Aadya Khullar (XII-A)
HOUSE CAPTAIN : Nishtha Arora (XII-A)

Dhruvites have always been known for their devotion, dedication and sincerity. This has been expressed through their work and perseverance.

The house has been adjudged the Best House in Sports Activities for the session 2018-19. The house members with due support from their tutors contrive to overcome inhibitions and work hard to excel. This session has seen many beginners performing with dedication and winning top position for the house in various activities, like, book discussion, doha-vachan, group dance, mime, traditional art, etc. at both junior and senior levels.



Eklavya House

HOUSE COLOUR : YELLOW
HOUSE MOTTO : PERSEVERANCE ENSURES SUCCESS
HOUSE MASTERS : Ms. Jyotsna Tyagi
Ms. Anupama Sharma
Ms. Sumedha Varshney
HOUSE PREFECT : Vrinda Sharma (XII-A)
HOUSE CAPTAIN : Lakshay Garg (XII-G)

The house bagged the prestigious Sports Trophy and the Champion's Trophy (2018-19). For the session 2019-20, Eklavyian Hardik Bora (XII-A) was selected as the Head Boy, joined by Ansh Choudhary (XII-E) as the Sports' Captain, Aditya Chauhan (XII-C) and Aditi Jain (XII-D) as Discipline Captains. Sakshi Choudhary (XII-G) sworn in as Cultural Captain. Samarth Gupta has excelled in Robotics events and brought laurels to the institution. Vijayshree Venkat has been recognised as Best in Dance in 2018-19.



Prahlad House

HOUSE COLOUR : BLUE

HOUSE MOTTO : FORTUNE FAVOURS THE BRAVE

HOUSE MASTERS : Ms. Monika Karnatac

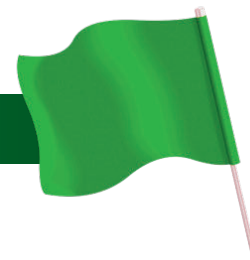
Ms. Shradha Pandey

Ms. Pooja Gupta

HOUSE PREFECT : Sanskriti Gupta (XII-E)

HOUSE CAPTAIN : Mehul Agarwal (XII- H)

Blue, the colour of Prahlad House, found its true meaning in the efforts, hard work, dedication and the accolades of the students. The motto of our house was spelt out in the dedicated and sincere endeavours of the students. The award of 'Quiz Whiz' went to Hardik Sharma XII-B. Tanya Grover (XII-G) was appointed as the Head Girl for the session. Individual achievements of Pratyay Haldar and Piyush Mahajan also added feathers to our Prahadian cap and the house won the trophy for being the Best in Literary Activities.



Shravan House

HOUSE COLOUR : GREEN

HOUSE MOTTO : SERVICE BEFORE SELF

HOUSE MASTERS : Ms. Archana Arora Khullar

Ms. Swati Kulkarni

Ms. Rashmi

HOUSE PREFECT : Somya Tyagi (XII-F)

HOUSE CAPTAIN : Mayank Gupta (XII-C)

Sharavanites have achieved several milestones this year, leaving behind enduring marks of glory with their great enthusiasm, sincerity, dedication and unmatched spirit. The house has been adjudged the Best House in Cultural Activities for the session. The house had the honour of having Sports Captain Perna Vats (XII-F) and Cultural Captain Anurag Kohli (XII-F) for the session 2019-20.

Anurag Kohli (XII-F) has won Drama Competition at District Level and was also awarded the Delhi Star Award (2019) for Stand-up Comedy.

Dipanshu (X-A), Prefect Co-ordinator, was invited as a classical dancer to Lucknow to represent Delhi where he secured third position. He also secured second position in 'Classical Voice of India' in Kathak.

Making Waves

Focus on values at Ahlcon Public



Ahlcon Public School, Mayur Vihar, observed Human Values Week to inculcate ethical values. The celebrations kicked off with Earth Day. This was followed by Healthy Eating Habits Day. Children were told not to fall prey to the temptation of unhealthy junk food. Reading a book is equivalent to immersing oneself in a sea of knowledge and to propagate this, Book Reading Day was observed. The events were held under the guidance of headmistress Kuhu Ganguli who lauded the teachers.

Ahlcon Public marks investiture ceremony



A spirit of dynamism and determination filled the air when Ahlcon Public School, Mayur Vihar, conducted its investiture ceremony. The chief guest, Commander S S Verma, Joint Director (General) and CPO, Coast Guard, inspired young minds and stressed on the spirit of leadership. He said this leadership opportunity would help them learn the art of building team relationships, mitigating conflicts and developing effective communication and interpersonal skills. Principal Vani

एहल्कॉन ने मनाया एनुअल डे, छात्रों को ट्राफी व सर्टिफिकेट



मयूर विहार फेज-1 स्थित एहल्कॉन पब्लिक स्कूल में 31वां वार्षिक पुरस्कार वितरण समारोह मनाया गया। मुख्य अतिथि रंजीत सिंह (उपायुक्त, एक्ससाइज), एहल्कॉन स्कूल के अध्यक्ष विक्रमजीत सिंह अहलवालिया, निदेशक अशोक कुमार पांडेय व प्रिंसिपल डॉ. दीपक राज बिष्ट ने समारोह की शुरुआत की। स्कूल ऑर्किस्ट्रा के छात्रों ने राग मल्हार की प्रस्तुति की।

Ahlcon Public holds annual day, prize distribution

HT Correspondent

Ahlcon Public School, Mayur Vihar, celebrated its annual prize distribution ceremony and cultural show titled Anugoonj with zest.

Group Captain Pankaj Pant and sitar maestro Pandit Prateek Chaudhuri were the esteemed guests. The programme began with the lighting of lamp followed by Ganesh Stuti. The cultural programme comprised an orchestra performance Tarini Ganga, followed by a ballet Namami Ganga which highlighted the origin and significance of the Ganga and how it could be rejuvenated. The prize distribution ceremony was conducted to recognise the talent of students in different fields. Dhruv House achieved a hat-trick by winning the cultural, literary and cham-

THE PRINCIPAL URGED PARENTS TO SENSITISE CHILDREN TOWARDS THE ENVIRONMENT AND INCLUDE LIFE SKILLS

pron trophies. The guests appreciated the programme and highlighted the importance of such events to make school teaching more inclusive.

In his address, principal Dharmendra Goyal urged parents to sensitise children towards the environment and inculcate life skills. The presence of Mrs And Mr Ahluwalia, president of the Shanti Devi Trust was a source of encouragement to all. The programme was a display of talent and fervour which culminated in the national anthem.

Ahlcon girl excels in Cookery Olympiad

Anwesha Chattopadhyay, a student of Ahlcon Public School, Mayur Vihar, won the fourth position in the final round of the 5th National Young Chef Olympiad 2019 organised by the International Institute of Hotel Management. Anwesha was one of the Super 10 students selected in the event.



Focus on health at Modern School

Modern School, Kundli, celebrated Health Day with a special assembly. It began with a talk on the importance of health and the benefits of a healthy lifestyle. A PowerPoint presentation was shown to students on the positive effects of avoiding junk food. An enactment gave advice to students on physical and mental health. Pupils were encouraged to take up physical activities, yoga and meditation.

Cookery test



Ahlcon Public School, Mayur Vihar, organised an inter-house cookery competition under an International School Award activity to test the culinary skills of students. The judges were Himanshu, interning at Hotel Clarks as chef; Gautam Sharma, hotel management student at IP University; and Seema Soni.

Ahlcon Public marks annual day

Ahlcon Public School, Mayur Vihar celebrated its Annual Day. Renu Hussain, an eminent poetess and writer, was the chief guest.

The theme for the ballet was Bachcho Ki Duniya. The childhood memory lanes of the journey were Toy land, Candy land, Rainbow and Circus. Principal Dr Deepak Raj Singh Bisht read out the school report, highlighting the achievements of talented Ahlconites and gave glimpses of activity-based learning. The chief guest was Marie Elangovan, an eminent Bharatnatyam dancer.

The show began with a musical extravaganza Samavesh presented by Ahlconians. Next, the students performed the ballet The Mighty Sun depicting the solar system, the day and night and seasons. The audience was spellbound by the performance. School director Dr Ashok Pandey complimented the teachers for their efforts and the fantastic show.

Ahlcon Public hosts its commerce festival



Ahlcon Public School, Mayur Vihar, held its inter-school commerce fest, Econfest 2019. The school's commerce club, Conasta Club, organised the event. Journalist Anil Kumar was the chief guest. The principal, Dr. Ashok Pandey, welcomed the guests and the students. The event was a success, with students showcasing their knowledge and skills in various commerce-related activities.

AHLCON CELEBRATES ANNUAL FUNCTION

The highlights are a cultural extravaganza, principal's annual report

HT Correspondent

Ahlcon Public School, Mayur Vihar, celebrated its 31st annual day and prize distribution ceremony under the guidance of principal Dr Deepak Raj Singh Bisht. The principal presented the school's annual report mentioning the achievements and milestones during the last academic session. In his address, Ahlcon Schools director Dr Ashok Pandey, a visionary in the field of education, emphasised on holistic development of a child in school. Ahlcon Schools president Bikramjeet Ahluwalia, who is committed to the cause of education, appreciated the guidance, motivation and cooperation given to the young



The prize distribution ceremony was held to recognise students' talents learners by parents and teachers. The prize distribution ceremony was conducted to recognise the talents of students. Senior students presented a cultural extravaganza on the theme of water conservation. The chief guest Ranjeet Singh, deputy commissioner, excise and registrar of cooperative societies lauded the performances.

Alumnus excels

Rahul Manglik, a final year student in mechanical engineering programme at the Indian Institute of Technology (IIT), Mumbai, is among the top 10 scorers in the Common Admission Test (CAT) 2019. He is an alumnus of Ahlcon Public School, Mayur Vihar.

He scored 99.99 percentile and cracked the exam in his first attempt. Rahul focused on mock tests and analysed their performances after completing the test.



Rahul scored 99.99 percentile in CAT

Initiative towards creative and imaginative youth

Under the aegis of the Atal Innovative Mission of NITI Aayog, the Atal Tinkering Lab was inaugurated at Ahlcon Public School, Mayur Vihar by Ramanathan Ramanathan Mission Director, NITI Aayog. The event was also attended by Dr Ashish Bhardwaj, Director-IT, Digital and Innovation, BMU, Manipal University; school chairman Vikas Ahluwalia, Director of Ahlcon Schools; Dr Ashok Pandey and the Principal of Ahlcon International School, Sanjay Yadav. The event began with the Principal Dr Deepak Raj Singh addressing the dignitaries, guests, teachers and participants from schools all over Delhi-NCR. The interschool fest, Technovision was also organised. The chief guest R

Ramanathan interacted with the learners and motivated them to foster a dream, to create and to innovate, to be job creators rather than job seekers. School chairman Vikas Ahluwalia, committed to progressive education, assured to promote and inculcate the working prototype, designed by the students that aims to benefit the society at large.

The events of Technovision Fest - Robo Soccer and Science Model Display unleashed the creative impulses and provided a platform to the students to innovate and display their computational, scientific and technological skills.

Making Waves

Ahlcon takes part in exchange programme



Ahlcon Public School, Mayur Vihar I

Anwesha Chattopadhyay bagged the fourth position in the final round of the 5TH National Young Chef Olympiad 2019 organised by the International Institute of Hotel Management. In this event, around 9000 students participated from different parts of India out of which 2800 students were from the north zone. The student of Ahlcon qualified the prelims and then cleared the semi-finals earning a place for herself among the top 10 students. The event was adjudged by the famous chef Shawn, from Canada. Many famous personalities from the hospitality industry were present for the award function.



Honing the talents and skills of our young future

The students of Ahlcon Public School, Mayur Vihar I participated in activities organised by the Dr APJ Abdul Kalam International Foundation. The students of primary wing participated in Drawing Competition and won prizes whereas the students of secondary wing ie class VI to VIII showcased their oratory skills in elocution competitions. The students of class IX participated in Best out of waste competition, class X students took part in Model making. The students of class XI and XII exhibited their creative skill in Essay writing competition. 45 students were awarded I, II III prizes in each category. The guest for



the day was APJ MJ Sheikh Saleem, grand nephew of Dr APJ Abdul Kalam. The luminaries gave away the certificates and medals to the deserving stu-

dents. APJ MJ Sheikh Saleem motivated the students to pursue their ambitions with a focused approach keeping APJ Abdul Kalam's vision in mind.

E-waste mgmt at Ahlcon Public



Students were urged to dispose e-waste in the e-waste bin

Under the guidance of vice principal Veni Bhardwaj, Ahlcon Public School, Mayur Vihar, organised a workshop on e-waste management for the Eco Club students. The workshop was conducted by Ritu Ghosh from Panasonic and Eco Routes Foundation headed by Rakesh Khatri. Ghosh sensitised the students about the amount of e-waste generated by everyone and the measures to be taken by the students to conserve the environment. They were also made aware of the five R's and how to follow them in day-to-day life. E-waste bin, made of recycled plastic and foil, was also installed in the school. Students were urged to get the e-waste in their homes and school disposed in the E-waste bin. This will be collected periodically.

'LEARNING, NOT HIGH MARKS, IS THE KEY'

What is the biggest professional challenge that you face in your role as a principal?

There are many challenges. It is difficult to say which is the biggest, as every challenge is a turn of mind and demands creativity. In general, the challenges which draw my attention are as follows: There is a paradigm shift from learning to acquiring marks (or) grades. In the last couple of years, the focus has shifted from learning to acquiring marks. Any new teaching method with high scores and is made to feel like a test. We need to acknowledge that each child is different and has their own limitations. All children need to be educated on this basis so that they can learn and manage the attitude for learning. If learning is taken care of, everything else (marks, college admission) will follow.

Secondly, children are overexposed to mobiles, computers, tablets and television. Therefore, their sleep cycle gets disturbed. The blue light of these gadgets restrains the production of melatonin hormone which is responsible for regulating the sleep cycle. This has impacted the attention span of students in academics as well as affected their social, emotional and psychological development.

Once a teacher, always a teacher. Do you agree?

Yes, I agree. Teachers teach their students from dreams with feet on the ground and eyes

on the sky. They guide, help and mould the lives of students by motivation (them).

Success has become an obsession nowadays. Comment. Aiming for success and being obsessed with success are different. I believe that the former is healthy while the latter lacks balance and control.

What in your view is GenNext's biggest strength? Which are the key areas of improvement?

The biggest strength of GenNext is that they are technology savvy, well informed, have good communication skills, and ambitious. Areas of improvement include handling criticism, adaptability, and collaboration.

What emphasis do you put on teacher training?

The younger generation is more active and has access to the readily available information. Teachers need to be updated in every aspect, be it content, technology, pedagogy or 21st century skills. Therefore, it is important for learning, de-learning, and re-learning. This requires my attention to be saying "To teach Ramu maths, I need to know Ramu."

How can the elderly contribute to students' all-round growth?

By lending ears, spending quality time, providing solutions to problems, resolving inter-generational and sibling moral stories the elderly can continue to provide support for the development of children.

What according to you is the role of media in education?

Media is one of the pillars of democracy and plays an important role in bringing citizens closer to the government. The media is a powerful tool in spreading awareness and educating people. It also sharpens critical thinking skills.

Tell us about your leisure activities and how you spend time with family and friends?

My leisure activities include swimming, playing sports, trekking and camping. I visit various places and relatives with family and friends.



AWARENESS CAMPAIGN

Under the guidance of its vice principal Veni Bhardwaj, Ahlcon Public School, Mayur Vihar, recently organised an awareness campaign on climate change for students. The event was held in association with Matt Perry from the UK-based organisation 'Friday For Future' and Br Steve Rocha from 'Nine Is Mine', an NGO. Perry sensitised the students about the deteriorating climatic conditions.

DON'T NEGLECT; PROTECT BEFORE YOU CONNECT



Ahlcon Public School, Mayur Vihar organised an awareness programme on Cyber Safety. The programme was conducted by Rakshit Tandon from an NGO. He sensitised the students about the cyber-crimes, preventive measures to be taken while surfing the internet, Information Technology Act and the measures that can be taken if one is victimised by cyber criminals. He informed the children how to surf the internet safely. The session aimed to train students on the usage of cyber laws & redressal of cybercrime. Some of the domains that were discussed are child online protection, cybercrime awareness, online safety, law enforcement agencies and many more.

Ahlcon Public School gets an Atal Lab



R Ramanathan said the lab would be a platform to help students realise their potential

Niti Aayog mission director Ramanan Ramanathan inaugurated an Atal Tinkering Lab at Ahlcon Public School, Mayur Vihar. The event was also graced by Dr Ashish Bhardwaj, director-IT, Digital and Innovation, BML Munjal University; school chairman Vikas Ahluwalia; director of Ahlcon Schools Dr Ashok Pandey; and the principal of Ahlcon International School Sanjay Yadav.

Principal Dr Deepak Raj Singh Bisht addressed the gathering of dignitaries, guests, teachers and participants from schools. The chairman, who is committed to progressive education, said he would promote and incubate the working prototype (s) designed by students that aim to benefit society at large.

Tours and Day Trips

Trip to Chail (XII), Dhauj (X, XI), Shimla (VIII-IX) and Jim Corbett (VI-VII)





Reflections...

Leave the road,
take the trails.

Farmers : An Afflatus to Society

Farmers are the people who shine in gay ;
If they are not there on the farm,
Working hard to produce crop;
We won't exist.

Farmers are happy in rabi and
kharif ;

And express their joy of love,
By celebrating
holi, diwali, nabanya, pongal.

And if their crop is not good,
They won't shed a tear of dismay.
Because they know that if they cry,
A drop of pain will become a river of sorrow.

The Indian farmers are the idols;
Amongst us and others.

If they smile, the day will be
over with prestige and joy.

But if they cry, the day will end with only sorrow.

We must respect our farmers

Till we live; or they die.

But then must die not with sorrow;

But with satisfaction.

Farmers are our pillar for a healthy life;

We must ensure

these pillars are neither hurt nor damaged;

Or we will have to pay.

So say together and take a pledge,

We will never let them down and ;

They will be respected till this world ends.



Aahant Kumar
VIII-A

Colours

Orange,
Mixed with a lot of grey,
And a thin line of golden yellow
Just fading away;
Will soon turn into
A violent violet of sorts
Mauve, magenta,
Purple, and what not
And then there's the blue
And indigo up above,
Slowly creeping over
The warmth of the
horizon,
Bringing with it
A misty coolness,
Ending, ultimately,
In absolute blackness.



Devika Mishra
XI-A

But
Seek and you shall find:

A natural bulb glowing supremely white,
Beautifully contrasting

The darkness of the night;

Alongwith its myriad companions:

The stars,

Those deceptively small

Bright twinkling spots,

Like fireflies

In the Garden of the Gods.



Siddhant Singh Rawat, V-D, 2020



Comfort

I sat down to study, distracted.
My thoughts were heavy, muddled.
I opened my book, considered how I acted.
"It's not my fault, I'm right," I said.
I started studying
Doing questions after questions, page after page.
When it was time to check, they were all wrong,
to my horror.
I was distracted. "It's not my fault, I'm not wrong."
Next day I woke up, went to school.
Couldn't concentrate, so I told my friends.
Most of them said I was right, words of sweet poison.
One of them said the harsh truth: "Maybe you're wrong."
I had a fight with her, I didn't agree.
Went home to find it empty, dark.
I had my food, cold and stale
Went out to find some comfort again.
Knocked at my friend's home
We talked for hours.
But there was something missing
Maybe the comfort I longed to find.
I said bye to my friend.
I walked the empty lanes to my home.
My eyes kept watering up.
"I don't care if I'm wrong," I said.
Reached my home, the light was on.
My mother was sitting there, stitching my clothes.
I hugged her tight, apologised.
The comfort I sought, in these arms.
Guilty I stood, from start till end.
Hers was motherly concern, mine was teenage
denigrating.
Both clashed to create silence, hurting and painful.
All it took to kill the silence was a hug.



Anubhab Sahoo
XI-C

Helping Others

Helping others is just very simple,
Helping others make you feel happy,
Helping others is just for one moment
But those who are helped will
Never ever forget you.

As you are a very kind and helpful one
Be a kind and helpful citizen.
So that you can also be a star
In your own small way for others.

If you help anyone they will
Always appreciate you Whenever
You will find anyone,
Always be in a kind mood.
So, that you can help anyone
Who is in trouble.



Amrutha Manoj
VI-B



Sinchal Gupta, V-C, 2020

School Life

Some of our mistakes are acceptable,
Moments spent in school are unforgettable.

When teachers got late for the class,
We all were found outside the class.
Sitting on the last bench of the class,
And enjoying the boring periods.

In the school, teachers are restless,
Time spent with each other is priceless.
Some friends were interested in fighting,
Waiting for the bell to ring was very exciting.
And the bell to ring for games period,
And run towards the field to play football.
In life, while we are facing many fears,
Thanks to school for giving us beautiful years.



Jahnavi Karanatac
VIII-A



My mom

Mom you are the reason, that through the
changing Seasons,
with your guidance I grew,
For it was your compassion and love that I knew.
A simple thank you will not do,
to express my love and gratitude to you.

Your smile will brighten any day,
Your heart will make all things OK,
Your hugs are warm and so secure,
Your heart is huge and truly pure.

There are endless emotions that engulf me,
whenever ,of you mom I think and feel,
I thank god for this best gift,
Your smile makes my spirit lift.

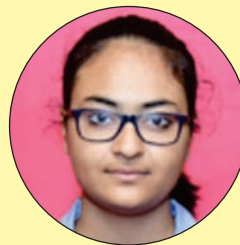
I love you from the deepest depths of my heart .
Affection and warmth loaded in infinite carts.

Though growing up we never had the best
house, the best car of the most money,
but one thing we had that no one else ever had
is the *best mother*,

Looking back I now realise that this has made
me the richest kid in the world.

Your values in my heart do grow,
You taught me well ,you need to know,
You are the best there has ever been,
the brightest star the world has seen.

ALL MY LOVE TO YOU



Ananya Gupta
XI-C

Essence of Mine

In the orange haze of the evening sky
When the sun and the earth, they kiss,
I often sit and vaguely wonder
What my essence is.
I reflect upon the things I've done
And those that I'm supposed to do
What is expected of me? I muse
As the sky churns a darker hue.
I try my hand at introspection,
But find just utterly tangled ropes;
Will I ever be enough for those that I love?
As they say, I can only hope.
Should I be a ferocious rebel?
Shunning customs and breaking ceilings?
And what if, in these very customs,
I find a sense of home and healing?
Should I find comfort in the rituals of yore?
At times restrictive, at times tender;
Or must my volatile young blood seek
Progressive rebellion, in all its splendour?
But as the engulfing darkness sets
And the sun claims its last ray;
These questions of mine are left
Unanswered,
Deferred, for musings of
Another day.

Devika Mishra, XI-A



A Sapiens' Sleep

Exhausted after a normal school day,
I reached home to find my holy bed awaiting
Tempting me to lie down in the tranquil circle of its arms.
As long as they could encircle the earth and sing it to sleep
I took my meal, convinced my zeal and laid down
Overwhelmed by my personal communal ventilator that
Hung above me.
Time was passing and I kept falling deeper into
Unconsciousness.
Yet how conscious I was of the slightest of movements
Around and within
I felt the warm blood through every inch of me.
Kissing each and every cell of my body, nourishing it.
I took in the darkness that envelopes my soul.
Yet, how bright it's in here to make me shut my eyes close.
I could feel the feathery touch of the revolutionary atoms.
That engaged me in their protective shell
Could sense the presence of the motherly
Bodyguards
The universe itself created.

Gargi Bhushan, XI-B



Let this bullying come to an end

You might think that you're cool
when you bully others
you may think that I am hurt inside
'No' , as I am strong.
What have I done to you? Why are you so mean?
The words which start as a joke
leads to a shove.
Your punches can be so hurtful
but they can still be cured.
Your words can be so simple
but they can never be cured or forgotten.
That is not, that I am strong from the beginning.
Your words forced me to be strong.
How does it matter to you if I am acting like a girl
or I am fat?
I have the right to live my life happily
And I am living it.
Your words can't take the place
of my happiness.
Even if these words are spread in the whole
school,
and nobody wishes to be my friend or my partner
and everybody perceives me as funny
Even then I will be happy.
They know I can't tell my teacher , friends and
family my parents.
that how you make me feel. After all I looked at
myself at the mirror and saw a beautiful face in
front of me.
Bulging fat tummy and chubby cheeks
right then a thought came to my mind
"I don't care what they say or feel about me
As I am proud to have that fat tummy and
I am proud to be a boy"

LET THIS BULLYING COME TO AN END!



Jayesh Karnatac
VIII-B

Sports

We all know that sports is not new,
There are many, not a few.
Cricket is cheered by a big crowd,
And on a wicket they are very loud.
Hockey players truly believe,
That you should have some tricks up your sleeve.
Football is the best of all,
You just need a net and a ball.
Athletics is played at the Commonwealth,
and all that running, is good for your health.
All of them are too much fun,
Especially under the bright Sun.



Mohona Ray
VI-A

The Big Fat Lie

I wanted to play cricket,
I had already taken my bat and my wicket.
I said Dad, 'bye'
He said 'Have you finished your homework?'
I said 'Yes', which was a big fat lie!
He said 'You cannot go'
I asked 'why?'
He said, 'Because I say so.'
He said 'Go and study!'
I could not, as there was
someone on the door,
He was my buddy.
I was very sad.
I told him that he was very bad.
Eventually, my dad snored away.
I smiled, and ran out to play.
But, all those tries went in vain,
As there were no kids, but only rain.



Mohona Ray, VI-A



She, Them, Us

"She is fat, she is white
She is black, she is tight.
She wears suits, she wears shorts
She is baseborn, she is hot!!"
"I don't judge... Oh she's a nerd"
"She fails she's weird"
They judge, us deter us
Categorise us, use us.
"A woman is best suited for kitchen"
But what about Hillary Clinton?
Or Sarojini Naidu or Mother Teresa?
Or all the women who are working?
We are no goddesses we are human
Just like all the gentlemen.
We get touched we get raped
We get insulted we get framed.
We don't want more we want equal
We don't want men to help us
We want them to respect us.
We want to go on the street
And not always be cold feet.
We don't want to scream help
We want to scream victory.
We are women and not
A piece of meat!



Mehak Gupta
XI-E

Before I Go to Bed

Before I go to bed at night,
I like to kneel and pray.
And it is very nice to know
that god hears what I say.
I always tell him,
Thank you god
for all your gifts to me.
I like to tell him everything.
For he is, my friend you see.
I never need to be afraid,
For god Is always near.
I always try to please my friend.
And then, I never fear.
I always tell him thank you god
For all your gifts to me.
I like to tell him everything.
For, he is my friend you see.



Mishty Baswal
III-D

My Mummy

My Mummy is so sweet,
Like sugar and honey.
I sit in her lap,
like a little Bunny .
She gives me food to fill my
tummy.
She loves me very much,
And I too love my mummy.



Khushi
I-D

Expectations from a Teacher

My expectations from a teacher,
Is to make me a unique creator.
I wish she makes us learn,
So that values we can earn.
I wish she would tell us about problems and make us make
this resolution,
To help others by thinking creatively of the solution
I wish she would encourage us to study,
And make us all ready
To work hard and lead a very happy and successful life
And would tell us it is okay to fail and we should again strive
I wish Ma'am would tell us to interact
That's the only fact.
I wish Ma'am would tell us to make projects
By the magnet that interjects.



Manya Aggarwal
VI-B

I Love My School

I love my school
Its Ahlcon Public School.
I love it's discipline,
I love it's rule.

It is beautiful,
It is fine.
It is yours,
And It is mine.

We all are here,
from Monday to Friday.
We learn to read and write.
Also sing, dance and play.
Teachers are nice,
helpful and sweet.
Friends are jolly,
Always ready for a treat.
Our dear Principal is kind and great.
He inspires all of us,
he is the best till date.
My dear friends
I want to tell you all,
My school is the best of all.



Medha Vashisht
III-E

My Mother

My mother held my hand and explained to me,
That happiness should be strived in perpetuity.
No matter how difficult a situation might be,
A smile can drive away any gruesome worry.
My mother held my hand and explained to me,
That one must endure every pain in life.
With every passing day one ought to be-
Not a loser, but a winner with glee.
My mother held my hand and explained to me,
The importance of humility, compassion and empathy.
These make one to be remembered loudly,
Not only when alive, but till eternity.
My mother held my hand and
explained to me,
That all the emotions are part of being
Worrying about the future
will not do good to any
So live in the moment,
No matter what it might be!



Arushi Mathur
XI-F

Rain Water Harvesting

Water, water all around,
Save every drop that can be found!
Wasting water isn't good,
So you never should.
Never let your taps run,
turn them off as soon as you see them.
Don't waste time in the shower,
this water should be used on a flower.
Wash your car in the rain,
So not as much water will go down the drain,
Put a brick in the toilet before you flush.
So the water won't go down in a gush.
You must realize water is good,
So, SAVE as everyone knows we should.



Riddhi Jain
V-A

Best Friends

Best friends stick together till the end
They are like a straight line, that will never bend.
They trust each other forever,
No matter if you're apart or together.
They can be your hero and save the day,
They will never leave your side,
they are here to stay.
They will help you up when you fall
Your true friends are best of all



Shritikaa
IV-C

Life Is What You Make It...

Life is short,
Don't ever waste it.
Life is sweet,
Take time to taste it.
Life is a journey,
Find the right path.
Life is entertaining,
Don't be afraid to laugh.
Life is for good times,
Make them last.
Life has its bad times,
Put them in the past.
Life is a chance,
Make sure to take it slow, not fast.



Pranav Sharma
IV-C

The feeling of getting lost in a book

When you pass the bookshelf,
You see a good book,
You can't resist
and decide to take, just one look.

But now you can't stop,
Unless it is over.
Not until it's finished,
Full cover to cover.

Whichever it is,
Fantasy, comic or fiction.
You develop a kind of addiction,
The book should be a good one,
is the only condition.

You can visit through the world, even in space!
You don't even need to budge from your place!
What is going on around,
You don't care,
Your will is only to
Read and share!

There is only one request,
Don't go near your telie set!
At that place you can install;
A bookshelf on the wall!
Filled with wondrous, fantastic tales
Of dragons, gypsies, queens and whales.
The teens were found with Harry Potter,
The younger ones with Beatrix Potter.

This is the feeling
of getting lost in a book;
It didn't take me long.
how much you took?



Sadia Akhtar
V-D

Diwali

Colourful rangolis,
and glowing lights in the night.
Oh! Welcome Diwali,
The festival of lights.
Gifts, chocolates, sweets,
Lot of get-togethers,
Share with friends and family
And don't forget the neighbours.
To make this Diwali so special
Take a resolution,
Say no to lighting crackers,
To stop increasing pollution
Say no to plastic bags and
wrappers
Just use eco friendly crackers.
Light them up.
With hand made diya,
So that my country can be,
A healthy, wealthy shining India.



Rishit Bhatnagar
V-E

Friends

I am a good friend
And you can be too.
Just follow these rules
That I share with you.
Always smile,
And never be rude.
Sharing and caring
Is the right attitude.
Friends are dear;
Friends are a must
To have a friend,
You must be one first.



Raghav Acharya
I-D

A Best Friend

She knows everything about me
Whether it's good or bad
Do you know who she is?
She always there when I am sad.

Whenever I talk to her,
I feel very pleased.
She is my best friend,
And we both are besties.

Her eyes are blue,
And her hair are smooth.
She is fair like me
She is my best friend.

We don't have any secrets between us
And when we are together
We don't need any one else.



Shambhavi Nautiyal
V-A

Joy of Friendship

My life has been touched
By God today
For he saw to it
To send a friend my way.
And I want you to know
Wherever you may be,
How much joy
Your friendship has brought to me.

Nothing can compare
To the warmth of a friend
And I count you among my
blessings at each days end.

So thank you friend
For making me smile
And sending some cheer
Across the miles.



Saudarya Singh Gangwar
V-A

Ice-cream

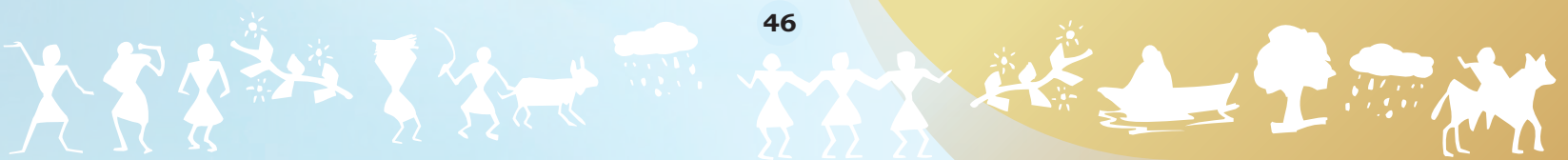
ice-cream, Ice-cream
You are the best!!
I want ice-cream
East or West.

Sweet and sour syrup,
It is on the top.
It will be fine if you,
Give an icy pop.

Strawberry or Mango
Pour it with the pulp.
Yummy, yummy ice-cream,
Just gulp, gulp, gulp!!!



Aelina Bhardwaj
V-D



Clean and green Environment

Keep our environment green,
So it will be neat and clean.
Keep it tidy and nice
It will keep away rats and mice
Don't drop it,
put it in your pocket.
Even if it's a rusty old locket.
If you drop litter,
you will be fined.
Put it in the bin,
no one will mind.



Eshaan Akhriya
III-C

My Sister

When I am sad,
My sister makes me glad
She sweep's away the sorrows that I ever had.
She is my companion,
who clears all my doubts.
Best thing is this,
that she knows me in and out.
Sometimes she scold's me
but it is for my good.
Sometimes I tear her books
and make her loose her cool.
But when I act sad
She forgets all her wrath.
She loves me, she hugs me and kiss on my cheek
she is my hero who is always there for me.
i am so lucky
that I got a sister like her.



Siddhi Sehgal
III-C

Pollution

Pollution Pollution all around,
Sometimes up, sometimes down.
But always keep us home bound.
Are you coming to my town?
People are struggling,
to breathe through all this dirt.
Can't you see it?
We must start now,
We can't wait.
Quick or it will be too late
Yes, we can save this planet.



Ayansh Rawat
IV-A

Friendship

Friendship makes the world go round,
I wonder by whom friendship was found;
Friendship is the best in the world,
There is no age for friendship to get old.

I think friendship is the best relation,
It is the whole world or maybe a small nation;
Friendship is for every caste,
We become friends very fast.

We become friends in a week,
Or maybe in our first meet;
Friendship does not have an end,
Because every human is our friend.



Suhani Manglik
VI-B

The Fat-free Tree

I sat by the sea side,
With my limbs which were open wide,
Thinking that there would come a tide,
And take me to some un-bullied place to reside.
I turned my head around to see
And there, I saw a blacked-out tree.
The tree said, "Come, take a fruit from me.
Oh don't worry, it's fat -free!"
In my mind, there was a doubt about the tree.
For I thought it also was a bully.
As it said it was 'fat-free',
I thought it was bullying me.
I didn't listen and cried,
Remembering 'bout the tasty food that was fried.
I thought if I should have tried,
For at that time, I had forgotten all about the tide.
I came near the tree,
And asked whether it was free.
It said, "Yes ofcourse, I am the fat-free tree!
If you want the fruit, please ask me."
"Yes, I want it." I said.
"If it's not paid."
Excitedly, the tree said-
"You might eat it, my friend."
I took one out of its branches,
By taking the greatest chances.
Thinking that it might have some magical advances,
I took a bite, with the hope of reducing my weight by ounces.
After taking a bite, I looked at myself.
I looked and looked, awestruck, thinking if it really was
my own fat self.
For I was looking as skinny as an elf!
I took another bite, thinking it would again do it.
But I didn't change a bit!
Instead, my stomach lurched for a minute,
And I found myself lying in my bed,
Looking at my fat self as was it.



Samyak Thakur
VIII-B

My Friend

It was evening, it was Friday;
The start of the weekend they say.
There was a ring on the door at nine,
Which was just fine.
I went opened the door,
The man; I had seen him before.
At school, he was my classmate-
-Best friends we were since eight
'Come in', I said. But he walked uneasy-
-Something about him, made me queasy.
He sat on the sofa and smoked,
For an hour we talked and on old memories
we choked.
About dinner, I had nearly forgot;
From kitchen, bread and brisket I brought.
Dinner was great because of the roast.
Then we washed it down with the toast.
But I realized, after he left,
Two years ago, his car was found in the
cleft
That meant, the one with whom I drank
the toast
Was after all, a ghost.



Rudraneal Jha
X-A



A Gravel Foundation

A hundred sins after one good we do;
And indeed, apology is a rare gift.
Cruel it is to demand the sacrifice
Of the ego that took so long to be built.

But remember, ere, that beneath apology
Of forgiveness, a gravel foundation is laid –
The foundation laid by strong hearts
Who won't let the faithful hearts be played.

A wound takes away blood from skin.
A theft takes away the wealth of a king.
A treachery takes the faith of your kin.
A deed of assault takes away someone's grin.

The heart in each human sees phases of pain
The weak men might find it difficult to abstain
But then, the heart that, at root, is strong
Endures, it doesn't let apologies be vain.

For a strong heart knows what world would be,
If, to pain, tit-for-tat is the solo remedy;
And thus, by strong men, agony is fought back
No matter there is or isn't apology

Why does the world call God "Almighty"
Because, each day he forgives our inhumanity?



Saumya Jain
XI-F

Painting the Canvas

Time is slipping by as we see each day fleeting
past.
There is so much rush around us that the world
seems blur.
Why are we racing?
Why are we always scurrying about?
Are we living our life or passing it?
When was the last time you felt raindrops on
your face or autumn wind messing your hair?
The last time when you sat on park bench, felt
grass up under your feet, when was it the
Last time when you gave shapes to clouds
floating in the sky, counted the birds flying past?
I don't remember my "last times",
Do you, remember yours?
We are so stuck in technology and over speeding,
lives that we have forgotten our way out.

We need to stop, with all the "chasing", pause,
take a breath or two, dawdle around.

Dance in the rain.

Notice the sparrows in the garden.

Watch the butterflies flutter past.

Cycle along the road with leaves drizzling.

Count the hues of sky during sunrise.

Observe the stars, in the night sky.

After all these dull years of existing,

We need, to start painting the canvas.



Somya Tyagi
XII-F

A Smile

A smile is quite a funny thing,
It wrinkles up your face.
And when it's gone,
You will never find
It's secret hiding place.

But more wonderful it is
To see what smiles can do
You smile at one,
He smiles at you
So one smile makes two



Sanya Arora
III-C

School life

Pens, notebooks, paper planes,
Crazy fights, silly games.
Raised sleeves and loose ties,
All these made up our school lives.

Six horrid hours and eight chaotic classes,
With boring lectures, every day passes.
Formulas in Maths, and Laws in Science,
Everything got messed up and tangled like vines.
"Wars and destruction happened in history",
And the reason behind studying them: still a mystery.

Learn the atoms, molecules and cells,
"Rest as homework", the teacher tells.
Finding the solution to every question,
And every answer found was an accomplished mission.

Submitting on time, in a handwriting that was neat,
And then out of nowhere, arrives the date sheet!
Every time, the aim was a good result,
But Oh God! The chapters were so difficult.

Practicing, preparing and studying all night,
Suddenly the bell rings "Exam Time"!
Unread, untouched, the question papers lay,
And time, with its wings, just flies away.

Few days later, friends text,
"Phew! Exams over. What's next?"
"Sports Day" the athletes smiled,
"Nooo...!" the weaklings cried.

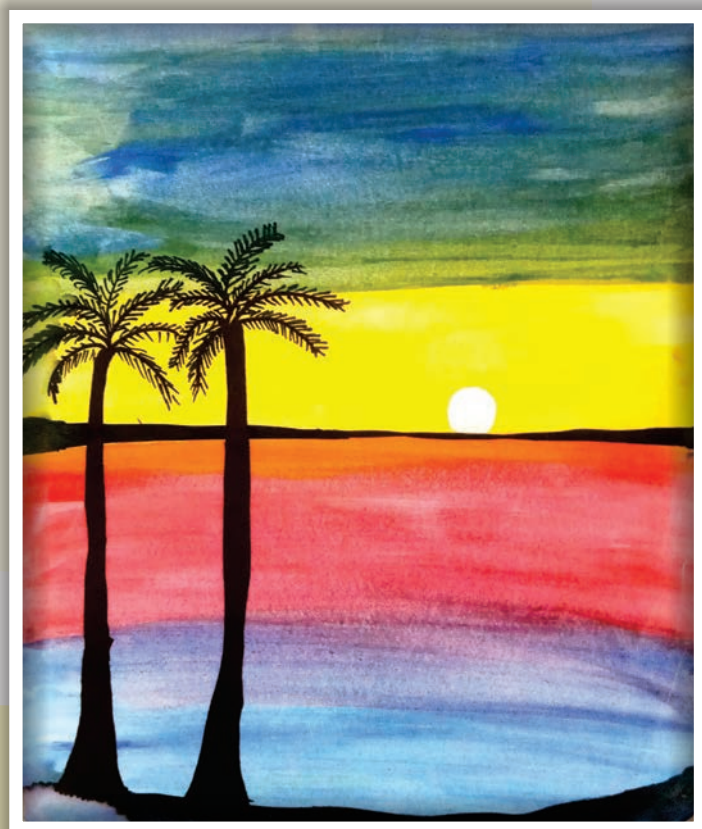
Running, jumping, marching all day,
And relief from homework? No way!
The exam fear haunted our dreams,
And those exercises just made us scream!

Putting in our efforts by every bit,
But oh the final report card! Couldn't help it.
In a blink, we came at the end of the sessions,
With new memories, new friends, and new resolutions.

Huh! Now as a grown up, I miss those days,
Those crazy fights, those paper planes....



Surbhi Jain
XI-D



Arsh Shekhar Singh, IV-C, 2020

Examining Exams

'If you judge a fish by its ability to climb a tree, it will spend its whole life thinking that it is stupid.' This very famous quote by Albert Einstein perfectly encapsulates the educational system of our country. The curriculum is designed to test a student's ability to mug up and memorize instead of promoting actual learning and the overall development of the child. If a student is not capable of memorizing long paragraphs and heaps and heaps of books, he will not be able to achieve good grades, even if he is very intelligent.

Instead of promoting rote memorization, the schools should integrate subjects like moral sciences and home science into the curriculum. However, it is seen that students tend to take these subjects lightly and this nullifies the actual intention of these programs.

Although the intention of these programs is good, along with this, it should also be ensured that they are also implemented properly. This can be done by inculcating elements of evaluation and testing so that it can be ensured that the students are actually learning the values which are required. Thus, in order to build a brighter future, the education system needs to be reformed to reduce memorization and increase learning.



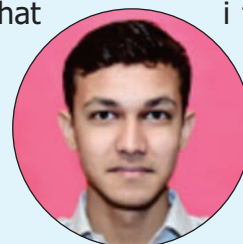
Aaditya Rajeev (XI-A)

'I think we are in a time of transition'. The meaning of this statement is not lost as we begin a new decade and anxieties about social changes seem rife. The implication of this message is that, change is normal; there is in fact no era or society in which change is not a permanent feature of the social landscape.

As we walked towards a new decade, it's more than evident that we are walking towards some serious developments. The current examination system is almost the same as it was for the previous generations. The fact that the examination system is considered timeless is disturbing. It only means that all the changes throughout the times were thoroughly ignored and disregarded. Our system values grades more than learning; it contaminates the very definition of evaluation making it more partial towards what the system wants us to be examined on. Students seem to lack the practical knowledge required to cope up with the moving world. Possessing good power of cramming text is what takes you to height rather than the practical knowledge. It's high time we realize this and bring some drastic changes to the current education and examination system.

The main focus should be laid on the overall development through test and exams that holistically evaluate an individual. The aim should be to produce smart students rather than intelligent students. The system should try to make students' mind sharp and to improve their IQ. The students' future should not be at stake. A particular exam must not decide his/her future; what if he/she is ill on the day of the exam?

The best way can be introducing the concept of case study exams that deals the practical and analytical understanding of a student and not with his/her ability of memorizing concepts. Whatever the change is, it is imperative that it is quick else we Indians will lag behind in this modern world of development.



Akshat Sharma (XI-E)

When You Run Into A Goddess

It was another day. Navya was walking home with her father after playing with him and her friends. Her father was the only family to call her own. He acted like a mother to her since the day her mother left them, at the tender age of two. When she returned home, Who saw a dazzling light in the garden. She rushed out and saw an unbelievably beautiful woman. She was crying bitterly. Normally, Navya would have run back to her room, but there was something utterly irresistible about the pretty woman's aura. Navya walked up to her and asked why she was crying. She replied that she was a goddess, the goddess of Heaven. Navya was laughing in her mind, but the woman was very persuasive. She told her that she had been watching her since childhood and now, it was her turn to do something for 'them'. Navya was perplexed. She had never seen this lady and had no idea who 'them' were. Suddenly, the woman stopped crying and started warning her about the deadly future that was to come. She told Navya that she was the only one capable of preventing it but for that, she needed her guidance. Navya agreed for she had always wanted to do something for humanity and make the world a better place. But she worried about her father. The woman assured her that her father would not even have an iota of Navya's situation. She went with her to a far-off place where the women taught her the mystic arts and took good care of her. It was like Navya had a mother again. The woman showed so much affection towards her as if she really was her daughter. Inside, the woman knew. She was her mother. She had to leave her daughter in such a short period because of her heavenly obligations. But now, she was free. There were no chains holding her back. All this about the 'deadly future' was just a sham. She did this to know her incredibly inquisitive and fearless daughter. She just wanted to spend time with her and to know whether her daughter would accept her after all these years. One day, she just decided to come out with it. And for Navya truth came tumbling out. She was so ecstatic when she found out that her mother had not really left her forever. Both were shedding happy tears. She told her mother that finally her family would be complete. They returned to her home and her mother explained herself to her father. They became a happy family once again. It was a life changing turn of events for Navya, because she had a complete family to call her own.



Agamya Jain (X-A)

Save-the Earth

One day I was playing alone in the garden near my house. There was a lot of garbage collected in one corner of the garden. But I ignored and kept on playing. Suddenly I saw a cow going near the garbage dump. She searched all over the dump. Then she started eating a bag containing food. Along with food, she ate polythene bag too. This was just one bag she ate. God knows how many bags she eats in a day. Looking at all this, I felt so ashamed. Firstly, we are unable to keep the surroundings clean and secondly we are harming other creatures too. This is a real pity for all of us. We should all try to avoid the use of polythene bags as it is non- degradable and must also learn not to throw garbage in the open. To conclude I would say "Save Environment Save Everyone".



Tejas Gupta (III-C)

Life

Everybody faces problems. They do. Even I do. But I'm glad I never reacted on it. I used to be a mess back then. I still am, probably a bigger one, but now I'm a mess with lots of appreciation for life and love and beautiful things. I can never thank myself for pulling through everything. Maybe, we should all stop and thank ourselves once a while. We should pause and pat our backs thinking that we are alive, and we are healthy, and we touch lives and love people and animals.

Life is challenging and has its own ups and downs. But we should try to find happiness in it. According to me, the small things are the ones which matter the most, a nice compliment to the one you care, doing the things which you love and with the people you love, listening to the songs you like, whether old or new, petting street dogs and playing with them.

This is what happens: You start with something pure, something innocent. Then comes the responsibilities, the pressure from society and family, the career choices, the mess ups and the mistakes. Along this path, people often forget how to indulge in life: enjoying your favourite ice cream, waking up on a rainy morning, making yourself a cup of coffee and reading the book you like, hobbies and sometimes spoiling yourself. For those who remember how to love and how to enjoy life, people tag them as "weirdos" or "mad", just because they smell a flower when they see it or actually have a sense of humour.

Then they start on jobs, running after money like bulls set out loose. The world is run by money, they say. They get married and start a family. A person who was pressurized from the start does the same to his children. Kids are loaded with books and their hobbies are taken away from them. Parents start to make the kids do what the society wants, not what the kids truly want. Kids resist at first, but they are eventually forced to follow orders. And the vicious cycle goes on.

All I am trying to say is, that people should be happy. See life like this:

Life is challenging but holds so many promises for tomorrow.

The sun wakes up for you every morning, not the other way around.

The air is kissing your cheeks as you read this.

You are different from people and people are different from you and that's okay.

Remember:

Pause. Love yourself. Go.



Anubhab Sahoo (XI-C)

Tomorrow is Another Day

Don't cry for your past and don't plan your future today, because today is a day for which you will cry some other day.

Failures are an integral part of our eternal life. Do not cry on what has passed but plan your today. Failures and success are relative terms if you fail at any turn of your life, don't stop. Tomorrow is another day which will bring new chances and new opportunities, so if you fail do not lose hope just be ready for another start if you could not achieve your goal today don't worry, ask yourself "Is this the end of my life?" "Am I all finished?" Life gives us infinite opportunities everyday. This life is a game if you get tired today, tomorrow is another day.



Kartik Pandey (X-A)

On the Occasion of Dr APJ Abdul Kalam's 88th Birth Anniversary: Combating Climate Change through Smart Cities

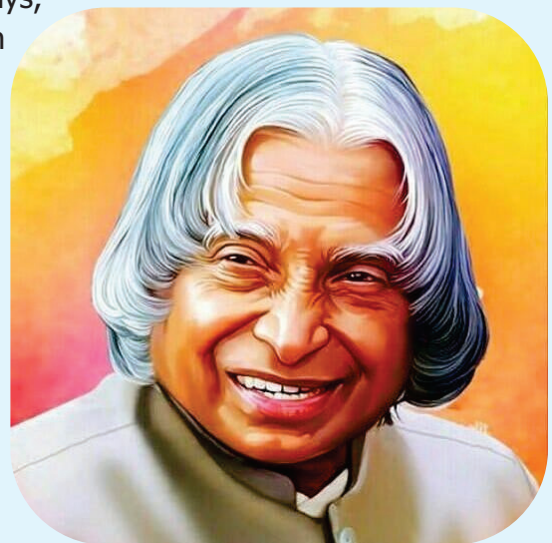
"All cities are mad, but the madness is gallant. All cities are beautiful, but the beauty is grim".

There seems to be a kernel of truth in these words. 'Chaotic' is how most modern Indian cities can be described, lacking in infrastructure and equatibility. But is this an inherent nature of city life, or can cities transcend their grimness? After all, what is a city, but its people? Can a people, if they wish to, transform their city into something truly phenomenal, without losing their unique beauty and character? Can they together tackle the biggest problems faced by not only cities, but mankind as a whole? I believe all these questions can be answered by two words: smart cities.

Smart cities are those that harness the power of technology to provide the best quality of life to all its citizens. This is done by using IoT devices (Internet of Things), which basically consist of sensors on various devices like street lamps, signboards etc, that collect real time data. This data is used to manage traffic and transportation systems, power plants, water supply networks, and for waste management, crime detection, information systems, schools, libraries, hospitals, and other community services. Smart cities are the future.

It is important to note here that the objective of smart cities is to provide the best possible quality of life to their citizens, overcoming the obstacles in the way of this aim through technology. Human-induced climate change and global warming are some of these obstacles. Rising temperatures and sea levels, along with other well documented effects of global warming, which is caused due to the emission of greenhouse gases like Carbon Dioxide, pose a serious challenge to the aim of smart cities of the provision of the best possible standard of living. It is imperative, therefore, to tackle climate change as part of the development of a smart city. Smart city development is a gradual, if planned process and the government can only do so much without the active participation of citizens. Manually switching off electric appliances when not in use, preventing water taps from unnecessarily running, trying to avoid use of air conditioners, are clichéd but incredibly effective pieces of advice.

What's really interesting, however, is that in many ways, the development of technologically advanced smart cities can in itself be a boost to our efforts to combat climate change. Let me explain with an example. Imagine that you are a citizen of a smart city. You, dear smart citizen, wake up in the morning, and find that breakfast is already ready for you, as per instructions given by you to your kitchen appliances via a phone application the previous night. As you leave a room, the electronic appliances in it, like lights and fans, shut down automatically, and all appliances in the house shut down once you leave for work. Your car GPS shows the best route to work based on real time traffic data, thus avoiding unnecessarily getting stuck in traffic jams. Street lights turn on only as your or others' cars pass by them.



As you can see, a smart city is actually a network of well-planned smart homes, streets and offices. Apart from highlighting the potentially considerable increase in the convenience of doing day-to-day activities through the development of smart cities, the examples given above have another important commonality: they showcase the sheer amount of power that can be saved with smart cities, whether in the form of electricity or petroleum. And since both electricity and fuel generation require combustion of coal to a large extent, which invariably leads to carbon dioxide emission, we can safely say that the very existence of smart cities indirectly contribute to reduced carbon dioxide emissions.

Smart cities also lead to increased emphasis on bold technological endeavours, often supported financially by entrepreneurs, which are necessary for the development of their infrastructure. Such technological and entrepreneurial efforts are often focussed on environmental issues like climate change. Probably the best example of this phenomenon is the American entrepreneur Elon Musk, who, through his companies like Tesla and Solar City, has succeeded in bringing into the mainstream innovations like electric cars and solar energy devices, both of which reduce dependence on convention sources of energy and hence indirectly reduce carbon emissions.

The smart cities mission in India incentivises investment into India by companies like Tesla, for example through the development of the necessary electric charging infrastructure. In this mission, 99 cities throughout India have been selected for up gradation to smart cities in a 5 year program. Each city will create a Special Purpose Vehicle (SPV), headed by a full-time CEO, to implement the Mission. Funding will be provided by the central and state governments from 2017-2022, and the company has to raise additional funds from the financial market as a debt or equity. Already the mission is reaping success: On 7 September 2019, the 10,000-acre Aurangabad Industrial City(AURIC) in Aurangabad, Maharashtra was inaugurated as the first greenfield industrial smart city of India.

It is at times of achievement like this that we should look back to the pioneers of our endeavours, the original sources of inspiration and guidance. This month, we celebrate the birthdays of two great men in the history of this nation, who have their imprint all over the smart cities mission: Mahatama Gandhi, and Dr APJ Abdul Kalam.

As one of the earliest Indian environmentalists, humanists and proponents of civic cleanliness, Bapu's environmentalist and humanist aspirations for a clean India have gotten a new lease of life through the smart cities mission. Smart cities not only help combat climate change, as discussed earlier, but IoT devices also help to monitor garbage disposal and sewage systems in real time, making large garbage dumps a thing of the past.

Having played a pivotal role in India's nuclear tests, Dr APJ Abdul Kalam, a man of many titles (with that as the 11th president of India being among his lesser ones), he understood all too well the importance of the new city and that of non-polluting energy sources like nuclear energy, and their role in combating climate change, propelling India to become, in his words, "a developed nation by 2020".

Our successes are but a testament to these two men, along with countless other known and unknown individuals who have spent their lives to help make a better India, one whose citizens are politically, economically and socially empowered. To us they have laid the responsibility of not bequeathing to our children a world ravaged by the ills of climate change. We must march forward on the path they have laid for us, and the development of smart cities is arguably the best way to do so.



Ekansh Agrawal (XII-E)

Tomorrow is Another Day

Take a look around yourself. What do you see? People going on with their lives. Roads bustling with traffic. People sitting in a restaurant, enjoying their food. The leaves of a big banyan tree rustling as a soft breeze blows whipping your hair across your face. A small cat sitting on top of a tree waiting to pounce on its prey. Even as you take in all what is happening around you, are suddenly aware of the church clock striking twelve. Life goes on.

Everyday brings with it a new hope, a new zeal and a fresh start. Sitting in your bed and closing your eyes for a few minutes makes you feel at peace. You maybe going through a really bad phase in your life just then but each day presents you with an opportunity to escape, to amend and to put everything right. Sometimes though, everything doesn't go according to plan. Even if you try your best you never know if that's enough. The key: Never give up! Hustle harder, fight back for there is nothing you can't achieve. Always remember-you were born in this world because you are strong enough to live in it. Not everything you own may stay with you forever. But your inner power? Only yours. You may miss some opportunities in your life, which may shelter you. But you forget that each new day is a blessing itself!

Do your best everyday. Each time you fail, remind yourself that -this is not the end. Refuse to let your precious self confidence fizzle out before a small hurdle, because if not today. Tomorrow is another day.



Ayesha Khatoon (X-C)

Your Future Depends On Your Aspiration

Our future doesn't depend on our aspirations. Atleast, not exactly. I mean, if someone aspires to get into Hogwarts and meet Harry Potter someday, it would be concerning. But for the rest of us, I'd say there are more crucial factors than what a person dreams of, that sets our future on a certain path. For example, in Thermodynamics, we learn that there are two kinds of functions on which the state of a system depends- Path and State functions. State function is a path-independent function, it only depends on the initial and final state of the system. On the contrary, Path function is a path dependent function, it depends on the method/ path taken to do the work. So, for me, it would be more filling to say that future is a Path Function.

I aspire to become a doctor one day. Possibly millions of students do too. But it doesn't mean that all of us are promised a good, rich and wealthy future. What I want to convey is: It doesn't matter what we aspire of, what matters is how one aspires to achieve it. We cannot draw comparisons between the future and our aspirations. As if one could guess the future just by inspecting their aspirations. The future is not set in stone, same goes for aspirations. One dreams of different things at different stages of their life. On that note, there is one thing about aspirations that affects our future—it keeps it going, it keeps us moving forward in life. If you think about it, the future never comes and the past is always gone. What we really have is today, this moment in which I'm writing this article, my aspirations push me forward to reinvent, improvise, challenge limits. It fuels my reality and my being. But I always try to remind myself one thing—Dream all you want, And when you stop; Do what you dreamt of, and do it Right.



Anusha Mittal (XI-B)

My Mother

My mother held my hand and explained me the vanity of human greatness and life and that oblivion is inevitable. You are just a singularity in the infinite universe and yet you behave like cosmos revolves around you.' Those were her exact words. Strange isn't it? Though you have to or rather you want to achieve so many things in this mortal life; if you stop time for a moment and ask yourself does it really matter? Part of me attached to the human world says yes but somewhere deep inside me a faint voice says no, it doesn't. Though faint but yet so earnest, it compels me to take it into consideration. It's not about renunciation it's about acceptance that it doesn't matter that much. The things are one and so is life. Then end of life doesn't mean you go into random nothingness. Since matter is indestructible, we the children of stars stay here just in a different form. True, the world may not remember you will plunge into the world of oblivion we humans don't have time to spare for people other than themselves. This is rather contradictory but I prefer to stick with it since it justifies me and it makes me feel good. We all search for facts that justifies us...The essence is that we all come from the same origin and will return to that origin when time comes.

Oblivion

O mere creature! Why fear oblivion?

Why fear this distend?

Even ozymandias had to face it

Then who are you nobody?



Prasha Mohan (XI-A)

Highest Result of Education is Tolerance

One common thing that we all notice nowadays is the growing violence and intolerance; it is a major concern of the society.

Tolerance, in simple terms is patience. No matter what you do, patience is required everywhere from standing in a queue, to get your burger to understanding moment of inertia. Before reacting we need to comprehend a situation which means not only to examine what will happen to you but also to take into consideration what the other person will feel. We need to have compassion towards our fellow mates. They too are humans after all.

Things might not always go according to the way we plan and this is quite normal. I am sure each one of you would have been through this kind of a situation for at least once, no matter how old you are. Instead of creating a fuss, we should know how to accept things. There are times when we have to calm ourselves and say it's okay. It'll be better next time. Moreover, getting violent, trust me, is not at all the right choice, it only increases the aggressiveness in you, we don't know what the other person is going through even if we do, then sometimes we have to forgive them, irrespective of the fault.

Education is not only about learning the alphabets and sciences, it is also about being sensible, being reasonable. It rather teaches us to stay calm and being patient in the worst situations and to think about our actions and its outcomes. Indeed tolerance is the highest result of education.



Ananya Sharma (XI-B)

Examining Exams

It is a great opportunity- getting to examine what has been examining us for years. Every once in three or four months, our caliber is examined or, to quote it more correctly, we are examined by a series of question papers consisting of questions put up from prescribed, fixed, relevant-to-the-subject books (ironically, we look at some questions in the exam and exclaim "oh!" followed by "where did this come from??" when we all know where it could come from). We answer the questions on the basis of what we read and perceive from these books and later, we receive our reports in the form of marks and grades. Now that's where the trouble begins.

At a glance, if we look from unbiased eyes, examinations seem indispensable. Not only sharpeners for our memory and reading skills, they are essential tools for ensuring that what is taught at school is not just heard-and-forgotten by the student, but fed precisely in the memory of the student. Yet the results that we obtain, i.e. the marks we obtain tend to become the basis of unhealthy judgment by us as well as our "ours". Undoubtedly, a low score in an exam is, for many, synonymous with endless criticism and uninspiring lectures, while a high score is so with top-of-the-world class admiration.

It's not always what the other person comments that influences us; sometimes we are responsible at our own level for misjudging ourselves because, to us, largely marks reflect our capabilities. For several students, an average or low score makes them feel that "the benches and lessons of this class are meant only for the 'toppers'" along with thoughts like "we don't belong here". And perhaps, this feeling is what makes it difficult for them to not be 'Fidgety Philip's in the classroom, where they "do not belong".

However, their generally shy caliber rages so brilliantly in cartoons drawn on desks, in the rolling football on the playground, in unearthly poetries on their maths notebook's last page, in hacked computer systems that were once believed to be so secure, inin where not! But this entire caliber stands at back-foot because the un-belongingness thought is more dominative. Because low score kills our spirit to feel vital about anything. Because examinations only tell us how much we are able to take in and bring out on the answer sheet. Because our list of 'respectable subjects' does not have enough space for performing arts.

Even in the so-called 'respectable subjects', a good score often gives a false impression that the student aces that subject. Because even those subjects are not allowed to be explored beyond a defined limit (our textbooks) by examinations - our Social Science question paper asks from us only that much about the Indian revolution that is given in the textbook.

It doesn't imply that the Examination System needs to be replaced, it's irreplaceable. It holds its own importance as discussed in the beginning of this long discussion. Actually, the System is not incorrect but insufficient and incorrect is our perception about exams. We need to give more value to 'valuable but de-valued' subjects by giving them importance in one's result. We need to extend the limits of exploration of any subject by testing our understanding beyond the textbook. One subject's score does tell you how much you should work on the subject, but it's you who has to find out how much you have explored the subject and how much more you really need to. Though it will be so better if the System changes to incorporate such changes, but even if it doesn't, we are the ones who ultimately have to examine ourselves...

Saumya Jain (XI-F)



The Inspirational Sprinter

Do you know that a polio stricken person won 3 gold medals in single track and field Olympics. Wilma Rudolph, born on June 23, 1940, was affected with double pneumonia, scarlet fever and polio as a child. She had a problem in her left leg because of which she had to wear brace. Doctors said that she would not be able to walk but her mother said that she would walk. She believed in her mother.

She decided to become a pioneering African-American track and field champion. She played basketball at High School. Then she trained hard under the track coach Mr. Ed Temple in Tennessee State University. Under his guidance in 1956 Olympics, she was the youngest person in the team of US track and field in which she won the bronze medal in 400 meters relay at the age of 16. She was the first American woman to win three medals at single Olympic Games in 1960. She got numerous awards, including the 'Associated Press Female Athlete of the Year' in both 1960 and 1961. She shared her story in her 1977 Autobiography, 'WILMA', which turned into a film that very year.

She could achieve the wonders despite her disabilities due to her hard work and determination. Rudolph is remembered as one of the fastest women in track and field. Her story is an inspiration for all. She once stated, "winning is great, sure, but if you are really going to do something in life, the secret is learning how to lose. Nobody goes undefeated all the time. If you can pick up after a crushing defeat and go on to win again, you are going to be a champion someday." This sums up her secret of success.



Stuti Sarah (VII-B)

How Mobile Phones Are Making Us Weaker

Not very long ago, the drawing rooms and the dinner tables used to be a very lively place. But today the laughter, the sorrows, the stories, everything has vanished. Thanks to the mobile phones, not just kids, but parents and even grandparents bury themselves in their phones. What we are not realising is that mobile phones are making kids weaker in all respects. Before mobile phones made us their slaves we used to spend most of our time with family and friends. Parents and grandparents would tell us stories of how they enjoyed best of their time and how they survived through difficult times, which would make us wiser. They would listen to our stories of pranks and laugh with us with a word of caution to not hurt someone. They would tell us why boys should touch feet of their parents everyday and why a girl should not, which would also teach us to respect girls. They would make us an important part of customs and rituals so that we remain connected to our roots.

Today, virtual world is the best friend of kids which means they do not have a real support system. The kids have no one to approach when they need help because they no longer talk to their parents which make them vulnerable at this young age. They no longer carry the experience of their elders which could come to their rescue in difficult times. They are no longer a part of customs and rituals. Technology is important, but the importance of being with the family should not be undermined. All we need is to strike the right balance so that the kids get the best of both worlds.



Manasvi Aggarwal (IV-B)

We Live in Our Minds

We don't live in bungalows, duplexes or flats. We live in our minds. Yes, that's our permanent residence. And there are no constraints of square-feet there. It's a vast space with unlimited area. And you know what! No matter how well-furnished your rooms, balconies, garages and verandas are, life is good only when things are sorted there in your mind.

And that's where we keep All our things. Joys and regrets piling up in one corner, expectations stuffed in a closet, secrets under the carpet, worries littered everywhere, comparisons split on the table, complexes leaking from an old bottle, and grudges stinking in a box.

Be aware for this real home of yours, you can't out source housekeeping, You get to do it yourself.

Aarav Gupta (IV-E)



Friendship

'Friendship refreshes the soul'

Friendship is one of the most beautiful relation in this world. Every person has friends. Friends love each other, care for each other, share their secrets, happiness and sorrows. A friend is the greatest gift of our life.

'A friend in need is a friend indeed'

This famous quote itself describes the meaning of friendship which is when we are in need, a true friend will always be there.

True friends are always caring, loving, loyal and trust worthy. We should be very careful while making friends because bad friends lead us to bad path.

A true friendship is the most beautiful blessing from God so never lose your good friend.

Farheen Fatima (III-B)



10 Amazing Facts About Science

1. Babies have around 100 more bones than adults.
2. Eiffel tower can be 15cm taller during the summer.
3. 20% of the earth's oxygen is produced by the Amazon rainforest.
4. Some metals are so reactive that they explode on contact with water.
5. A teaspoonful of a neutron star would weigh 6 billion tons.
6. A flea can accelerate faster than a space shuttle.
7. Venus is the only planet to spin clockwise.
8. Only the letter 'J' does not appear in the periodic table.
9. Bananas are radioactive in nature.
10. Men are more likely to be colour blind than women.

Vinayak Gauba (V-E)



The Wise Man

There was a wise man and he had solutions for all the problems. People used to come to him complaining about the same problems every time. One day he told them a joke and everyone roared in laughter. After a couple of minutes, he told them the same joke and only a few of them smiled. When he told the same joke for the third time no one laughed anymore.

The wise man smiled and said "You can't laugh at the same joke over and over". Then why you always cry about the same problems.

Moral: Worrying won't solve your problems. It will just waste your time and energy.



Ahana Garg (I-D)

Never Give Up

If I could go back in time and give my younger self Just one piece of advice, It would be to 'Never give up' It's so sad to see that so many people give up on the life they want to live just because of the need to fit in. Fit in with parents, fit in with friends, fit in with society. I believe everyone is capable of creating the life they want. I refuse to believe we are stuck. I refuse to believe in limitations. We are capable of doing anything if we believe in ourselves. Because with self belief comes action and with actions we are open to opportunities.

NEVER GIVE UP

NEVER GIVE UP



Drishti Verma (III-C)

Facts

1. 'Q ' is the only one letter which does not appear in any U.S state name.
2. The tiny pocket in jeans was designed to store pocket watches.
3. The American flag was designed by a high school student.
4. Banging your head against a wall burns 150 calories an hour.
5. 95% of people text things they could never say in person.
6. A crocodile cannot poke its tongue out.
7. It is physically impossible for pigs to look up in the sky.
8. Honey never spoils.
9. More than 50% of the people in the world have never made or received a phone call.
10. Months that begin on a Sunday will always have a 'FRIDAY, 13th'.



Mohona Ray (VI-A)

Environment

Every thing that surrounds us is referred to as our environment. It includes living, non-living, natural and man-made things. Our natural environment includes trees, lushes, garden, rivers, lakes, air etc. Ancient humans lived closer to the natural environment and therefore they lived healthier and longer. But today we are surrounded by an artificial concrete jungle. It would hardly require a second thought to conclude that this self made artificial environment of ours is very harmful for us. Not only we are breathing pollution, but also doing considerable damage to nature. In our expedition to grow materialistically , we are further aggravating the situation. The more we move away from our natural environment the more far we go from healthy life and longevity.



Saundarya Singh (V-A)

Gratitude is Great

One expects a person to be grateful for help that one gets from someone. The perception of that someone ends with the narrow horizon of it being some person but that won't stop me to show my gratitude. I say, I am grateful to place where I was born, the state where I spent my early years, the region which shaped me what I am now. Away from her, she is not somebody who inspires me once or twice, like fuel added periodically to fire but she is the fire herself that burns continuously with her flame reminding me of my duties.

Meeting her is not easy as for that you have to be ready to be bound by the savage feeling of guilt for deviating from daily schedule. She is a thousand miles away from me, but at the same time dwells in me, inspiring me not to stop but to face the trouble. Dwindling academic performance is something that cannot be tolerated, at least by me, is that pain just pierces my heart and robs the peace of my mind. And in such case, the only way to get out of the deep caustic layers of despair is to think of her and it will help. She will mend the bleeding heart, will infuse new hope; she will say 'Don't leave the battle as only then we will meet.' Every vacation when I board the train to meet her, a warm welcome is received by me much before the train reaches to her. The language on the name plate of the train itself speaks it being a spirit who has been sent by her to take me to her, the language in the prayer book, the script of the local calendar, the dialect appears to me as drops of tears from her that conveys an unspoken feeling of belongingness and care. The culture, the 'Hare Krishna' chants inspire me now and then to do what I must do as a student and there are few Gods to whom I am grateful, as this is the least but not the last I could do for them.



Durga Madhab Mishra (XI-B)

Balance is Beneficial

One of the biggest issues in a student's life is to maintain a balance between studies and sports. We mostly believe that Studies are the main focus of any student's life. Our careers are based on it and we must accept that fact. But another important aspect of our life is our health which is only maintained by proper exercise and sports. A wise man once said, "family, friends, and money, will leave you at some point of time, but your body will not, and you must take proper care of it." We all can agree that our body is our best friend and we must take full responsibility of it. But in our busy day-to-day schedule, we often forget about it. Studies are covered every day but unfortunately exercise is not. Life is all about balance and there must be a balance between sports and academics. Surveys prove that playing or exercising for an hour or so makes our body active by charging up the adrenaline in our body and makes us focus better. This can be done daily by having a decent exercise hour followed by a smart and hard study session which would benefit us in both aspects of life. Parents of today often forget about the health side of life and only focus on studies. They force their child to get cent percent marks which puts pressure on the child. The child gets de-motivated by looking at his fat body. They feel fitness is important but our not able to devote time due to their busy study sessions. We as students and our parents must understand how important balance is in any aspect of life.



Spandan Mohapatra (X-F)





Anugoonj

Annual day of primary department- 'Anugoonj', was celebrated with glitz and glory on 30th November 2019. The show was graced by the benign presence of President (Shanti Devi Education Society) Shri Bikramjit Ahluwalia and Smt. Sudarshan Ahluwalia, Chief Guest Swami Prem Parivartan (Peepal Baba- Environmentalist), Guest of Honour Mr. Ankit Kumar (Indian Forest Services), Director Ahlcon Schools Mr. Ashok Pandey, Principal Dr. Deepak Raj Singh Bisht and other eminent guests.

The cultural extravaganza based on the theme 'Bachpan' had an array of scintillating performances in which the students played orchestra on popular child centric songs, sang a melodious song 'Ek Din Chhutti Hogi' and presented Munshi Prem Chand's Play 'Eid Gaah' collaborating it with the present day scenario. A fusion dance performance by budding artists mesmerised the audience taking them down memory lane into their childhood .

The students' exemplary achievements in the area of Art & Craft, Music, Dance, Computer and Literary Activities were acknowledged in the Prize Distribution Ceremony.





VIVIDHA- AN INTER SCHOOL FIESTA

29 August 2019

Ahlcon Public School (Primary Wing) Mayur Vihar, Organised Inter School Fiesta - Vividha 2019 for students of Classes 1 to 5. Many schools from Delhi & NCR participated in it. This event gave an opportunity to the participants to showcase their talents in various fields. A multiple of events like Heritage (Folk Art), Kalakriti (Art Composition), Mural (Craft Activity), Prakriti ki Vikriti (Nukkad Natak), Harmony (English song), Numeric Maestro- Maths Activity, What's The Good Word (English Quiz), Concursion (Talk Show), Little Chef (Muffin Decoration) and Taal vadya- Tabla (solo) were organised.

The day began with the lighting of the ceremonial lamp by the Principal Dr. Deepak Raj Singh Bisht, Vice Principal Ms. Veni Bhardwaj and Primary Headmistress Ms. Tara Malviya followed by Ganesh Stuti. Principal Dr. Bisht addressed the gathering with his enlightening words. Ahlcon being the host only participated and did not compete in any of the events. The Prize Distribution marked the end of day long celebration, with Apeejay School, Noida bagging the Champions Trophy.



Art Achievements

'Art With Purpose 2019' - an art competition was organised by Faber Castell on 14th August 2019 in the school. Kavishee Rautela of I-A was one of the 12 National winners and received her prize at the Grand Award Ceremony held in Goa. A Trophy was also awarded to the school and the Primary Art Department for being a constant source of motivation, strength and inspiration to the students.

An art competition was organised by **Navneet Publication** in the month of November 2019. Arpita of II-D bagged the Yuva Master Stroke Award 2019 at State Level and Farhaan Alam of V-E bagged the Yuva Master Stroke Award 2019 at District Level.



The winning team of Group Dance (Vasantotsav) competition held at Ahlcon International School

Tours and Travels

Trip to – Humayun's Tomb (IV-V), Kidzania (I-V), Parle-G factory (III), Lodhi Garden (I-II), Adventure Day Camp (I-V) to foster holistic growth of the students and stimulate comprehensive learning.





संपादक की कलम से

कलम से लिखा गया हर शब्द
एक नया गीत एक नया राग गाता है,
नए-नए विचारों का भंडार लाता है।

‘विवित्सा’ के इस नए अंक के प्रकाशन पर सभी को बहुत-बहुत बधाई। मेरे लिए विवित्सा का संपादक होना एक सपना साकार होने के समान है। मुझे खुशी है कि मुझे इस विद्यालय-पत्रिका का हिस्सा बनने का मौका मिला। मैं पिछले 3 सालों से संपादकीय मंडल से किसी न किसी रूप में जुड़ी रही हूँ। मैंने यह महसूस किया है कि विवित्सा विद्यार्थियों की आंतरिक रचनात्मकता को निखारने का एक सुंदर माध्यम है। विद्यार्थी अपनी कल्पनाशीलता एवं सृजनात्मकता को इस पत्रिका के माध्यम से उजागर करते हैं। यह पत्रिका विद्यार्थियों को एक ऐसा मंच प्रदान करती है जहाँ वे कुशल मार्गदर्शन में विचारों को कलमबद्ध करना सीखते हैं। यहाँ विचारों का बीजारोपण होता है। यह न केवल सुंदर रचनाओं का संकलन है अपितु विद्यालय की वर्षभर की उपलब्धियों का प्रतिबिंब भी है।

यह कहने में मुझे जरा भी संकोच नहीं हो रहा है कि यहाँ प्राप्त ज्ञान, प्रतिभा, कला, कौशल को मैं जीवन पर्यंत स्मृतियों में थाती के रूप में संभालकर रखूँगी क्योंकि यह विद्यालय मेरे लिए दूसरे घर की तरह रहा है। इस विद्यालय के साथ और भी बहुत सी यादें जुड़ी हैं तथा बहुत से अनुभव लेकर जा रही हूँ।

मैं विवित्सा के सुंदर तथा उज्ज्वल भविष्य की कामना करते हुए इस अंक में प्रकाशित हर नन्हें कलाकारों को उनके कार्य के लिए बधाई देती हूँ तथा अपने सभी शिक्षकगण एवं अपने प्यारे दोस्तों को उनके सराहनीय प्रयास के लिए आभार व्यक्त करती हूँ।



निष्ठा अरोड़ा, बारहवीं-ए

Prayers and Blessings at the Farewell Ceremony for Class XII



सीता की विपदा

धनुष टूटने पर मन
मेरा भी मुस्काया था,
एक वचन मात्र से टूट गया
जो सुख संसार बसाया था ।

वचनबद्ध दशरथ का जो
कैकयी ने लाभ उठाया था,
वही कर्म ही काम वधू
हेतु दुर्भाग्य ले आया था ।

एक ओर रचा स्वयंवर
दूजी ओर षडयंत्र रचा था,
मेरे अपहरण उपरांत कदाचित
मेरा सम्मान बचा था ।
परपुरुष के आँगन में भी
मेरा दामन पाक रहा,

पर मिथ्यावचन के परछाँव का
राम हृदय में दाग रहा ।

फिर उजली सो मैली भई मैं
विरह घड़ी आ गई निकट,
मानो त्यागी तन ने आत्मा
परिस्थिति भी भई विकट ।
राम नाम की विजय हुई

मेरा तो अस्त हुआ था सूरज,
छिन्न-भिन्न हो गया था जीवन
रहा न आत्म-प्रेम, न धीरज ।
सत्य न मोड़ा गर्भवती ने
पैरन पड़ गए छाले,
वाल्मीकि आश्रम आकर भी
न की गई राम हवाले ।

उड़ा हास-परिहास नगर में
मूक हुई मेरी काया,
संवेदनाओं के झूठे बोल का
कोई राम संदेश न आया ।

जोगन भी मैं, राम लगन भी
भजती राम, सो जपती माला,
जप कर दिनभर बीता सारा
तन उजला मन दुख से काला ।

मर्यादा पुरुषोत्तम ने जब
मर्यादा को भंग किया,
तब मेरी नारी शक्ति ने

सजीव स्वयं का अंग किया ।
अग्नि परीक्षा की ज्वाला संग
धरती में समाई मैं,
बेटी थी, न अपनाई गई
कर दी गई पराई मैं ।

दिपांशु, दसवीं-ए.



सैनिक

हे सैनिक! हे सैनिक!
तू है हमारे गर्व का अधिकारी, तू है हमारा सम्मान ।
क्यों? जानता है क्यों?
चल बता कौन देता है देश के लिए जान ।
हाँ वह तू है, तू ही है ।
हे सैनिक! तेरा पराक्रम, तेरा शौर्य सबसे ज्येष्ठ ।
भारत माँ की रक्षा के लिए, भारत माँ की रक्षा हेतु,
तू ही है श्रेष्ठ ।
चाहे जल हो या आकाश या हो थल,
उसकी रक्षा के लिए तू ही लड़ा था ।
ना घर की चिंता की, ना अपनी जान की, अपने देश
को बचाने के लिए तू अपने आप को बलिदान है करता ।
तेरी आँखों को देख दुश्मन का डर जाना है निश्चित,
तू चिंता मत कर, तेरे बाद देश की रक्षा के लिए तेरे
जैसे बहुत से हो चुके हैं निर्मित ।
तेरे शहीद होने पर हमें दर्द बड़ी है होती,
किसी माँ ने अपना बेटा खोया किसी बहन ने भाई,
किसी बच्चे ने पिता को या किसी ने अपना पति ।
यह जानते हुए भी जाता है तू सरहद पर,
सीना तान कर ।
जा सैनिक जा, पूरे देश का गर्व है तुझ पर,
तू रहेगा हमेशा अमर ।
तू अपनी पूरी जी जान से लड़ता,
क्योंकि हम सब जानते हैं तू हमें नहीं बनने देगा गुलाम ।
हे सैनिक! तू है सर्वश्रेष्ठ, तुझ को मेरा सलाम ।



आकाश सस्मल, नौवीं-सी

क्यों माँ ?

आज फिर यह बात मन में आई है,
माँ मुझे दुनिया में क्यों लाई है ?

कहीं खून खराबा तो कहीं मची तबाही है,
क्या मनुष्यों ने यही शिक्षा पाई है ?



क्यों औरतों का ही होता है अपमान ? **विभूति शर्मा, नौवीं-डी**
क्या लड़के हैं किसी भगवान समान ?

जब औरत की इज्जत उछाली जाती है,
तब आदमी को अपनी माँ या बेटी की याद नहीं आती है ?

आज फिर यह बात मन में आई है,
माँ मुझे दुनिया में क्यों लाई है ?

बेटों के आने पर जो जश्न मनाया जाता है,
बेटियों के आने पर वो ग़म में क्यों बदल जाता है ?

आदमियों ने हमेशा अपनी चलाई है,
क्या औरतों की बात किसी को समझ नहीं आई है ?

औरतें न होंगी तो दुनिया कैसे चल पाएगी ?
बेटों को सही शिक्षा कौन दिलाएगी ?

आज फिर यह बात मन में आई है,
माँ मुझे दुनिया में क्यों लाई है ?

लड़कियों ने हर चीज में बराबरी का हिस्सा निभाया,
क्या कभी किसी को वो नज़र आया ?

एक लड़की अपना घर, नाम, सब छोड़ देती है,
तब भी लड़के को उसे और अपेक्षा क्यों रहती है ?

जब बेटियाँ रात 10 बजे के बाद बाहर जाती हैं,
माँ बाप की धड़कने क्यों बढ़ जाती हैं ?

मैं जानती हूँ रह जाएँगे मेरे ये सवाल अधूरे,
क्या कोई है, जो कर सकता है इन्हें पूरे ?

आज फिर यह बात मन में आई है,
माँ मुझे दुनिया में क्यों लाई है ?

पिता

हर दुःख हर दर्द को
वह हँस कर झेल जाता है
जब बात बच्चों की हो
तो पिता मौत से भी खेल जाता है।



विधि गुप्ता, नौवीं-एफ

चाहें पैसों की कितनी भी परेशानी हो
पर बच्चे के फ़रमाइश करने से पहले
वह उसकी हर ख़्वाहिश पूरी कर लाता है।

बेटी की विदाई पर दुख में
और बेटे की पहली कमाई पर सुख में
वह रोना भी चाहता है
पर रो नहीं पाता,
वह कितनी भी कोशिश क्यों न कर ले
वह अपने जज़्बात छुपा नहीं पाता।
उसका प्यार दिखता नहीं
क्योंकि वह दिखा नहीं पाता
प्यार वह भी बहुत करता है यार
फ़र्क़ बस इतना है कि
वह माँ की तरह दिखा नहीं पाता।
और उसे ज़रूरत भी नहीं
अपने प्यार को सबके सामने जताने की
क्योंकि उसके बच्चे जानते हैं कि
वह उनके लिए कुछ भी कर सकता है
इसलिए वह कोशिश नहीं करता
अपने प्यार को समझाने की।

उनके उपकार हम पर इतने हैं
कि धन्यवाद करने के लिए भी शब्द नहीं
मिलते हैं।
पर आज 'थैंक यू' से ही धन्यवाद कर रहे हैं
क्योंकि वह हरदम अपनी खुशी पर रख कर
हमें जीते जी स्वर्ग का अनुभव दे रहे हैं।

चुनाव

समाज के समृद्धि लोग चुनाव खत्म होते ही ताना-बाना बुनते हैं,
गरीबों के खेतों से अंधाधुंध वोटों का दाना चुनते हैं।

लोग कहते हैं सरकार पूरी की पूरी निकम्मी है,
रुपए में देश पर खर्चती चवन्नी है।

देश में सुरक्षा व्यवस्था नहीं, ना देश में रोजगार है,
शिक्षक लोग रोज़ चाय पर चर्चा करते हैं कि देश की सरकार
पूरी की पूरी बेकार है।

गनीमत है इन शिक्षित, सभ्य और समृद्ध लोगों की
चुनाव के दिन छुट्टी मनाते हैं और कंबल तान के सो जाते हैं,
कोई गलती से पूछ ले कि वोट देने क्यों नहीं गए तो
मानो काटने को दौड़ते हैं।

नीचे झाँककर देखा तो ज्यादातर वही लोग मतदान का त्यौहार
मना रहे थे

जिनके हाथों में मछली और शराब नज़र आ रही थी।

लानत है ऐसे शिक्षित लोगों पर जो मतदान वाले दिन छुट्टी
मनाते हैं

और चुन जाने पर गलत सरकार भ्रष्ट तंत्र को सुनाते हैं।

ज़रा गौर करें मित्रों।

जब हम ना करेंगे मतदान तो मुफ्त की
शराब पीने वाला ही चुनेगा सरकार,

कभी ना लगेगी इनसे डूबती नैया पार,
तो आइये संकल्प लें हर हाल में
उपयोग करेंगे अपना मतदान।

जिससे देश बने महान।



श्रेया वर्मा, नौवीं-डी

तू माँ है मेरी

हाँ तू माँ है मेरी

तूने मुझे चलना सिखाया है।

चाहे कितनी ही सख्त है तू

तूने मुझे हँसना सिखाया है।

हाँ तू माँ है मेरी

जब कभी याद आती है तेरी

याद करता हूँ तुझे

तो मुझे भी खिलखिलाना आ जाता है।

क्या जादू है तेरी ममता में

तुझसे दूर हूँ तब भी लगता है,

तेरे पास सदा रहता हूँ मैं।

हाँ मेरी माँ है तू।

बहुत दुख देती है यह ज़िंदगी,

जितने सुख मिले हैं मुझे

सब तुझसे पाता हूँ मैं।

हाँ मेरी माँ है तू।

तूने मुझे जीना सिखाया है।



उत्कर्ष गुप्ता, नौवीं-ई

पापा

पापा, पापा ओ मेरे पापा!

सबसे प्यारे मुझे तुम हो मेरे पापा,

छोटी थी जब दुनिया में आई,

गोद में लिया था तुमने मेरे पापा,

तब से बन गई थी, मैं पापा की दीवानी

मैं तो हूँ अपने पापा की प्यारी, प्यारी रानी,

पापा, पापा ओ मेरे पापा!

शब्द पहला निकला मेरे मुख से था, पा-पा पापा

सुन रहे हो ना ओ मेरे पापा,

उँगली पकड़ कर चलना सिखाया था,

जो माँगा पल में वो पाया,

वो गुड़िया ला दो,

किचन सेट दिलवा दो,

कार स्कूटर एक मेरे खिलौने का कमरा ही सजा दो।

पापा, पापा ओ मेरे पापा!

जहाँ भी जाऊँ लेने आप चलते थे,

अंगरक्षक की तरह, हर पल मेरे साथ बढ़ते थे,

मेरी छोटी से बड़ी हर खाहिश को पूरा करते थे,

एक बार भी ना उदासी को मुझे छूने देते थे,

पापा, पापा, ओ मेरे पापा!

कैसे करूँ तुम्हारा शुक्रिया ओ मेरे पापा!

दिल की गहराइयों से है प्यार मुझे तुमसे पापा,

मैं आपकी रानी, आप मेरे दुनिया के सबसे अच्छे पापा,

पापा, पापा, ओ मेरे पापा!

पापा, पापा, ओ मेरे पापा।



खुशी सिंह, तीसरी-बी

मेरे प्यारे पापा

जब मम्मी डाँट रही थीं
तो कोई चुपके से हँस रहा था,
वे हैं मेरे पापा।
जब मैं सुबह उठी
तो कोई बहुत थक कर भी
काम पर जा रहा था,
वे हैं मेरे पापा।
सपने तो मेरे थे
पर उन्हें पूरा करने का रास्ता
कोई और ही बताये जा रहा है,
वे हैं मेरे पापा।
अँगुली पकड़कर चलना सिखाया,
मुझको अपनी नींद देकर सुलाया हमको
अपने आँसू छुपा कर हँसाया जिसने मुझको
वे हैं मेरे प्यारे पापा।
मैं तो सिर्फ अपनी खुशियों में हँसती हूँ
पर मेरी हँसी देखकर जो अपने ग़म भुला जाते हैं
वे हैं मेरे पापा।
खुशी मुझे होनी चाहिए कि वह मुझे मिले,
पर मेरे जन्म लेने की खुशी तो कोई और ही
मनाए जा रहा था,
वे तो थे मेरे पापा।
मेरा स्वाभिमान है वो
अपने हर फर्ज निभाते हैं,
मेरी खुशियों के लिए
खुद कर्ज में डूब जाते हैं,
दुनिया पैसे से चलती है
पर जो सिर्फ मेरे लिए पैसा कमाए जा रहे हैं
वे तो हैं मेरे पापा
फल खाने की तो जरूरत उन्हें है,
पर कोई मुझे ही सेब खिलाया जा रहा है
वे हैं मेरे पापा।
वे तो हैं मेरे पापा
आई लव यू पापा



गौरी गुप्ता, ग्यारहवीं-बी

नेत्र दान महादान

चार दिन के अँधेरे ने
मेरी अंतरात्मा को हिलाया है,
सूरदास के जीवन ने
मेरे मन को तड़पाया है।
गहन अंधेरा, गहन उदासी,
चारो तरफ छायी थी,
किरण की रोशनी,
आज रंगों से मात खाई थी।
वक्त ने क्या रूप दिखाया था,
मुझे पल-पल का मोहताज बनाया था।
मुझे पल-पल का मोहताज बनाया था।
मुझे सब रंग याद आ रहे थे,
मेरे मन में तूफान ला रहे थे।
ईश्वर की दी नजर,
जिस किसी को नसीब नहीं होती है,
उनकी दुनिया में कितनी बेबसी होती है
उस बेबसी को हम मिटा सकते हैं,
नेत्र-दान करके किसी को,
ये सुंदर-सृष्टि दिखा सकते हैं।
आज ये वादा हम अपने आप से करते हैं,
जीते जी सब काम आते हैं,
हम मर के भी काम आयेंगे,
अपनी आँखों से किसी नेत्रहीन को,
ये खूबसूरत दुनिया दिखाएँगे
धृतराष्ट्र के जीवन में,
संजय बन छा जाएँगे।
नेत्र-दान 'महा दान'।



धृती महेशवरी, तीसरी-बी

संस्कृति

जिस कारण से देश हमारा कहलाता है महान
जिस कारण से सारे जग में हमारी ऊँची है शान,
हम समझाएँ विश्व को रिश्तों का सम्मान,
हमें है करना अब तो मिलकर अपनी संस्कृति का उत्थान!

संस्कृति हमारी धरोहर है, जो है अति अनमोल,
हमें सिखाये आदर सबका और मीठे बोल,
हम सीखे संस्कृति से ही सीमाओं में रहना,
धरती की तरह सबको देना और सब कुछ सहना।

कुछ लोग है मंदबुद्धि जो इसे न समझ पा रहे,
जबकि विदेशी हमारे देश में आकर
हमारी ही संस्कृति अपना रहे,
हमें रहेगा अपनी संस्कृति पर सदैव
ही अभिमान,
तो आओ करे मिलकर अपनी
सभ्यता और संस्कृति का सम्मान !



सुरभि भट्ट, नौवीं-एफ

रोज दिवाली

जब मन में हो मौज बहारों की
चमकाए चमक सितारों की,
जब खुशियों के शुभ घरे हों
तन्हाई में भी मेले हों,
आनन्द की आभा होती है
उस रोज दिवाली होती है।
जब प्रेम के दीपक जलते हों
सपने जब सच में बदलते हों,
मन में हो मधुरता भावों की
जब लहके फसलें चावों की,
उत्साह की आभा होती है
उस रोज दिवाली होती है।
जब तन-मन जीवन सज जाएँ
सद्भाव के बाजे बज जाएँ
महकाए खुशबू खुशियों की
मुसकाए चंदनियाँ सुधियों की
तृप्ति की आभा होती है
उस रोज दिवाली होती है।



मृगांका त्रिपाठीए तीसरी-सी

जब मैंने

जब मैंने जीना चाहा, तो क्यों मुझे
जन्म से पहले ही मार दिया गया?
जब मैंने पढ़ना चाहा तो क्यों मुझे घर
के कामों में उलझा दिया गया?
जब मैंने हँसना चाहा, तो क्यों मुझ पर
पाबंदी लगा दी गई?
जब मैंने कामयाबी के सपने देखे, तो
क्यों मुझे बेड़ियाँ पहना दी गई?
जब मैंने ऊँचाइयों को छूना चाहा, तो
क्यों मेरे पंख काट दिए गए?
सिर्फ इसलिए कि मैं एक लड़की हूँ
या इसलिए कि समाज कई सवाल
करेगा?
या फिर इसलिए कि समाज में
लड़कियाँ सुरक्षित नहीं हैं।



आस्था शर्मा, ग्यारहवीं-एच

खुद को अपना बना

उम्मीदों को मत छोड़
हौंसला बुलंद कर

किसी और को नहीं
खुद को अपना बना।

बिछे हुए फूल मंजिलों तक होंगे तुम्हारे
मिली राह की थकानों को अपना बना।

खुशी जो छूट गई, दौड़ के आएगी।
आ रहा जो गम बेखौफ हो, अपना बना।

कोशिश कभी बेकार नहीं होती
तकदीर नहीं तस्वीर को अपना बना।

बेखबर अनजान है जिंदगी
मितने से पहले सबको अपना बना।



निष्ठा अरोड़ा, बारहवीं-ए

मेरा देश

देश के बिगड़ते हालात पर आज मंथन जरूरी है
सुलगते हुए भारत की आग बुझाना जरूरी है।

नेताओं ने लूटा है देश को,
तो जनता भी कम जिम्मेदार नहीं है।
बिगड़ती हुई अर्थव्यवस्था से लगता है
किसी को कोई सरोकार नहीं है।
यदि उन्होंने अपना खाता बैंक में खुलवाया,
काला धन अब अर्थव्यवस्था की हर नस-नस में समाया।
हर छोटा-बड़ा आदमी इसकी चपेट में आ गया,
डॉलर के समान जो रूपया था,
अब इसके पैरों में आ गया।
मँहगाई की सुरसा का मुँह बंद करना जरूरी है
देश के बिगड़ते हालात पर आज मंथन जरूरी है।

जाति झगड़ों में यूँ ही उलझे रहे
हिंदू-मुसलमान को छोड़ो, एक ही धर्म के लोग
आपस में ही झगड़ रहे।
आजादी और जिहाद के नाम पर मार रहे, क्यों अपनों को हम?
केवल भारतवासी कहलाना क्या अपने में अभिमान नहीं है?
बिखरे मोतियों की माला आज पिरोना जरूरी है
देश के बिगड़ते हालात पर आज मंथन जरूरी है।
अधिकारों की हम करते बात,
कर्तव्य का हमें ज्ञान नहीं
राष्ट्रीय संपत्ति का उपयोग करें हम
तो भी सुरक्षा का दायित्व नहीं
छोटे-छोटे लालच से जकड़े हम, कैसे कर्तव्य निभा पाएँगे?
बिजली पानी व कर की करके चोरी, क्या स्वार्थी नहीं बनते जाएँगे?
भ्रष्ट हो चुके समाज की आज नींव हिलाना जरूरी है।
देश के बिगड़ते हालात पर आज मंथन जरूरी है।



प्रशा मोहन, ग्यारहवीं-ए

है नमन मेरा तुम वीरों को

सलाम है मेरा तुम वीरों को जो अपनी जान गवाँ बैठे।
सलाम है मेरा तुम वीरों को जो घर-परिवार गवाँ बैठे।
सलाम है मेरा तुम वीरों को जो राष्ट्र आजाद कर बैठे।
सलाम है मेरा तुम वीरों को जो दुश्मन की जान ले बैठे।
जय हिंद मेरा तुम वीरों को जो दुश्मन पर कमान रखते हो।
जय हिंद मेरा तुम शूरवीरों को जो जहन में देशभक्ति, हिम्मत
की जबान रखते हो।
है दुनिया में कोई पर्याय नहीं हमारी भारतीय सेना का।
जो हथेली पर जान और दिल में हिंदुस्तान रखते हैं।
है नमन मेरा तुम वीरों को, है नमन मेरा तुम वीरों को।
है गर्व मुझे उन वीरों पर जो शांति में योगदान करें।
है गर्व मुझे उन सपूतों पर जो दुश्मन की कोशिशों को नाकाम
करें।
है गर्व मुझे उन वीर सपूतों पर जिन्हें जान
की परवाह नहीं।
है गर्व मुझे उन ज़ज्बे पर जो करना
किसी की बात नहीं।
है नमन मेरा तुम वीरों को, है नमन मेरा
तुम वीरों को।



सुरेश चंद, नौवीं-सी

देश हमारा

भारत देश हमारा है,
सब देशों से न्यारा है
शीश उठाए खड़ा हिमालय
करता इसकी रखवाली है।

कल-कल बहते सुंदर झरने
मीठे गीत सुनाते हैं।
झम-झम बरस-बरसकर बादल
धरती की प्यास बुझाते हैं।

शीतल मंद पवन के झोंके
खेतों को लहराते हैं
भाँति-भाँति के सुंदर पक्षी
मीठी तान सुनाते हैं।



सान्या अरोड़ा
तीसरी-सी

इसकी धरती उगले सोना
भारत देश मेरा सलोना
नित-नित शीश झुकाते हैं
तभी हम गर्व से हिंदुस्तानी कहलाते हैं

हमारी प्रकृति

पोषण माँ जैसा है करती,
स्नेह भी हम पर बहुत लुटाती,
वे कहते हैं माँ जैसी है,
माँ जैसी नहीं, माँ है प्रकृति।

नदियाँ, पर्वत लहराते सागर,
है उसके शृंगार स्वरूप।
भूमि से सोना उपजाकर,
पोषण सभी का करती है।

नभ कहता है फैलो इतना
ढक लो तुम सारा संसार।
पृथ्वी कहती धैर्य न छोड़ो,
कितना ही हो सिर पर भार।



तेजस गुप्ता, तीसरी-सी

उस रात

उस रात
एक जवान लेटा था
सफ़ेद चादर ओढ़े उस पहाड़ी पर
जहाँ पर जम जाती है लोगों की हाड़ भी
यहाँ गाढ़े हरे टेन्ट में,
बिछा था बिस्तर
चादर भी थी,
लेकिन वो सो नहीं रहा था
वह सोच रहा था,
वह सोच रहा था, आँखों में,
आँखों में आँसू लिए
और नीली साड़ी पहने
अपनी माँ के बारे में
वो माँ
जो कभी कहती थी 'जा'
आज कहती थी 'आ भी जा'

वो माँ
जो अपने आखिरी पलों में
याद कर रही थी अपने बेटे को
उस जवान को
एक आखिरी बार,
वो माँ
जो विदाई ले चुकी है
इस दुनिया से,
जो छोड़कर जा चुकी थी
उस रात

अपने बेटे को
बर्फ़ पर लेटे उस जवान को,
लेकिन बंदूक उठा ली उसने
सुनते ही गोलियों की आवाज़
और चला गया सरहद पर
ताकि बचा सके किसी जवान को
और पूरी कर सके
किसी और माँ की आखिरी ख़्वाहिश।



स्नेहिल, आठवीं-ए

यादें

जो रात गई, सो बात गई।
यादों को क्यों हम याद करें,
उनके बारे में सोचकर क्यों अपना समय
बर्बाद करें।
कुछ अच्छा और कुछ बुरा तो होता
रहता है जीवन में,
उसके बारे में सोचकर नहीं बदलेगा
हमारा अतीत ये।



सिद्धार्थ झा, नौवीं-सी

जो बीत गया समय अब वापस तो नहीं आयेगा,
हमारा भविष्य खुद हमसे ही तय हो पाएगा।
घड़ी का काँटा जो हिला वह कहाँ लौटकर आता है,
हमें समय व्यर्थ करते देख सामने वाले का क्या जाता है?

ऐ मानव! तेरी कठिन है यात्रा, रास्ते में बहुत काँटें हैं,
समय के साथ चलकर तू पार कर इन्हें, फिर दूर-दूर तक
फूल नज़र आते हैं।
जिंदगी हमें बहुत मौके देती है, हमें उनसे प्यार करना है,
सारी कठिनाइयों से लड़कर जीत का समंदर पार करना है।

याद रखेगा तुझे जमाना, अगर तूने कुछ कर लिया,
ना कर पाया तो खुद कहेगा यह मैंने क्या कर दिया।
कुछ ऐसा कर कि ये जहाँ तुझे भुला न पाएगा,
और तू प्रत्येक व्यक्ति की यादों में बस जाएगा।

तितली

ईश्वर सुंदर पंख लगा दो ना,
तितली मुझे बना दो ना,
बागो में उड़-उड़ जाऊँगी,
सुंदर पंख लहराऊँगी।
ईश्वर सुन्दर पंख लगा दो ना,
तितली मुझे बना दो ना,
नदी, तालाब के पास उड़-उड़
जाऊँगी,
मछलियों से तैरना सीख जाऊँगी।
ईश्वर सुंदर पंख लगा दो ना,
तितली मुझे बना दो ना,
बादलों के पार उड़-उड़ जाऊँगी,
पंछियों के संग दौड़ लगाऊँगी।
ईश्वर! सुंदर पंख लगा दो ना,
तितली मुझे बना दो ना,
अरमानों के पंख लगा उड़-उड़ जाऊँगी
मंजिल अपने सपनों की मैं पा लूँगी।



शिवांशी जैन
तीसरी-डी

हमारी धरती



सुरभि भट्ट, नौवीं-एफ

हमारी है यह सुंदर धरती !
धूप में यह है जलती,
पर बारिश में है खिलती,
जिंदगी है यहाँ कण-कण में फलती !

प्रकृति की सुंदरता है जगह-जगह छायी,
कहीं हैं ऊँचे पर्वत, तो कहीं है गहरी खाई !
नदियाँ और झरने कल-कल बहते,
मानो हैं मीठे गीत ये कहते !

तरह-तरह के जीव जन्तु यहाँ रहते,
धरती के बदलते मौसम ये सहते,
सुंदर धरती की सुंदरता बढ़ाते !

पर मनुष्य, ये क्या कर रहा ?
अपने स्वार्थ के लिए धरती को नष्ट कर रहा,
जंगलों को काट, वातावरण को दूषित कर रहा,
अपनी सुन्दर धरती को असुंदर कर रहा।

आओ मिलकर अपनी धरती को बचायें,
लालची मनुष्य के आगे धरती की ढाल बन जाएँ,
लोगों को जगायें, समझाएँ और जागरूक बनायें,
समय रहते धरती को फिर से सुंदर बनायें !



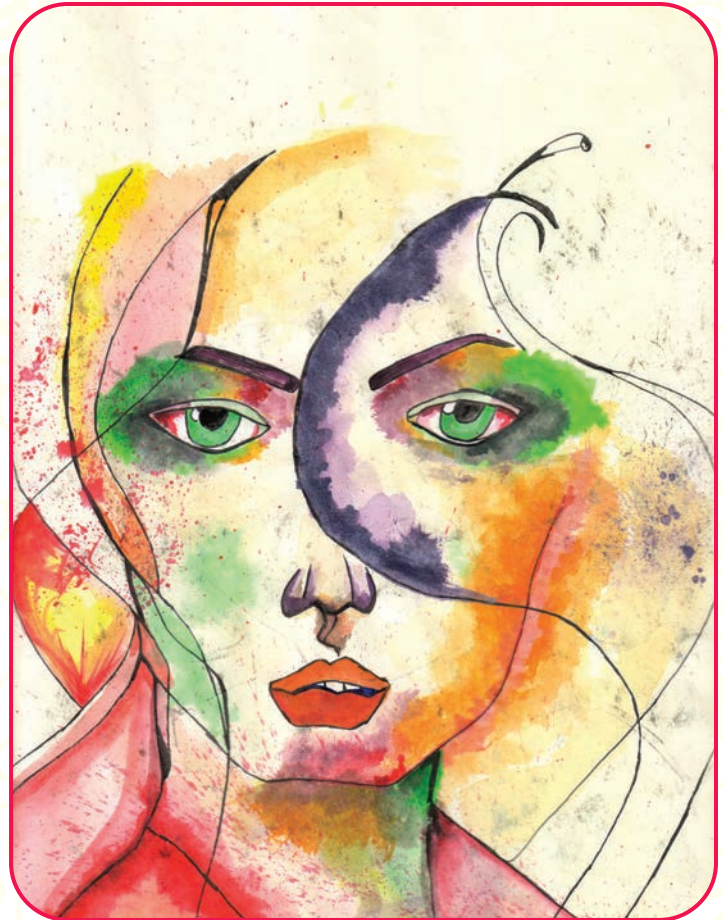
Manish, IX-C, 2016

हमारी दिल्ली

कविताएँ तो बहुत सुनी, कोई देश तो कोई विदेश पर।
आज मैंने भी सोचा लिख डालूँ, अपनी राजधानी दिल्ली पर।।
कहते हैं इसको राजधानी, कहते हैं इसको राजधानी।
पर दिल रोता है पानी पानी, सुन कर इसकी कहानी।।
पंजाब में पंजाबी रहते, बंगाल में बंगाली।
दिल्ली में रहते, सभी प्रांत के प्राणी।।
कोई आता यहाँ काम ढूँढ़ने, कोई आता यहाँ पढ़ने।
कोई आता यहाँ इलाज करवाने, कोई आता यहाँ घूमने।।
दिल्ली की क्षमता से अधिक, लोग यहाँ बसते हैं।
पानी और बिजली को, लोग यहाँ तरसते हैं।।
मत पूछो हाल यहाँ का, प्रदूषण और सफाई का।
साँस भी लेना भारी हुआ, हर दिल्ली-वासी का।।
ट्रैफिक का तो हाल न पूछो.....
बीस मिनट की दूरी को, लगता सवा घंटा है।
इससे बेहाल और परेशान, सारी यहाँ की जनता है।
सत्तर साल बीत जाने पर भी, राजनेता शोर मचाते हैं।
पहले के नेताओं ने कुछ नहीं किया, हम करके दिखलाते हैं।।
कोई कहता है—दिल्ली को पूर्ण राज्य बनवाऊँगा।
दिल्ली की व्यवस्था को, अपने तरीके से चलवाऊँगा।।
हाल न पूछो यहाँ की जनता का, बीमार हो जाएँ तो
अस्पताल नहीं।
पास हो जाएँ तो कॉलेज नहीं, पढ़-लिख जाएँ तो नौकरी नहीं।।
विदेशी यहाँ आते बड़ी-बड़ी उम्मीद से।
देखकर परेशान हो जाते, गंदगी और भीड़ से।।
सरकार से गुज़ारिश करती हूँ, जनता की ओर से।
यूँ मुँह न मोड़िए, अपने कर्तव्यों की ओर से।।
दिल्ली को फिर से, बना दो दिल्ली-दिलवालों की।
हमें भी फख्र हो, दिल्ली-वासी होने की।।



ग्लोरिया बुद्धिराजा, दसवीं-डी



अहिंसा परमो धर्मः

कमजोर नहीं होते, जो चलते हैं
अहिंसा के मार्ग में
बस यहीं छोड़ देते हैं हिंसा के रास्ते।
आसान नहीं अहिंसा के मार्ग पर चल पाना,
उन महावीरों को मिलती है गम की साँगाते
सबको न मिलता है यह खज़ाना।
राहों में आगे सबके लिए खड़े,
देखो कभी तुम इस राह पर चल के भी,
यह तो शीतल है, पर है यह चिंगारी
यह है आजाद हिंद की आग भी।
हिंसा के पीछे क्यों कमजोर बनते ?
आओ अपनी शक्ति को अहिंसा बनाएँ।
होती क्या आजादी बापू सिखलाएँगे
अगर खबर होगी तुम्हें अहिंसा की।
असली विजय वो नहीं, जो अस्त्र से
जंग जीतते हैं,
विजय तो वही है जो अहिंसा के
शास्त्र से
अपने विरोधियों के मन में सत्य का
दीपक जला देते हैं।



खुशी, नौवीं-डी

एक अंतिम कहानी

भरी शीत से सूखा, पर तब भी सतर्क खड़ा
यह शाल का वृक्ष कह रहा है अपनी कथा।
अपने अंतिम समय में एक पहली और आखिरी बार
बताना चाह रहा है अपनी व्यथा।

थी बसंत ऋतु वह क्या खूब निराली
आनंद से खिला हुआ था पूरा देश,
फूलों का, पत्तियों का और इंसान का,
जब हुआ मेरे जीवन में सुखद प्रवेश।

बहती हवा का रस लेने को
उग आयी थी फूलों और पत्तियों की बहार
और मेरे ही आँचल में बैठकर तो
इंसान भी करता था विश्राम।

खाली जीवन मेरा भर सा गया था
और ऐसा मुझे इनसे प्यार हो गया था
कि अपने उर से इन्हें पाल पोस कर
मेरा अपना चित्त संतुष्ट होने लगा था।

बाकियों ने तो, हाँ, इसे माना उपकार
बस मान न पाया यह इंसान

जब आया पतझड़, तब घटित हुआ जो
उसका कभी न था अनुमान।

वे फूल, पत्तियाँ विलग्न हुए जो
वे मिट्टी में मिल, मेरे प्राण बने।
अपने अंत से मेरे अंत तक
जो दूर न जाए, वो साथी बने।

जो दूर न जाए, वो साथी बने
पर दूसरी तरफ क्या आलम हुआ यह,
मति इंसान की मारी गयी यूँ
की फिर याद न रहा मेरा प्यार उसे।

आज सवेरे उसे सुना था मैंने,
“है आखिरी दिन यह इस शाल का”।
हाँ, कल जब लेकर आएगा वह आरी,
तो सिसक उठेगा दिल मेरा
क्योंकि उसका हर प्राण है मुझसे जुड़ा,
बस यही मैं उसे समझा न सका
बस यही समझा न सका...



सौम्या जैन
ग्यारहवीं-एफ

शिक्षा

बहुत जरूरी होती है शिक्षा
सारे अवगुण धोती है शिक्षा,
चाहे कितना पढ़ लें हम,
कभी न पूरी होती है शिक्षा।
शिक्षा पाकर ही बनते हैं
नेता, अफसर, शिक्षक
वैज्ञानिक, मंत्री, व्यापारी
और देश के रक्षक।
कर्तव्यों का बोध कराती
अधिकारों का ज्ञान कराती,
शिक्षा से ही मिल सकता है,
सर्वोपरि सम्मान।
बुद्धिहीन को बुद्धि देती,
अज्ञानी को ज्ञान है देती,
शिक्षा से ही बन सकता है,
भारत देश महान।



निकुंज मदान, पाँचवी-सी

आओ इसे हटाए

ये पॉलीथिन करे प्रदूषण,
आओ इसे हटाएँ।
करती है नुकसान बहुत ये,
इसे न हाथ लगाएँ।।
कुछ भी खाने की चीजें,
इसमें भरकर ना लाएँ।
जो कुछ भी लाना हो,
कपड़े के थैले में लाएँ।।
शुद्ध वायु को दूषित करती,
उसे न आग लगाएँ।
जल-थल की सुंदरता हरती,
आओ इसे हराएँ।।
विकट शत्रु है ये जीवन की,
इसे न मित्र बनाएँ।
घातक है जन-जन जीवन की,
इसको दूर भगाएँ।।



अमोघा, तीसरी-ए

मेरी प्यारी गौरैया

प्रिय गौरैया,

आज खिड़की के पास खड़े-खड़े मैं सोच रहा हूँ कि तुम जो मेरे बचपन में मेरे साथ खेलती थी, मेरे ही बागों में फुदकती थी, आज तुम कहाँ चली गई? मुझे तो लगता है तुम नाराज होकर कहीं और चली गई हो लेकिन फिर समाचार पत्रों से मुझे पता चला कि तुम विलुप्त होने की कगार पर हो। आखिर यह सब क्यों हो रहा है? मुझे तो लगता है ये जो हम अपने फायदे के लिए जंगलों को काट रहे हैं उसके कारण धीरे-धीरे शायद तुम्हारे रहने की जगह तबाह कर रहे हैं। क्या यह सब हम जो तुम्हारे और तुम्हारे दोस्तों के साथ कर रहे हैं वह ठीक है? नहीं, हम सब गलत कर रहे हैं। हमें जंगलों को नहीं काटना चाहिए क्योंकि जंगल हमें जीवन के साथ-साथ बहुत सी चीजें प्रदान करते हैं और बहुत सी मुश्किलों से बचाते भी हैं। ये हमें तूफान, बाढ़ आदि से बचाते हैं।

मैं इंसानियत के नाते तुमसे माफी माँगता हूँ। मैं तुमसे वादा करता हूँ कि आज से हम वृक्ष लगाएँगे, तुम्हारे लिए घर बनाएँगे, तुम्हारे घोंसले को नहीं तोड़ेंगे ताकि तुम फिर से हमारे पास आओ। अपने परिवार के लोगों से कहना कि उनका एक मित्र उनकी प्रतीक्षा कर रहा है। वे वापस आएँ।

इस उम्मीद में कि तुम जरूर आओगी तुम्हारी प्रतीक्षा में तुम्हारा मित्र।



वैभव पटेल, नौवीं-डी

प्लास्टिक की दुनिया

प्लास्टिक का प्रयोग हमारे लिये बहुत हानिकारक है हमें हमारे जीवन में प्लास्टिक के प्रयोग को टालना चाहिए। क्योंकि यह कभी भी नष्ट नहीं होती और हमारे पर्यावरण को दूषित करती है प्लास्टिक का प्रयोग करने वाले को हम जुर्माना लगाते हैं किन्तु प्लास्टिक बनाने वाले पर नहीं, अगर हम प्लास्टिक की चीजे बनाने वालो पर जुर्माना लगाएँ तो प्रयोग होगा ही नहीं। हम सब जिम्मेदार हैं अपने पर्यावरण को प्रदूषित करने के लिए। किन्तु हम एक दूसरे पर दोषारोपण करते हैं और अपने को बचाते हैं प्रत्येक मनुष्य का कर्तव्य है कि अपने पर्यावरण का स्वयं ख्याल रखें नाकि सिर्फ सरकार।



मानसी जायसवाल, छठी-सी

कोशिश एक आशा

आशा जीवन का आधार है। आशा के सहारे ही इंसान आगे बढ़ने की कोशिश करता है और निरंतर कोशिश ही सफलता का मार्ग प्रशस्त करती है इसलिए हमें कभी भी परिस्थितियों से हार नहीं माननी चाहिए।

जीवन में बहुत से लोग हैं जो कोशिश तो करते हैं परन्तु उन्हें फिर भी हार का सामना करना पड़ता है और वह यह सोचते हैं कि शायद मेरी किस्मत में यही है तभी मुझे सफलता नहीं मिली और वह यही सोचकर कोशिश करना रोक देते हैं। लेकिन वह यह नहीं जानते ही हार वह चुनौती है जो हमें एक अनुभव देकर जाती है और हम जिन्दगी में सफलता की सीढ़ी पर चढ़ते हैं। इसलिए यदि आप कोशिश नहीं करेंगे तो यह निश्चित है कि आप अवश्य हारेंगे परंतु यदि आप सफलता की आशा करके कोशिश करते रहेंगे तो निश्चित ही आप एक दिन ऐसे सफल इंसान बनेंगे कि आपके चित-परिचित सभी लोग आपकी प्रशंसा करेंगे।

इस तथ्य को हम अपने वास्तविक जीवन में थॉमस एडीसन के उदाहरण से समझ सकते हैं जो 200 बार प्रयोग करने के बाद भी बल्ब नहीं बना सके तो लोगों ने उनका मज़ाक उड़ाया तब एडीसन ने जवाब दिया कि मैं 200 बार असफल नहीं हुआ हूँ बल्कि मैं 200 ऐसे तरीके जानता हूँ जिनसे बल्ब नहीं बनाया जा सकता, यही सोच का अंतर है।

इसी प्रकार दूसरा उदाहरण अरूणिमा सिन्हा का है जिनका एक पाँव नहीं था परंतु उन्होंने फिर भी हार नहीं मानी और अपने कृत्रिम पैर की सहायता से ऐवरेस्ट की चोटी पर पहुँच गयी उस समय उनका पैर तरह से घायल हो चुका था फिर भी उन्होंने आशा नहीं छोड़ी और हिम्मत के साथ निरन्तर कोशिश करती रही।

इसलिए कहा जाता है कि कोशिश एक आशा है, और हमें इसे कभी नहीं छोड़ना चाहिए।



राधिका वर्मा, तीसरी-डी

देश विकास हेतु सेना में नारी का प्रवेश आवश्यक

‘देश विकास हेतु नारी का प्रवेश आवश्यक है’। आज 21वीं शताब्दी में इस प्रकार के वक्तव्य को मात्र पढ़ने से ही मन में एक ओर पूर्व रक्षा मंत्री निर्मला सीतारमण, वहीं दूसरी ओर भारतीय वायुसेना की प्रथम महिला लड़ाकू विमान चालक अवानी चतुर्वेदी, मोहाना सिंह व भवाना कंथ के चित्र उभरकर आते हैं।

आज ऐसा कोई क्षेत्र नहीं है। जहाँ महिलाओं ने प्रवेश लेकर अपना लोहा न मनवाया हो। जब महिलाएँ अन्य सभी तथाकथित पुरुष वर्चस्व क्षेत्रों में जाकर स्वयं को साबित कर सकती हैं, तो सेना कौन सी अपवाद है? समाज का शायद यह कहना है कि सेना शारीरिक शक्ति पर निर्भर है, इसलिए महिलाएँ जो नाजुक अथवा कोमल मानी जाती हैं, उनका सेना में प्रवेश अनुचित है किंतु मेरे विचारानुसार यह क्षेत्र महिलाओं के लिए उपयुक्त है। महिलाओं में प्रशासन व प्रबंधन की बहुत अच्छी क्षमता होती है, और यह भी वैज्ञानिक रूप से प्रमाणित है कि अत्यंत अशांति व दबाव वाली परिस्थितियों को संभालने में महिलाएँ योग्य हैं। उदाहरणार्थ जब भारतीय व पाकिस्तानी वायु सेना हवाई आखेट में व्यस्त थे, ऐसी घड़ी में एक महिला अफसर ने ही उस कक्ष की स्थिति को संभाला तथा अभिनंदन वर्धमान व अन्य विमान चालकों को निर्देश दिए तथा उनकी जान बचाई।

देश के विकास हेतु सेना में नारी का प्रवेश न केवल आवश्यक है, अपितु अत्यंत महत्वपूर्ण है। इस कथन को प्रमाणित करती है वियतनाम युद्ध की कहानी। वियतनाम कई वर्षों से कभी फ्रांस, कभी जापान और अंत में अमेरिका से युद्ध लड़ रहा था जिस कारण से वियतनामी पुरुष सैनिकों का अभाव था, अतः सेना में महिलाओं को भर्ती करना प्रारंभ किया गया। अपने नागरिक कर्तव्यों के साथ-साथ महिलाएँ अस्पताल, परिवहन व सैनिक कर्तव्य निभा रही थी। वियतनाम जो एक छोटा सा द्वीप है, उसने अमेरिका जैसी सैन्य महाशक्ति को परास्त किया, यह अपने आप में ही अत्यंत आश्चर्यजनक कार्य है और यह कार्य महिलाओं के योगदान के बिना असंभव था।

झाँसी की रानी, हाँणा रानी, पन्ना धाय, आदि अनेकानेक वीरांगनाएँ हैं जिन्होंने प्रत्यक्ष अथवा परोक्ष रूप से अपना योगदान देकर देश की आजादी में महत्वपूर्ण भूमिका निभाई है।

महिलाओं को सेना के अयोग्य समझना एक बहुत बड़ी भूल है, क्योंकि -

“सब्र का बाँध टूटेगा तो फना करके रख दूँगी
दुश्मन से जाकर कह दो, अभी गरजी नहीं हूँ मैं।”



देविक्का मिश्रा, ग्यारहवीं-ए

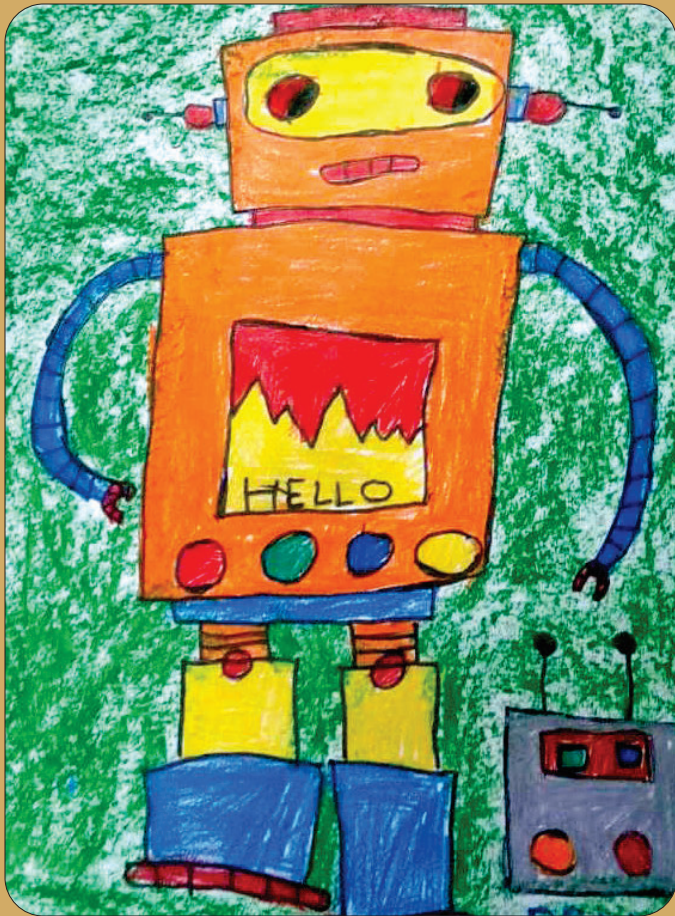
आ लौट के आ जा.....

कितना खूबसूरत होता है ना बचपन। जहाँ गलतियों को भी हँसकर टाल दिया जाता है। जहाँ हमें सब बहुत प्यार करते हैं। सीमित समय में ज्यादा खेलो कोई कुछ नहीं कहता, जहाँ मूर्खता भी नादानी का रूप ले लेती है। जब हमारा साथी कार्टून हुआ करता था, जब हमारी जान खिलौना में बसा करती थी, जब पार्क में जाकर नए दोस्त बनाने की ही ललक बनी रहती थी, ऐसी खुशी, दुनिया की सारी खुशी से अलग हुआ करती थी। अब न जाने कहाँ चला गया है वह बचपन? इस भागदौड़ भरी दुनिया में कहीं खो गया है या फिर यह कहीं पड़ाई का बोझ इतना अधिक बढ़ गया है कि हम सब कुछ भूल चुके हैं। खेलने-कूदने का पता ही नहीं चलता ?

कब खिलौना मोबाइल में बदल गया, पता ही नहीं चला। न जाने कहाँ चली गई बचपन की मीठी-मीठी यादें? हमें आज भी याद आता है अपना खूबसूरत बचपन।



क्षितिज, दसवीं-डी



Devishi Gupta, PP-E, 2020



Aarav Sharma, PS-E, 2020



Eeshvi, PP-B, 2020



Himanshi Shikhavat, PP-E, 2020

Pre-Primary Wing Fancy Dress



Grand Parents Day



Learning and Churning Activities



Special Assembly



Eternal Beehive



Samanvay 2019-20

Pre-School



Pre-Primary





My Happy Mind

"Everything you want is on the other side of fear." – George Addair

Happiness is the ultimate pursuit of life. The seeds of happiness are to be sown in to the brains of youngsters to enable them germinate into fully grown trees with branches and leaves to flower happiness in all shades and walks of life. All parents want their kids to be happy. Raising happy kids is easy, desirable and doable with a little effort on the part of parents.

Willing to join in? A few simple acts by you, based on the following tips, can make your child develop an attitude for happiness, effortlessly.

Be Happy Yourself

Children are keen observers. They learn by replicating what they observe around them. Your frequent smiles can help you portray happiness like a flash to all the persons around you, including children

Imbibe building and nurturing Relationships

It can start with encouraging kids to perform small acts of kindness to build empathy.

This not only builds essential skills and makes your kids better people; research shows over the long haul it makes them happier.

Teach Optimism and positive attitude

Help your child to experience more optimism by shaping their experiences more positively and by encouraging different thinking. Through positive role models and through practice of thinking optimistically, children can learn to conquer obstacles and believe in their ability to face challenges.

Strengthen Emotional Intelligence

Emotional intelligence is the ability to be smart about emotions. It can help kids with learning and attention issues to manage their challenges. It helps us communicate with others, negotiate situations and develop clear thought patterns. Relate to the child, help them identify what they are feeling and let them know that those feelings are okay.

Self-Discipline is the key to success

Self-disciplined kids cope better with frustration and stress and tend to have a greater sense of social responsibility. In other words, self-discipline leads not just to school success and sitting nicely at the dinner table but to greater happiness, more friends and increased community engagement.

Playtime is the best learning time

No strict instructions are necessary here: Budget more time for your kids to just get outside and simply play. Unstructured play helps children learn how to work in groups, to share, negotiate, resolve conflicts, regulate their emotions and behaviour, and speak up for themselves.

Eat Dinner Together

Studies show that kids who eat dinner with their families on a regular basis are more emotionally stable. They got better grades. They have fewer depressive symptoms.

To sum up we can conclude with:

"The most important work you and I will ever do will be within the walls of our own homes." – Harold B. Lee



Kamia Puri, M/o Ayaansh Puri, PP-C

Legacy of Values

Children are like wet cement, whatever falls on them makes an impression. So, we as adults should not only pass money or other material things that we have accumulated in our lives to our children and grand children as the greatest legacy, but rather they should inherit the legacy of character, values and faith. In short imbibe and nurture your 'bundle of joy' with 'sanskaras'. These sanskaras will help them sail through the difficulties and hurdles of life.

Give your child the same courtesies that you would like for yourself. Teach them the courtesy of sharing and tolerance. Speak to them politely. Respect their opinion. Pay attention when they are speaking to you. Treat them kindly. Try to please them when you can. Avoid any argument with your spouse. Be respectful to everybody at home. Try to have meals together. Children treat others the way their parents treat them. Your relationship with your child is the foundation for his relationship with others. They are great imitators. So give them something great to imitate. Create right environment for them to learn. Society is a big school and we are the role model for them. Nurture them with love, joy and positivity.

This will enhance their self esteem, awakens curiosity, makes them wise to take right decision, develops right attitude and will be able to judge oneself positively. Children are our future leaders. So their upbringing should be a perfect blend of education and values which will make them humane. This will create a better society rather a better world to live in.



Jasleen Kaur, M/o Anhad Singh, PS-D

Technology, Children & Parenting

Technology has created its space in every individual's life be it adult or child and thus it has its impact, respectively, good, bad or worse. The human life is surrounded by technology in many forms. Offering many great opportunities for more engaged learning, technology helps in the progress of a child. However, technology has another shameful perk. The children, now-a-days, are the biggest sufferer. Although we would not admit it, smart devices also act as a digital babysitter, keeping our children temporarily occupied and quiet, which proves very fatal for our kids. Constant use of these gadgets by children gives most of the parents a feeling of loss and a feeling of how to handle this modern epidemic. It is sometimes really difficult to make children understand to spend less time staring at the screen. On the converse, removing screens entirely could leave your child feeling socially and even academically isolated. The intense use of these smart gadgets has made the physical activities of children completely paralysed. This leading unhealthy attachment to smart devices is now a matter of serious concern. Although smart devices are a new addition to the home yet the biggest problem is how to provide your child with a healthy life and to teach them self-discipline and awareness.

Although various means and procedures are prescribed on the web which suggests how to keep your child away from these gadgets, some of them are pen down as under:

- i) Encourage your children for outdoor activities;
- ii) Discourage use of mobile phones during meals instead involve them with family interactions;
- iii) Making them aware of the harmful effects of use of such gadgets;
- iv) Try to make a bond with the children by encouraging them for indoor activities viz., gardening, cooking, painting, etc;

Encourage children to pursue their hobbies.



M. S. Rawat, F/o Aaradhya Rawat, PP-E

Importance of Bedtime Stories

Whether a story is funny, sad, scary or strange, it gives children food for thought. When we share stories at bedtime, we also give our children the strong message that "we care for them".

Some of the best times you'll ever have-whether that's as parents, grandparents, older siblings are sharing a story at bedtime. And , from the child's point of view, as that child grows up, it will be one of the most beautiful memories you will ever have of those people who took the time to share stories with you. But now a days, bedtime stories are dying as majority of parents feel the lack of time and stress prevents them from being able to read to their children each night. Due to this, children prefer television, toys and computer games to book. Parents need to remember that sharing time with their child is also about spending time together and growing together.

Bedtime stories aren't just for educational benefits, most of the times stories are perfectly crafted with an emotional life lesson that will be subconsciously instilled. These lessons are relative to youth and adults.

With so many benefits to bedtime stories, it's our duty to make time for our children. There are so many ways to acquire stories- bookstores have large section for children, and thanks to the technology e-books and electronic stories are also at our disposal.



Pulkit Mathur, F/o Daksh Mathur, PP-B

Self Appraisal, A Beautiful Story

Once a little boy went to a telephone booth which was at the cash counter of a medical store and dialed a number. The store-owner observed and listened to the conversation:

Boy: "Ma'am, can you give me the job of cutting your lawn?"

Woman: (at the other end of the phone line) "I already have someone to cut my lawn."

Boy: "Ma'am, I will cut your lawn for half the price than the person who cuts your lawn now."

Woman: I'm very satisfied with the person who is presently cutting my lawn

Boy: (with more perseverance) "Ma'am, I'll even sweep the floor and the stairs of your house for free."

Woman: No, thank you.

With a smile on his face, the little boy replaced the receiver. The store-owner, who was listening to all this, walked over to the boy.

Store Owner: "Son... I like your attitude; I like that positive spirit and would like to offer you a job."

Boy : "No thanks"

Store Owner: But you were really pleading for one.

Boy: No Sir, I was just checking my performance at the job I already have. I am the one who is working for that lady I was talking to!"

This is called self-Appraisal.

Give your Best and the World comes to You!



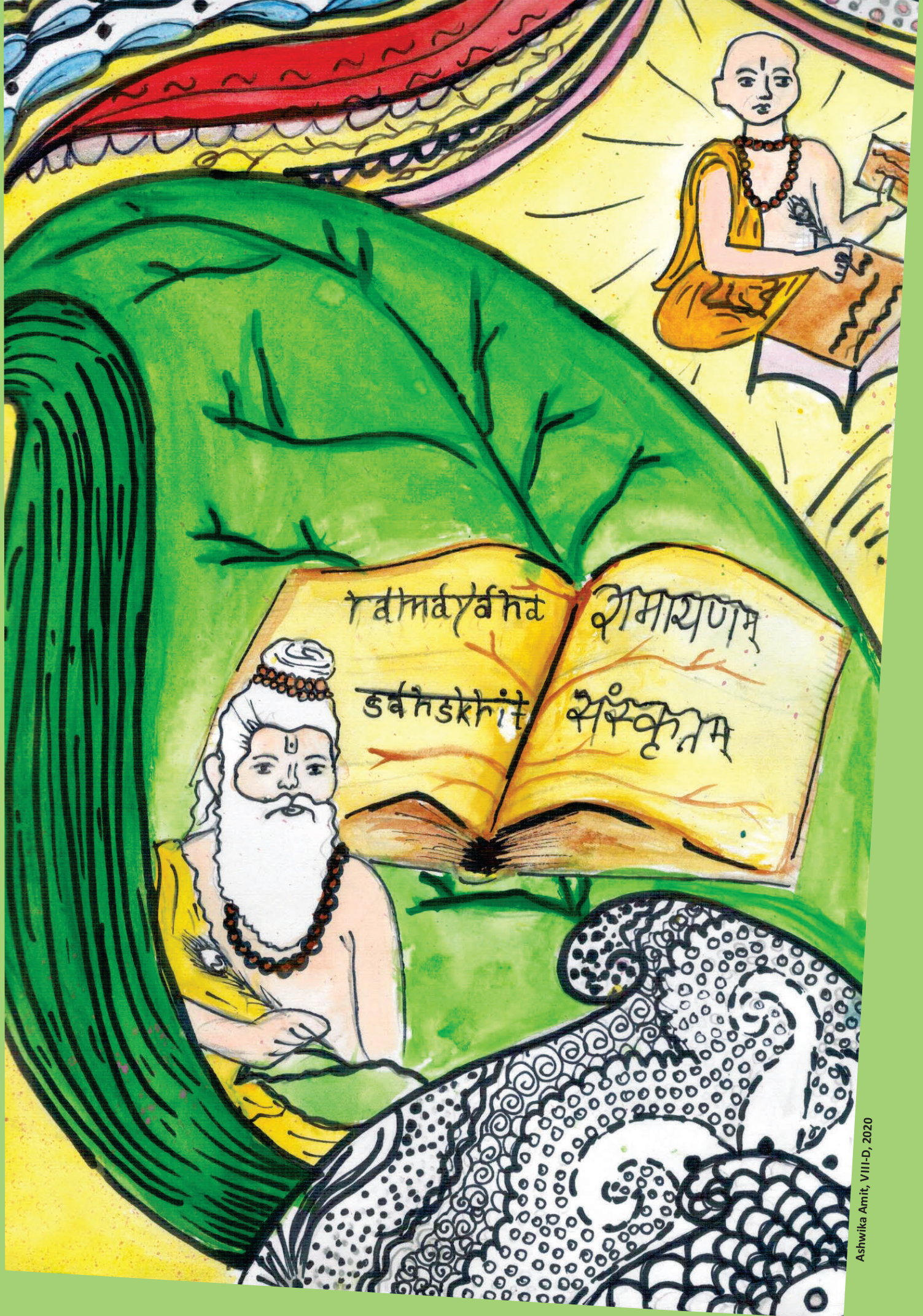
Meenakshi Batra, M/o
Vaani Batra, PS-D

एक कविता हर माँ के नाम

घुटनों से रेंगते-रेंगते,
कब पैरों पर खड़ा हुआ।
तेरी ममता की छाँव में,
जाने कब बड़ा हुआ।
काला टीका, दूध मलाई,
आज भी सब कुछ वैसा है।
मैं ही मैं हूँ हर जगह,
प्यार ये तेरा कैसा है?
सीधा-साधा, भोला-भाला,
मैं ही सबसे अच्छा हूँ।
कितना भी हो जाऊँ बड़ा,
'माँ!' मैं आज भी तेरा बच्चा हूँ।



Anju Devi, M/o
Harshit, PS-B





जलम् एव जीवनम्

जलम् एव अस्माकं जीवनम्, अस्य संरक्षणम् एव अस्माकं कर्तव्यम्। जलं संरक्षेत्, जीवनं संरक्षेत्। जलस्य नाशं, जीवनस्य नाशम्। जलात् विना जीवनं संभवं न।

अद्य मानवाः जलस्य दुरुपयोगं कुर्वन्ति। यदि वयम् इत्थम् एव जलस्य दुरुपयोगं करिष्यामः, तदा तत् दिनं दूरे न भवति, यदा भूम्यां जलस्य एकबिन्दुः न भविष्यति। इति अस्माकं कर्तव्यं, यत् वयं जलस्य विषये किञ्चिद् कुर्मः। यदि वयम् इच्छामः तद् वयं जलं रक्षामः। सर्वकारः अपि इत्यस्मिन् विषये कार्यं करोति, तदापि वयं जलं रक्षामः। अद्य नद्याः दूषिताः भवन्ति तडागेषु अपि जलं न अस्ति, अनेके जनाः पिपासिताः सन्ति। अतः जलस्य संरक्षणं अस्माभिः कर्तव्यम्।

विधि गुप्ता, नवमी-एफ



विद्वान् सर्वत्र पूज्यते

विद्वत्त्वं च नृपत्वं च नैव तुल्यं कदाचन।

स्वदेशे पूज्यते राजा, विद्वान् सर्वत्र पूज्यते।।

अस्मिन् लोके अपरां विद्यां पठित्वा नरः सृष्टेः कलायाः विज्ञानस्य च सम्पूर्णं रहस्यं जानाति। तद् ज्ञानं प्राप्य सः जीवने पूर्णतां प्राप्नोति। यतः—

विद्या ददाति विनयं, विनयात् याति पात्रताम्।

पात्रत्वाद् धनम् आप्नोति, धनाद् धर्मः ततः सुखम्।।

सकलविद्यायाः प्रभावेण मनुष्यस्य मस्तिष्कं पूर्णं परिष्कृतं च संजायते। अत एव उक्तम् — राजा राज्यसम्बन्धेन राजा अस्ति। तेन एव तस्य सम्मानं केवलं तस्य राज्ये भवति। सर्वे राज्यनिवासिनः एव तस्य सम्मानं कुर्वन्ति। यदि सः विद्वान् अस्ति तदा राज्याद् बहिः विद्याबलेन तस्य सम्मानं भवति न तु राज्यबलेन। विद्यया हृदये मनसि मस्तिष्के वचसि च प्रकाशः भवति। यथा धनात् मनुष्यः स्वजीवने सुखानि प्राप्नोति तदैव विद्यया अपि। विद्याधनं गुप्तं भवति, कश्चित् च द्रष्टुं न शक्नोति। कुरुपोऽपि विद्वान् सुन्दरपुरुष इव आदरं प्राप्नोति। विद्वान् पुरुषः कस्यापि राज्ञः राज्ये सम्मानं यशः धनं च प्राप्नोति। अनेन प्रकारेण विद्वान् पुरुषः सर्वान् भोगान् सुखानि च सरलतया प्राप्नोति। राज्ञां समक्षे धनस्य को महिमा। ते तु स्वयमेव धनिनः भवन्ति, किन्तु तत्र अपि विद्वान् विद्यायुक्तो अग्रे भवति। विद्यायुक्तो नरः निर्धनः वा भवेत्। किन्तु सः विवेकी, सन्तुष्टः, सदाचारी, कर्तव्यनिष्ठः च तदैव भवति यदा सुविद्वान् भवेत्। विद्यां विना मनुष्यः हीनः भवति, अपमानितः भवति, कष्टेन जीवति। जीविकां च न प्राप्नोति, समाजस्य कलंकरूपो भवति। सैव विद्या या सभ्यसमाजे प्रशस्ता, शास्त्रनिर्दिष्टा च भवति। विद्या गुरुणां गुरुः, विद्या परं दैवतं, विद्या ज्ञानम्। कथितं च—ऋते ज्ञानात् न मुक्तिः। अतः सत्यम् उक्तम्— विद्यया अमृतम् अश्नुते।

कुंजल सिंह, अष्टमी-बी



मानव-जीवनम्

यदा मनुष्याः स्वजीवने प्रवृद्धिः नेतुम् इच्छन्ति तदा वातावरणे परिवर्तनः आगच्छति। एतस्य प्रधानउपपत्त्याः काष्ठानाम्, स्फोटकानाम्, अवकराणाम् च शोचयन्ति। यन्त्रशालात् स्कन्दित-दूषितपदार्थाः एतस्य अन्यकारणः अस्ति।

जलवायु-परिवर्तनात् मानवैः सह पशून् भयं अस्ति। ध्रुवीयग्लेशियराणां हिमश्रयः, दीर्घग्रीष्मऋतुः, चक्रवाताणाम् अधिकविभ्रमत् आगतः, अविधिवर्षा हिमपातः च एतस्य हेतुः भवन्ति। एतस्मात् परिवर्तनात् मानवदेहाः उत्पादिताः भवन्ति। अनेके रोगाः च एव एतस्मात् उत्पन्नाः भवन्ति।

जलवायुपरिवर्तनं दूरीकरणाय वयम् संयुक्ताः भूत्वा कार्यं कुर्याम। यदा जनता स्वसुखान् जहाति तदानीं वयम् पृथ्वीं संरक्षाम।

प्रत्यय डे, अष्टमी-डी





आत्मानुशासनम्

शासनेन निर्मितानि नियमानि पालयन्तः लोकाः अनुशासिताः कथ्यन्ते ।
यदि अनुशासनम् आवश्यकं तर्हि आत्मानुशासनम् अत्यावश्यकम् । यतः
स्वस्थ-जीवनाय महत्त्वपूर्णम् आत्मानुशासनम् ।
समृद्ध-जीवनाय महत्त्वपूर्णम् आत्मानुशासनम् ।
सुखी-जीवनाय महत्त्वपूर्णम् आत्मानुशासनम् ।
आत्मानुशासितः जनः व्यसनेभ्यः दूरे भवति । तस्य जीवनं सरलं भवति ।
यत्र आत्मानुशासनं भवति तत्र कर्मभावं स्वयमेव आगच्छति । यथा-
पिपीलिका निरन्तरं चलति । अग्रे एव सरति । सा सर्वदा
आत्मानुशासनस्य भक्तिं करोति । प्रति क्षणं अग्रे गत्वा एतत् पाठं
पाठयति । श्रीमद्भगवद्गीतायां अपि यदा अर्जुनः कृष्णं पृच्छति - मनः
कथं वशीक्रियते? तदा भगवान् कृष्णः वदति -
असंशयं महाबाहो मनो दुर्निग्रहं चलं च ।
अभ्यासेन वैराग्येन च वशीक्रियते ।।
अत्र आत्मानुशासनस्य आवश्यकता अस्ति । ये जनाः जीवने सफलाः ते
अनुशासनस्य बलेनैव ।
अस्य आभावे तु समाजे गृहे सर्वत्र एव उद्ध्वंखलता आगच्छति । सर्वे
स्वैराचारः कुर्वन्तः न कथमपि आत्म - उन्नतिं देशोन्नतिं च कर्तुं
समर्थाः । अपि च परिवारिकी व्यवस्था नश्यति । यदि अस्माकं जीवने
किमपि प्रियं न भवेत् तदा किं वयं उन्नतिं शान्तिं च प्राप्तं कर्तुं समर्थाः
भवेम? यदि समाजे सर्वे जनाः केवलं धनसंग्रह-तत्पराः भवेयुः तर्हि किं
जीवनयात्रा सुखी भवेत् ? आरक्षकाः यदि नियमान् न पालयन् तदा
चौराः स्वतंत्राः भूत्वा चौर्यकर्मणि निरताः भवेयुः । अतः समाजस्य
राष्ट्रस्य स्वस्य च उन्नत्यै आत्मानुशासनम् आवश्यकं वर्तते ।



गौरी गुप्ता, एकादशी-ए

नीलग्रहः

जीवनाय महद् आवश्यकम्
अस्माकम् इति सौभाग्यम्
सौरमण्डले जलं दुर्लभम्
परं पृथिव्यां पर्याप्तं जलम्
तृष्णानिवारणाय परमम् आवश्यकम्
जलसंरक्षणं अस्माकं कर्तव्यम्
इयं धरा कथ्यते नीलग्रहः
अत्र जलस्रोतः नदी, तडाग-सागराः
जीवनाय जलरक्षणं करणीयम्



अनन्त, अष्टमी-डी



अश्विका, अष्टमी-डी



मम मातृभूमिः

भारतवर्षः अस्माकं जन्मभूमिः। अयमेव अस्माकं देशः। अस्य कृते अस्माकं हृदये सम्मानः आदरः च भवति। जननी जन्मभूमिश्च स्वर्गादपि गरीयसी। मातृभूमिः जन्मतः आरभ्य मृत्युपर्यन्तं अस्माकं रक्षणं पोषणं च करोति। 'माता भूमिः पुत्रोऽहं पृथिव्याः' इति वेदवाक्यम् अस्ति। मातृभूमिः सर्वैः जनैः वन्दनीया। येन केन प्रकारेण स्वमातृभूमेः रक्षणं अस्माकं कर्तव्यम्।

यश बाल्यान, षष्ठी-सी



प्राणेभ्योऽपि प्रियं सुहृद्

मम जीवने अनेकानि मित्राणि सन्ति, परन्तु केवलं एकं मित्रं यत् माम् प्राणेभ्योऽपि प्रियम्। सा अनिका अस्ति। सा मम प्रियं मित्रम्। अनिकया समं कोऽपि नास्ति। सा मया सह सदैव भवति, यतः सुखस्य समये वा दुःखस्य समये, सा मम हस्तः कदापि न अत्यजत्। आवयोः मित्रता भगिन्योः नाम्ना प्रसिद्धा अस्ति। तस्याः विना अहं मूलं विना वृक्षेण समम्। संसारे अनिकया समं कोऽपि नासीत्, नास्ति, न भविष्यति च। सुखस्य समये यः त्वया सह अस्ति, सः तव परमं मित्रम् नास्ति, परन्तु यः त्वया सह दुःखस्य समये अपि अस्ति, स एव पूजनीयः परमं मित्रम् अस्ति। तस्य एव उत्तमम् आचरणम्। उक्तं च—

न कश्चित् कस्यचित् मित्रं न कश्चित् कस्यचित् रिपुः।
व्यवहारेण जायन्ते मित्राणि रिपवस्तथा।।

विधि गुप्ता, नवमी-एफ



बालश्रमः

- आरुषः — किं त्वं बालश्रमस्य विषये जानासि?
राकेशः — आम्, किं त्वं माम् मूढचेता अवगच्छसि? अहं अस्मिन् विषये सर्वं जानामि।
आरुषः — हुं! किं त्वं जानासि यत् अनेन कारणेन अस्माकं देशे प्रगतिः न भवति।
राकेशः — मम विचारे तु अस्म्य कारणम् अस्ति अनेके बालकाः विद्यालयं न गच्छन्ति। अतः ते शिक्षां न प्राप्नुवन्ति।
आरुषः — ह्यः अध्यापिका अपि इत्यस्मिन् विषये वार्तालापं अकरोत्। सः अस्मान् अकथयत् यत् सर्वकारः अपि अस्मिन् विषये कार्यं करोति।
राकेशः — वयं अपि अस्मिन् विषये कार्यं कुर्युः।
आरुषः — भवतु। बालश्रमस्य विषये अन्यछात्रैः अपि वार्ता कुर्वः।



विधि गुप्ता, नवमी-एफ

भाति मे भारतम्



रुद्र प्रताप, नवमी-एफ

यस्य उत्तरस्यां हिमालयः
दक्षिण — दिशि कन्याकुमारी
पश्चिम—दिशायां गुजरातः
पूर्वदिशायां च बंगालः

यस्य जनाः महन्तः
सर्वत्र भवति शान्तिः
अहं अस्मै सर्वस्वं त्यजामि
कोऽपि नात्र दुःखी भवति

यत्र सभ्यतायां विभिन्नता
सर्वधर्मजनाः अत्र वसन्ति
विविधाः भाषाः ते वदन्ति
तथापि सर्वे एकमेव सन्ति

एतादृशं भारतं मे भाति
यस्य जनाः सरलाः सन्ति
सर्वत्र च उदारता अस्ति
सर्वे जनाः सौहार्देण वसन्ति

Then stirs the feeling infinite, so felt
In solitude, where we are *least* alone
—Lord Byron



Livre

Une page plus, je mentis à moi-même
La graine de faim de livres dans moi a sème
Mes yeux sont sur le livre
Dans le moment, je vraiment vivre.
Je ne veux pas fermer mes yeux pour une moment
Je veux les poèmes, les drames et les romans.
Le peuple de monde sont égoïstes et peux tromper moi
Mais mes amis, les livres sont avec moi dans le chaud et froid.

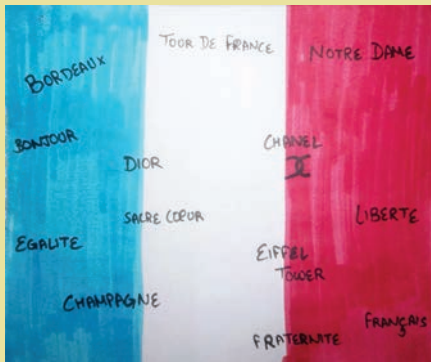
Le Pluie

Le premier goutte tombe sur le terre.
Donner soulagement à les arbres verts.
Tous regardent le ciel qui a nuages gris.
Tous sont heureux avec cette surprise.
Le peacock, après voir le pluie, danse sur cet occasion
Le chanson de pluie donne un beau moment pour le tout création.

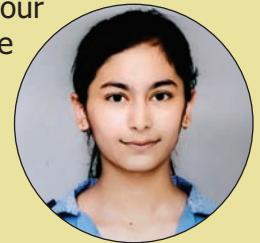


Ananya Aggarwal (X-A)

Le Français Pour Moi



Je suis ravie de partager mon expérience avec la langue française. Je rappelle encore mon premier cours de français. J'étais très heureuse et seulement ai su la phrase: << Je m'appelle Agamyia >> Au début, j'avais peur d'apprendre une langue étrangère mais avec temps j'ai développé un grand intérêt en cette langue parce que j'ai réalisé qu'on peut améliorer par pratiquer de plus en plus. J'ai appris qu'il faille lire les petits romans, les courtes histoires ou les poèmes pour élargir le vocabulaire. On peut aussi regarder les films français pour apprendre l'accent de la population locale. Moi, je pratique par parler un peu en français avec ma sœur.

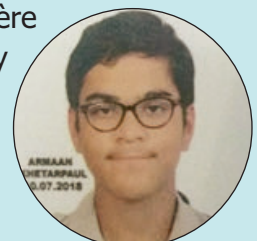


Tout cela m'a aidé beaucoup et je veux continuer à apprendre cette langue jusqu'à ce que je devienne un locuteur qui parle couramment. J'espère que ma curiosité qui tourne autour de la culture et civilisation de France reste la même!

Agamyia Jain (X-A)

Mon Plus Étrange Rêve

Une nuit, j'étudiais pour mon examen de sciences sociales le jour prochain et j'étudiais l'histoire. Je préparais le <<Mughal Histoire>>. J'ai étudié tard dans la nuit à 12:30h, j'ai décidé à prendre une pause. Je suis allé aux toilettes et à mon retour, j'ai vu que tout était en noir et blanc sauf moi et mes vêtements. Tout à coup, j'ai entendu de bruit venant de ma salle d'étude. À ma grande surprise, dans ma chambre, j'ai vu l'armée du roi Akbar prête à mon attaquer. J'ai essayé de m'échapper et j'ai commence à courir. Soudainement, je me suis retrouvé dans le palais de Shah Jahan, entouré de ses soldats. J'ai couru très vite pour me sauver mais les soldats ont aussi commence à courir derrière moi. Dès que j'ai quitté le palais, je me suis retrouvé au milieu de Guerre de Plassey prêt à faire attaquer des deux côtés. J'ai crié et me suis soudain retrouvé dans ma chambre. J'ai réalise que j'avais dormi en étudiant est que c'était juste un mauvais rêve. J'étais heureux d'être en sécurité mais triste de devoir échouer!



Armaan Khetarpaul (X-A)

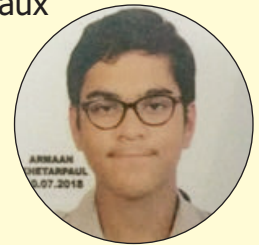
La Pollution:-Une Fête Etrangère

Si vous demandez à quelqu'un <<Quel est ta fête préférée ?>>, vous obtiendrez probablement une réponse comme Diwali, Noël, Pâques, Dussehra, Ganesh Chaturthi, Holi, etc. Mais pour moi, c'est très différent parce que ma fête préférée est <<La Pollution>>. Maintenant, vous pourriez penser que je plaisante. Mais, ce n'est pas vrai, parce que pollution est un très étrange et longue fête.

Cette fête vient après chaque fête comme Diwali, Dussehra, Ganesh Chaturthi, etc. Pour n'importe quelle fête, il y a des vacances pour 2, 3 ou maximum 4 jours mais seulement en pollution nous avons des vacances de minimum 5-7 jours. Aussi, chaque fête a un costume spécifique. Même est pour la pollution. Les costumes, les plus populaires sont les masques des différentes variétés et les écharpes pour la couverture de notre nez. Mais, ces costumes ne sont pas plus chers, ils sont très bon marché et distribuent souvent par le gouvernement.

Mais la façon dont elle est célèbre le rend spéciale. La plupart des fêtes sont célèbres par une communauté ou l'autre. Mais, cette fête est célèbre par tous. Les gens augmentent et la fêtent par utiliser la pastique, éclater des crackers, etc. C'est aussi une fête pour les politiciens à mentir aux peuple de ses polices.

Aussi, à chaque fête, nous allons dehors notre maison pour célébration. Mais dans cette fête on préfère rester à notre maison. Maintenant vous pourriez penser à ce que je parle des bêtises. Mais si la pollution continue d'augmenter, un jour nous célébrerons la pollution comme une fête. Donc, il faut bouger toi pour arrêter la pollution.



Armaan Khetarpaul (X-A)

Ma mère

Le premier mot d'enfant est "la mère". Pour moi ma mère est le plus précieux cadeau de dieu. Elle sait comment soigner tous, les enfants, les grands parents et aussi fait des travaux ! Elle peut me comprendre même quand je ne peux pas dire un mot. La mère est un autre nom d'amour véritable. Ma mère est la personne la plus occupée de notre maison. Elle se lève et commence à faire son devoir. Elle cuisine pour nous et prend soin de nous, fait du shopping et aide moi en devoir. Ma mère est mon premier professeur. Elle est mon premier amour. Elle est mon monde. Maman tu m'aime beaucoup !



Ahana Pal (VII-A)

Nouveau voyage nouvelle expérience

J'étais enthousiasmé par le programme d'échange en France. Mais ce jour-là, j'étais nerveuse. Il y avait beaucoup de questions dans mon cerveau, comment vais-je leur parler?

Je ne partais jamais en voyage sans mes parents. Donc c'était comme un examen pour moi. Avec toutes mes questions j'ai embarqué en vol. Quand je suis arrivé en France, j'étais vraiment surpris. Les gens étaient complètement différents. Ils étaient vraiment sympathiques. Je dépensais du temps avec mes camarades de classe à qui je parlais rarement. Et à propos de ma famille d'accueil, il y a quatre membres le père, la mère et les enfants qui étaient vraiment incroyables et sympathiques. J'ai exploré de nouvelles choses, j'ai parlé des nouvelles personnes. J'ai appris leur culture. C'était le meilleur voyage.

Grâce à madame Sarita pour faire le programme d'échange. C'était une expérience merveilleuse.



Ahana Pal (VII-A)

Mon séjour Français

Il y a un intérêt personnel derrière chaque amitié !

C'était une très belle expérience de ma vie quand je voyageais seule avec des étrangers de ma vie qui bientôt transformèrent une nouvelle famille pour moi. C'était pour la première fois que je voyageais sans ma famille à l'étranger avec mes camarades de classe et mon professeur. Nous sommes allés en France. Ce n'était pas seulement un voyage éducatif mais un lien culturel que nous avons avec les peuples qui y vivent. Nous avons visité beaucoup de monuments comme sacre Cœur, notre dame, Tour Eiffel, Arc de triomphe et Louvre et nous sommes allés Disneyland aussi. Nous avons apprécié la visite de la ville de Rouen.

A Rouen, nous sommes restes avec des familles françaises. Ils étaient très gentils avec nous. Le premier jour était difficile pour nous de adapter mais l'amour et le soin de famille française a fait mon séjour facile et intéressant. La dame avec qui j'ai habité avait une petite et mignonne fille qui s'est appelait Liliya. Elle était

belle et jolie. J'ai joué avec elle. Nous avons passé beaucoup de temps ensemble. Elle m'a aussi enseigné parle en français. Elle a goûté des <<chappattis>> et elle nous a appris à faire différent types de gâteaux. Elle nous a emmenés voir la vue panoramique de Rouen et aussi pour faire du shopping.

Enfin, je voudrais vous parler de mes nouveaux amis et de mon professeur. Mes amis étaient très drôles et ils ne m'ont jamais laissée seule. L'un d'eux était Monil, qui m'a traité comme sa sœur et était très heureux avec moi. J'ai aussi adoré passer du temps avec lui. Je remercie mon professeur madame Sarita a cause de la quelle ce voyage était possible. Elle a fait beaucoup d'efforts à faire ce séjour pour nous. Merci beaucoup madame.

Vous nous aimez beaucoup!



Avanji Jain (X-A)

Ankita Sood, Batch of 2000

After my Diploma in Marketing Management, I got my placement in The Times of India Group. This fast paced job was not giving me my "ME TIME". By that time I had moved from Delhi to Mumbai. Here, I got to know about The World's Oldest Yoga Institute @ Santacruz and from here my Yogic Journey began. I re-started my studies and did Masters in Yoga & Philosophy from University of Mumbai along with Teachers Training Courses in Yoga, Acupressure and Naturopathy and PhD in Yoga Education.



Because I topped the exam, it highlighted my name in the Ministry of External Affairs, Ministry of AYUSH & Indian Council of Cultural Relations, New Delhi.

It was a very proud moment to represent INDIA as YOGA AMBASSADOR in the International Day of Yoga 2016 @ Cambodia. The best moment was when I was invited on that BIG Stage with all the dignitaries at Olympic Stadium, Phnom Penh, Cambodia and our National Anthem was played (All my school memories where we used to sing our National Anthem flashed in my mind). I have been deputed by Ministry of External Affairs, ICCR as Yoga Ambassador India at Hungary for 2 years. I am based at Budapest where I work with the Embassy of India, Hungary and am on a Mission to spread Yoga and Indian Culture across Hungary.

It was really nice to connect with you all after such a long time. I am blessed that my teachers still remember me. Stay Healthy and Happy !!!

Love

Ankita Sood

Connect with me on Facebook and Instagram @ankitasoodyoga



Rahul Manglik

batch of 2016, scored 99.99 percentile in CAT 2019. He was a scholar blazer holder and Student of the Year for two consecutive years by TOI (NIE) He had also qualified for JSTSE, NTSE and KVPY scholarships while in School. He is currently pursuing mechanical engineering from IIT Bombay.

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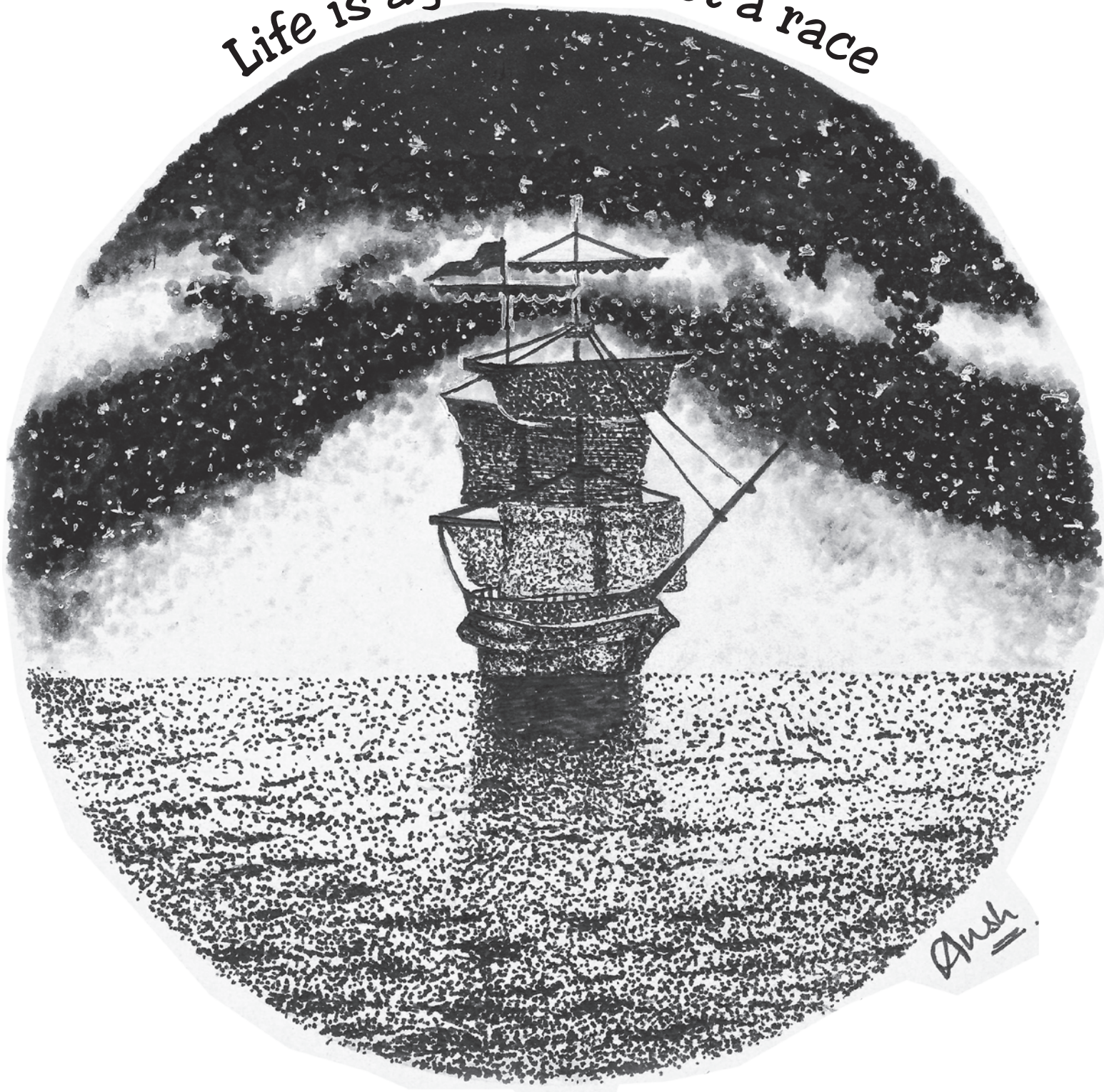
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Life is a journey, not a race



Ansh



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